



HORIZONS UNLIMITED OF SAN FRANCISCO, INC.
2005 Directory of Services for
Latino Families in San Francisco

December 1, 2005

Dear Members of Our Community,

On behalf of Horizons Unlimited of San Francisco, Inc. (Horizons) Board of Directors and staff, we are pleased to provide you with the 2005 Bilingual Directory of Services for Latino Families in San Francisco.

Since 1965, Horizons has specialized in offering a diverse range of program activities for Mission District youth and their families, while continuing to serve other communities throughout the city and county of San Francisco. Horizons was established by a small group of community individuals to provide employment and educational opportunities for its at-risk youth population. As the years have progressed and the needs of the community continue to change, the menu of services offered also continue to evolve. Substance abuse prevention and treatment programs were added in the 1980's, DJ Project and entrepreneurial services in 2000, and mental health treatment was introduced in 2005.

The health and well being of our youth and their families is critical in ensuring a bright future for our communities. Horizons is deeply committed to promoting community health. For this reason, Horizons emphasizes the importance of education, cultural affirmation, positive behavior reinforcement and alternatives, individual accountability, family unification, and community service.

We are grateful to the Department of Children Youth and Their Families and the Department of Public Health, Community Behavioral Health Services, for providing the funds to hire dedicated staff to update and publish the Directory.

This Directory is intended to be a resource for our youth and their families, and all other members of our community. The information contained in this directory is formatted to provide information regarding social, economic and health related services.

Compilation of the information was completed in June 2005 and thereafter the translation and publication was achieved. Numerous individuals participated in this major endeavor and we would especially like to acknowledge Michelle Ocampo and Andrés R. Connell for finalizing the research, editing and translation of the Directory.

Sincerely,

Nora I. Rios Reddick
Executive Director

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EMERGENCY TELEPHONE NUMBERS

SAN FRANCISCO POLICE DEPARTMENT.....	911
a. Emergency Dispatch (For Cell Phone Users).....	415-553-8090
b. SFPD Non-Emergency.....	415-553-0123
c. Anonymous Witness.....	415-553-1396
d. Report Abducted Child.....	415-551-9553
SAN FRANCISCO FIRE DEPARTMENT.....	911
a. Emergency Communications Dispatch.....	415-558-3200
Medical Emergency.....	911
a. San Francisco General Hospital (Emergencies).....	415-206-8000
Animal Care and Control (Emergencies Only).....	415-554-6364
For injured or sick animals needing immediate care.	
PG&E – Utility Hazard (line down/gas leak).....	800-743-5000
California Poison Action Line.....	800-222-1222
a. San Francisco Poison Control Center.....	415-821-5265
Emergency Broadcast Stations (EBS) San Francisco	
a. KNBR 680 AM	
b. KGO 810 AM	
c. KCBS 740 AM	
d. KFOG 104.5 FM	

CRIMINAL JUSTICE SUPPORT

District Attorney's Office (850 Bryant Street, Room 325, 94103).....	415-553-1752
a. Sex Crimes Unit	415-553-1361
b. Domestic Violence Unit (Follow up investigation).....	415-553-9225
c. Victim Services.....	415-553-9044
d. Juvenile Crime Division.....	415-753-7700

HOTLINES

ABUSE (Confidential reports of suspected abuse)

Adult Protective Services (Elder Abuse).....	415-557-5230
For disable/dependent adults 18-64 years and elders 65+. Short-term case management, counseling, and crisis intervention for victims of abuse, neglect, violence, sexual assault, financial exploitation, and harassment. Services for clients may include emergency shelter, in-home protection. English, Spanish, Chinese, Russian, Korean, Vietnamese.	
Child & Adolescent Sexual Abuse Resource Center.....	415-206-8386
Provides 24hr emergency services for victims (up to age 18) & their families.	
San Francisco Child Protective Services.....	415-558-2650
Call 24hrs to report emergency child abuse	(Toll Free).....800-856-5553
& neglect. Will provide nonemergency	(TTY).....800-735-2922

consultation & referral. English & Spanish.

National Child Abuse Hotline.....800-422-4453

AIDS AND SEXUALLY TRANSMITTED DISEASES

AIDS Treatment Hotline (Project Inform).....415-558-9050

Just learned that you are living with HIV/AIDS?

Considering starting medication? Need to find local services and medical care in your area? Call us

Monday–Friday, 9am to 4pm and until 7pm on Tuesday.

CDC National AIDS Information & Referral Hotline (24 hrs).....800-342-AIDS (2437)
(Spanish).....800-344-SIDA (7432)
(TTY).....800-243-7889

CDC National STD Information & Referral Hotline (24 hrs).....800-227-8922
(Spanish).....800-344-7432
(TTY).....800-243-7889

SF AIDS Foundation Information & Referral Hotline (Not 24 hr).....800-367-AIDS
(Not 24 hr, TDD).888-225-AIDS

ALCOHOL/DRUG ABUSE ADDICTIONS

Alcoholics Anonymous.....415-647-1821

California Smokers Helpline.....800-NOBUTTS

Cocaine Anonymous.....415-821-6155

Marijuana Anonymous.....415-522-7373

Narcotics Anonymous.....415-621-8600

National Council on Alcoholism and Other Drug Addictions (24 hr)....415-296-9900

San Francisco Drug/Alcohol Treatment Referrals & Information.....415-362-3400

Sex and Love Addicts Anonymous.....415-979-4715

Treatment Access Program.....800-750-2727
Assessment and referral to treatment.

Relapse Prevention Line (24 hrs).....415-834-1144

Women's Alcoholism Center.....415-776-1001
Treatment for alcoholic women & children of alcoholics.

DOMESTIC VIOLENCE

Community United Against Violence.....415-333-HELP (4357)

La Casa de Las Madres.....877-503-1850
24hr crisis intervention line that offers referrals and information for battered women. English and Spanish.

Woman, Inc. (24 hrs).....415-864-4722

24hr crisis intervention line for battered women and adolescents dealing w/domestic & dating violence. Restraining order assistance.

Men's Hotline (Crisis line for Battered Men).....415-924-1070

National Domestic Violence Hotline.....800-799-7233
A crisis intervention line. English & Spanish. (TDD).....800-787-3224

Riley Center.....415-255-0165

EMERGENCY SHELTERS

Connecting Point.....888-811-0165
Centralized intake shelter for parents, pregnant women, and their partners. Note: if there is a problem reaching them at this number try 415-665-0133. Same sex couples welcomed.

Helplink Shelter Referral.....415-808-HELP
Information on community resources, employment, (TTY).....415-808-4400 housing, substance abuse treatment, and more.

FAMILY SUPPORT LINES

Comprehensive Child Crisis Service.....415-970-3800
24hr crisis intervention for kids and families.

Family Support Services of Bay Area.....415-834-2443
24hr support services; parenting skills for high stress families.

Talk Line Family Support Center.....415-441-KIDS (5437)
24hr support line for parents which provides references for groups, crisis intervention, substance abuse services, counseling and therapy.

HEALTH

Center for Disease Control (CDC)800-311-3435
Provides general health information.

National Eating Disorders Referral Line.....800-931-2237

S.F. Health Referral Line for Women & Children.....800-300-9950
Referral line for free or low cost healthcare for women and children. English and Spanish.
Monday—Friday 9:00 am to 5:00 pm.

IMMIGRANT ASSISTANCE

Immigrant Assistance Line.....415-543-6767
Confidential telephone service. General information (Spanish).....415-543-6767
about immigration laws, changes in regulations, referrals (Chinese)..415-543-6769
to pro-bono lawyers or services for those in deportation proceedings; report INS raids, as well as abuses by INS officials.

MENTAL HEALTH

Mental Health Crisis (24 hours).....415-781-0500

Mental Health Information and Referral.....415-255-3737
 Information on organizations providing (Toll Free).....888-246-3333
 Counseling to children, youth, and their (TTY).....415-781-2224
 families. Mon-Fri 8am to 5pm.

Psychiatric Emergency Services (24 hr).....415-206-8125
 A 24-hour facility with capacity to evaluate
 and treat psychiatric emergencies for both
 voluntary and involuntary clients.

PREGNANCY

San Francisco Adoptions/Foster Care Hotline.....415-558-2200

Planned Parenthood Federation of America.....800-230-PLAN

America’s Pregnancy Helpline.....888-672-2296

CTIS Pregnancy Risk Information800-532-3749
 Provides information about prescription and
 non-prescription drugs, street drugs, alcohol.
 Chemicals, infectious diseases and any other
 physical agents that may be harmful to an unborn child.

Emergency Contraception Hotline.....800-584-9911
 Provides locations of where to obtain emergency
 contraception (the morning after pill).

Nationwide Abortion Information Hotline.....800-772-9100
 Provides factual information about abortion. (Spanish).....800-344-7432
 (TTY).....800-243-7889

RAPE CRISIS

SF Rape Treatment Center.....415-206-3222

San Francisco Women Against Rape (SF WAR).....415-647-7273

National Sexual Assault Hotline (24 Hours).....800-656-HOPE

RUNAWAY YOUTH

Huckleberry House (Youth Hotline).....415-621-2929

National Runaway Switchboard (Youth Hotline).....800-621-4000
 A crisis intervention & referral line for runaway youth. (TDD).....800-621-0394

National Center for Missing and Exploited Children.....800-843-5678
 A reporting line and referral service. (TDD).....800-826-7683

SELF-INJURY

Self-Abuse Finally Ends.....800-366-8288

SUICIDE PREVENTION & CRISIS INTERVENTION

Center for Elderly Suicide Prevention.....415-752-3778

- San Francisco Suicide Prevention.....415-781-0500
 Telephone counseling and referral for people (Spanish).....800-989-5212
 who are depressed and suicidal. Mental health (TDD).....415-781-5212
 and drug service information and referral available
 24 hours a day. Drug relapse prevention support
 available 24 hours a day. Support for those with
 HIV and AIDS available 5 p.m. to 5 a.m.
- National Suicide Hotline (24 Hours).....800-SUICIDE
- SF Mobile Crisis Treatment Team.....415-255-3610
 Provides emergency crisis intervention services
 conducted in the field, early intervention in the
 field before situation escalates to critical crisis
 point. It has involuntary treatment evaluation
 capacity and determination of appropriate level of care.

YOUTH LINES

- California Youth Crisis Line (English & Spanish).....800-843-5200
- LYRIC.....800-246-PRIDE
 A peer support hotline for lesbian, gay, bisexual,
 transgender, and questioning youth ages 23 and under.
- YouthLine.....888-977-3399
 7-day, 12pm to 10pm a week telephone based
 service staffed and operated by "YouthLine Listeners"
 between the ages of 16-22. YouthLine is a free service,
 providing callers with confidential and anonymous
 peer-to-peer conversation, the ability to get detailed
 information about youth programs and services, and
 first stage crisis intervention. www.youthline.org

CHILDCARE SERVICES

BUENA VISTA CHILD CARE CENTER

Address: 2641 25 th St. (San Bruno), 94110	Phone: (415) 285-0221
Website: www.buenavistachildcare.org	Email:
Hours of Operation: Monday—Friday 7 am to 9:30 am, and 2 pm to 6 pm	Languages Spoken: English and Spanish.
Public Transit: 9 San Bruno, 48 Quintara	Ages Served: 5 to 11 years old.

Description: A fully licensed and accredited before-and after-school program. It provides art, sports, science, music, and other activities, as well as homework help in Spanish and English. Full time care is also available during winter, spring, and summer breaks. Please call for more information.

Fee: Tuition fee. Financial aid based on a sliding scale is available during the school year only.

Application Process: Drop-in or call for application.

CHILD DEVELOPMENT PROGRAM

Address: 20 Cook St, 2 nd Floor, 94118	Phone: (415) 750-8507
Website: www.sfusd.edu	Email: mmarin@muse.sfusd.edu

Hours of Operation: Office: Monday—Friday 8:00am to 5:30pm.
Program hours vary, generally Monday—Friday and hours range between 7:00am to 6:00pm

Public Transit: 1 California, 2 Clement, 4 Sutter, and 38 Geary

Languages Spoken: English, Spanish, and Chinese.

Ages Served: Ages 3 through the end of the fifth grade.

Description: Provide a full-day childcare program for children. Services include preschool and school age programs. School-age children attend before and after their regular classes and all day during the holidays and school vacation periods. The curriculum includes small and large group activities, outdoor activities, and meals.

Fee: Based on sliding-scale income guidelines. Tuition based programs are available.

Eligibility & Requirement(s): Must be a San Francisco resident. Family must be a public assistance recipient or child is a foster child. The family's income should fall within or below 75% of the CDE income median, family is homeless, or child is protected under Child Protective Services.

Citizenship Requirement(s): Call for more information.

Application Process: Call or drop by 20 Cook Enrollment office or a Child Development location for an application. Must provide verification of income and completed health forms.

COMPAÑEROS DEL BARRIO

Address: 474 Valencia St. Suite #170

Hours of Operation: Monday—Friday 9:00am to 5:00pm; Preschool: 8:30am to 12:00pm and 12:30 pm to 4:00pm; Family Day Care is open full-time

Public Transit: 49 Van Ness, 14 Mission, BART 16th St. Station

Phone: (415) 431-9925

Languages Spoken: English and Spanish.

Ages Served: Preschool 3 to 5 years old, Family Day Care newborn to 3 years old.

Description: Preschool and family day care center.

Fee: Free for preschool if low-income, and sliding scale for family day care.

Eligibility & Requirement(s): Must be low-income to qualify for preschool.

Application Process: Drop-in.

FAMILY DEVELOPMENTAL CENTER

Address: 2730 Bryant St., 1st Floor, 94110

Hours of Operation: Monday—Friday 7:30am to 4:30pm

Public Transit: 27 Bryant, 48 Quintara

Phone: (415) 282-1090

Languages Spoken: English and Spanish.

Ages Served: Children ages 2 weeks to 3 years & 8 months.

Description: Offers a center based developmental educational childcare program, which targets low-income families.

Fee: Free for low-income families.

Eligibility & Requirement(s): Parents have to be low-income, working or in school.

Application Process: Drop-in and pick up application.

HOLY FAMILY DAY HOME

Address: 299 Dolores Street, 94103

Address: 675 Minna St, 94103

Website: www.holyfamilydayhome.org

Hours of Operation: Monday—Friday 7:00am to 5:30pm

Public Transit: 22 Fillmore, BART 16th St. Station, MUNI METRO Church St. Station.

Phone: (415) 861-5361

Phone: (415) 487-3753

Email: hfintake@holyfamilydayhome.org

Languages Spoken: English, Spanish, Russian, Tagalog, and Chinese.

Ages Served: Children ages 2 to 6, infants and toddlers.

Description: Provides high-quality early education to children and support services for families. The Dolores St. location cares for children ages 2 to 6, and the Minna St. location cares for toddlers and infants.

Fee: Depends of income.

Eligibility & Requirement(s): All are welcomed.

Application Process: Applications are available at the front desk or can be mailed.

LAS AMERICAS CHILD DEVELOPMENT CENTER

Address: 801 Treat Ave., 94110

Phone: (415) 695-5746

Email: cc921@muse.sfusd.edu

Hours of Operation: Monday—Friday 7:30am to 6:00pm

Languages Spoken: English, Spanish, and Chinese.

Public Transit: 12 Folsom, 27 Bryant.

Ages Served: Ages 3 to 9 years old.

Description: Pre-school Program.

Fee: Sliding scale depends on income.

Eligibility & Requirement(s): Child must be between 3 to 9 years old, and parents must be working or going to school. Low income/some tuition based available. Call for information.

Application Process: Pick up application at Child Development Program, 20 Cook Street, Room 4, S.F. 94118.

MISSION CHILD CARE CONSORTIUM

Address: 4750 Mission St., 94112

Phone: (415) 586-6139

Hours of Operation: Monday—Friday 7:00am to 6:00pm

Languages Spoken: English, Spanish, Chinese, and Tagalog.

Public Transit: 14 Mission, 14L Mission, 14X Mission

Ages Served: Ages 2.9 to 5 years.

Description: A state funded organization that provides child developmental services for low income families.

Fee: Based on a sliding scale.

Eligibility & Requirement(s): Parents must be working, going to school, or in a training program for over 32 hour a week.

Application Process: Parents must fill out an application and return it to the office along with a copy of the child's birth certificate, check stubs, and immunization record.

MISSION CHILD DEVELOPMENT PROGRAM—PRESCHOOL PROGRAM

Address: 421 Bartlett St., (Near Mission & 24th St), 94110

Phone: (415) 695-5844

Website: www.sfusd.edu

Email: cc965@muse.sfusd.edu

Hours of Operation: Monday—Friday 7:30am to 5:30pm

Languages Spoken: English and Spanish.

Public Transit: All Mission St. buses, 26 Valencia, 48 Quintara, 67 Bernal Heights, BART 24th St Station

Ages Served: Children 3 to 5 years old.

Description: High quality developmentally appropriate early childhood educational program.

Fee: Sliding scale and tuition based. Call for more information.

Eligibility & Requirement(s): Children 3 to 5 years old. Parents must be working, going to school. Low-income. Call for more information.

Application Process: Pick up application or contact Child Development Office (415) 750-8507

MISSION FAMILY CENTER

Address: 759 South Van Ness (Btwn. 18th and 19th St)

Phone: (415) 695-6955

Hours of Operation: Monday—Friday 8:30am to 5:00pm

Languages Spoken: English, Spanish, Mandarin, Samoan.

Public Transit: All Mission St lines, 12 Folsom, 33 Stanyan, BART 16th St Station

Ages Served: 3-18 years old.

Description: Preschool program (escuelita) for toddlers ages 3 to kindergarten. Must be toilet-trained. Monday, Wednesday, Friday 9:30am to 11:30am, contact Jose Hipolito. We also have an outpatient clinic, which offer individual, group & family treatment. Psychiatrist on staff who can prescribe medication if needed.

Fee: Medi-Cal, Healthy Family & Healthy Kids, or \$0-full bill

Eligibility & Requirement(s): Live in San Francisco.

Application Process: Call for an appointment.

MISSION HEAD START

Address: 362 Capp St, 2nd Floor (Btwn.. 18th and 19th)

Address: 205 13th St. Suite #3280, 94103

Website: www.sfheadstart.org

Hours of Operation: Monday—Friday 8:30am to 5:00pm

Public 14 Mission, 49 Mission, 26 Valencia, 22

Transit: Fillmore, BART 16th St. Station

Phone: (415) 206-7752

Phone: (415) 405-0500

Email: fssteam2003@yahoo.com

Languages Spoken: English and Spanish.

Ages Served: Ages 3 to 5 years old.

Description: Free pre-school program that operates eight programs throughout the Mission District; 4 of the centers are half-day programs and 4 are full day programs. The programs also offer case management, resources and referral for food, clothing, housing, mental health.

Fee: Free.

Eligibility & Requirement(s): Low income families, on TANF, Cal works, or foster parents.

Application Process: Parents must come to the central office to apply. Bring child's documents: Birth certificate, immunization records, and other documents.

SALVATION ARMY

Address: 1156 Valencia St. (Btwn.. 22nd & 23rd St), 94110

Hours of Operation: Center: Monday—Friday 9:00am to 6:00pm;

Operation: Social Worker: Monday—Friday 9:00am to 1:45pm and 2:45pm to 4:30pm

Public All Mission St. lines, 26 Valencia, 49 Van Ness,

Transit: 48 Quintara, 67 Bernal Heights, BART 24th St Station

Phone: (415) 648-0260

Languages Spoken:

Ages Served: Children 7-14 years old and their families.

Description: Provides counseling and emergency referrals for families. Also offers after-school program for children ages 7-14 years old, a Summer Day Camp, youth activities, senior meals and utility assistance.

Fee: Children's program is \$25.00 per week. Fees may change, call for more information.

Eligibility & Requirement(s): Must be low-income.

Citizenship Requirement(s): Call for more information.

Application Process: Call or drop in for an appointment/application.

Information and Referral

CHILDREN'S COUNCIL

Address: 445 Church St. (Btwn.. 18th and 17th Street)

Website: www.childrenscouncil.org

Hours of Operation: Call for more information.

Public Transit: All Church St. Lines

Phone: (415) 276-2900

Email: children@childrenscouncil.org

Languages Spoken: English and Spanish.

Ages Served: Children and parents.

Description: Provides free resources and referral listings to parents seeking childcare, child care subsidy to low-income families in the workforce, support for childcare providers, health and nutritional services for children receiving childcare, child mental health consultation, and support and resources for children with special needs.

Fee: Free.

Eligibility & Requirement(s): Call for more information.

Citizenship Requirement(s): Call for more information.

Application Process: Call, visit website or drop-in.

For more agencies that offer Childcare Services, please see:

Home Away From Homelessness, 75

Jamestown Community Center, 85

St. John's Education Center, 87

YMCA Mission Branch, 67

DENTAL SERVICES

BUCHANAN COMMUNITY CLINIC

Address: 100 Buchanan St. (Near Hermann St. & Market)
94110

Website: www.ucsf.edu

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 6 Parnassus, 7 Haight, 66 Quintara, 71 Haight,

22 Fillmore, MUNI METRO J Church

Phone: (415) 476-5608

Email:

Languages Spoken: English and Spanish.

Ages Served: Children and Adults.

Description: Dental services for adults and children. Services include dentures, root canals, fillings, partials, braces, oral surgeries, and more.

Fee: 20% lower than private dentist. Payment plans available if fee is over \$500.00.

Eligibility & Requirement(s): Picture I.D card, and if using Medi-Cal bring in card.

Application Process: Call for an appointment or drop-in. There is paperwork to fill out (the forms are in English).

UNIVERSITY OF THE PACIFIC SCHOOL OF DENTISTRY

Address: 2155 Webster St.

Website: www.dental.uop.edu

Hours of Operation: Monday—Friday 8:30am to 5:00pm

Public Transit: 1 California, 22 Fillmore, 2 Clement, 3 Jackson,

24 Divisadero, 4 Shutter

Phone: (415) 929-6501

Email:

Languages Spoken: English, Spanish, Mandarin, Cantonese, Farsi, Russian, Tagalog, and Vietnamese.

Ages Served: 15 and older.

Description: Comprehensive quality oral health care at reasonable cost. Fees are 30-40% less than average private dental office in the Bay Area.

Fee: 30-40% less than average private dental offices. Funding available for San Francisco residents living with HIV (call 929-6448). Payment plans available.

Application Process: Screening cost \$22.00 and is done on a first come first serve basis.

For more agencies that offer Dental Services, please see:

CARECEN, 63

Native American Health Center, 32

Potrero Hill Health Center, 32

Silver Avenue Health Center, 33

Southeast Health Center and Dental Clinic, 34

South of Market Health Center, 34

EDUCATIONAL RESOURCES

CITY COLLEGE OF SAN FRANCISCO

Address: 50 Phelan Ave., 94112

Website: www.ccsf.edu

Hours of Operation: Monday—Friday 9:00 am to 5:00 pm

Public Transit: 49 Van Ness, BART Balboa Station

Phone: (415) 239-3000

Academic Counseling: (415) 239-3294

Languages Spoken: Call for more information.

Ages Served: 18 and older.

Description: Offers a wide array of credit, noncredit, job training and personal enrichment classes. Classes are designed to help student meet their General Education requirements, transfer to a university, update their job skills, prepare for a career change, remove educational deficiencies, or pursue personal enrichment.

Fee: Credit classes are \$33.00 per semester unit and other fees may apply. Financial aid is available. Regular education, non-credit classes are free.

Eligibility & Requirement(s): High school graduates or anyone 18 years of age or older. Some educational programs have pre-requisites, please call for information.

Citizenship Requirement(s): Proof of residency is required for credit classes. Please call (415) 239-3285 for more information.

Application Process: Go on-line or drop by main office for application forms.

CITY COLLEGE OF SAN FRANCISCO—ALEMANY CAMPUS

Address: 750 Eddy St., 94109

Website: www.ccsf.edu

Hours of Operation: Monday—Thursday 8:30am to 7:30pm; Friday 8:30am to 4:30pm

Public Transit: 31 Balboa, 38 Geary (Walk 3 blocks)

Phone: (415) 561-1020

Languages Spoken: English, Spanish, Chinese, and Vietnamese.

Ages Served: 18 and older.

Description: Provides free non-college credit English-as-a-Second Language classes at beginning and intermediate levels (ESL 1-8). Also conducts non-credit beginning typing & computer classes.

Fee: Free (Except for books).

Eligibility & Requirement(s): Must meet age requirements.

Citizenship Requirement(s): Go to the Admissions office and fill out application. Sign up anytime.

Application Process: Go to administration office and fill out application. Sign up anytime.

CITY COLLEGE OF SAN FRANCISCO—JOHN ADAMS CAMPUS

Address: 1860 Hayes St., 94117

Hours of Operation: Monday—Thursday 8:00am to 8:30pm; Friday 8:00am to 4:30pm

Public Transit: 21 Hayes, 43 Masonic, 5 Fulton

Phone: (415) 561-1900

Website: www.ccsf.edu

Ages Served: 18 and older.

Description: Offers a wide array of credit, noncredit, job training and personal enrichment classes. Classes are designed to help students meet their General Education requirements, update their job skills, prepare for a career change, or remove educational deficiencies.

Fee: Credit classes are \$33.00 per semester unit and other fees may apply. Financial aid is available. Regular education, non-credit classes are free.

Eligibility & Requirement(s): High school graduates or anyone 18 years of age or older. Some educational programs have pre-requisites, please call for information.

Citizenship Requirement(s): Proof of residency is required for credit classes. Please call (415) 239-3285 for more information.

Application Process: Varies by program/classes, please call for information.

CITY COLLEGE OF SAN FRANCISCO—MISSION CAMPUS

Address: 375 Alabama St, 3rd Floor, 94110 (Temporary Location)

Phone: (415) 550-4550

Website: www.ccsf.edu

Hours of Operation: Monday—Thursday 8:00am to 8:00pm; Friday 8:00am to 5:00pm; Saturday 9:00am to 2:30pm

Languages Spoken: English and Spanish.

Public Transit: 33 Stanyan, 27 Bryant, 9 San Bruno, 12 Folsom, BART 16th St Station.

Ages Served: 18 and older.

Description: Offers credit & non-credit, day & evening classes for general education, office technology, classes on citizenship, ESL, and GED preparation in English & Spanish.

Fee: Free.

Eligibility & Requirement(s): Anyone is eligible to take classes at Mission Campus.

Application Process: Students who are interested in taking classes at this campus need to go to the office of Admission and Enrollment, Room 109C.

CITY COLLEGE OF SAN FRANCISCO—SOUTHEAST CAMPUS

Address: 1800 Oakdale, 94124

Phone: (415) 550-4300

Website: www.ccsf.edu

Email:

Hours of Operation: Office: Monday—Friday 8:00am to 5:00pm

Languages Spoken: English (may include Spanish, Cantonese and Filipino).

Public Transit: 15 Third St, 23 Monterey, 24 Divisadero, 44 O-Shaughnessy, 54 Felton

Ages Served: 18 years of age and older, or currently in high school.

Description: Classes include: Adult Basic Education; vocational education; ESL; general education development (GED) preparation. Vocational education opportunities include home health aide training; nursing assistant; hotel and restaurant front desk training; computer classes; dressmaking; biotechnology; and other level credit courses.

Fee: No fee for non-credit classes; \$33.00 per unit credit course.

Eligibility & Requirement(s): Must be a San Francisco resident and 18 years of age or over.

Citizenship Requirement(s): Individuals entering the country with the visa types listed below are restricted from being admitted and enrolling in non-credit courses. They are as follows: Visa types B-1 & B-2 Visitor for business or pleasure, F-1 Academic student, F-2 Spouse and children of an academic student.

Application Process: Walk-in to apply.

COMMUNITY BASED ENGLISH TUTORING (CBET) AT Mission High School

Address: 3750 18th Street, Room #103, 94114

Phone: (415) 522-6720

Hours of Operation: Monday—Thursday 4:00pm to 8:00pm;

Saturday 9:00am to 1:00pm

Languages Spoken: English and Spanish.

Public Transit: 33 Stanyan, 22 Fillmore, MUNI METRO J Church

Ages Served: 18 years and older.

Description: ESL, GED preparation, and computer classes for adults in the community.

Fee: Free.

Application Process: Form required with name, address and phone number.

MISSION LANGUAGE AND VOCATIONAL SCHOOL, INC. (MLVS)

Address: 2929 19th Street, 94110

Phone: (415) 648-5220

Website: www.mlvs.org

Email: Vocschool@aol.com

Hours of Operation: Monday—Thursday 8:00am to 8:00pm; Friday 8:00am to 6:00pm

Languages Spoken: English, Spanish and Cantonese.

Public Transit: 9 San Bruno, 27 Bryant and 14 Mission.

Ages Served: Varies by program.

Description: Provides Vocational English as a Second Language and job skills training to primarily Latino, unemployed and working-poor immigrants and their families, as well as other minority groups in the San Francisco Bay Area. MLVS currently offers certification programs in clerical and computer training, medical assisting, computer networking, computerized accounting, and culinary arts, as well as after-school programs for at-risk youth.

Fee: Free.

Eligibility & Requirement(s): Varies according to program.

Citizenship Requirement(s): Legal residency or permission to work required for Workforce Development Programs; inquire for specifics of other programs.

Application Process: Call (415) 641-3703 or (415) 641-3718 for orientation or appointment.

MISSION LEARNING CENTER

Address: 474 Valencia Street #210, 94103

Website: www.mlcsf.org

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public: 14 Mission, 22 Fillmore, 26 Valencia, 49 Van

Transit: Ness, BART 16 St Station

Phone: (415) 575-3535

Email: info@mlcsf.org

Languages Spoken: English and Spanish.

Ages Served: 2nd—5th grade students and

parents.

Description: After-school and summer English-language reading programs for 2nd—5th grade students reading below their grade level. Also offer parent empowerment programs, parent workshops, home visiting, and family literacy projects.

Fee: Free.

Eligibility & Requirement(s): Call for information/Depends on program.

Application Process: Call for information/Depends on program.

PACT, INC

Address: 635 Divisadero Street, 94117

Website: www.pactinc.org

Hours of Operation: Varies, call for more information.

Public Transit: 24 Divisadero

Phone: (415) 922-2550

Email: info@pact-inc.org

Languages Spoken: English

Ages Served: Teens and young adults.

Description: Promotes community empowerment by increasing access to higher education for low-income youth by impacting school graduation, dropout and college enrollment rates. Provides information regarding financial aid, SAT testing, career planning, and college advising.

Fee: Free

Eligibility & Requirement(s): Call for more information.

Application Process: Call for an appointment.

Public Libraries

The following library branches have many books, films and other resources available in English and Spanish. The following is general information shared by all the branches:

Website: www.sfpl.lib.ca.us/

Fee: The first library card is free, for duplicate copies there is a minimal charge.

Eligibility & Requirement(s): CA resident with ID. Minors must have parental permission.

Application Process: Drop-in to apply for a library card.

LIBRARY BERNAL HEIGHTS BRANCH

Address: 500 Cortland Ave., 94110

Hours of Operation: Tue 10:00am to 9:00pm; Wed 1:00pm to 9:00pm; Thur 10:00am to 6:00pm; Fri—Sat 1:00pm to 6:00pm

Public Transit: 24 Divisadero, 67 Bernal Heights

Phone: (415) 695-5160

Languages Spoken: English and Spanish.

Ages Served: All Ages.

LIBRARY EUREKA VALLEY BRANCH

Address: 3555 16th St., 94114
Hours of Operation: Mon 12:00pm to 6:00pm; Tue 10:00am to 9:00pm; Wed 12:00am to 9:00pm; Thur 10:00am to 6:00pm; Fri 1:00pm to 6:00pm; Sat 10:00am to 6:00pm
Public Transit: 22 Fillmore, MUNI METRO F Market

Phone: (415) 355-5616
Languages Spoken: English and Spanish.
Ages Served: All Ages.

LIBRARY GLEN PARK BRANCH

Address: 653 Chenery St., 94131
Hours of Operation: Sun Closed; Mon—Tue 10:00am to 6:00pm; Wed 12:00pm to 8:00pm; Thur 1:00pm to 7:00pm; Fri 1:00pm to 6:00pm; Sat 1:00pm to 6:00pm
Public Transit: 44 O'Shaughnessy, BART Glen Park Station

Phone: (415) 337-4740
Languages Spoken: English.
Ages Served: All Ages.

LIBRARY MISSION BRANCH

Address: 300 Bartlett St., 94110
Hours of Operation: Mon 1:00pm to 9:00pm; Tue—Wed 10:00am to 9:00pm; Thur & Sat 10:00am to 6:00pm; Fri 1:00pm to 6:00pm; Sun 1:00pm to 5:00pm
Public Transit: 48 Quintara, 67 Bernal Heights, All Mission St. Lines, BART 24th St. Station

Phone: (415) 695-5090
Languages Spoken: English and Spanish.
Ages Served: All Ages.

LIBRARY OCEAN VIEW BRANCH

Address: 345 Randolph St. (Btwn. Victoria & Ramsell), 94132
Hours of Operation: Sun—Mon Closed; Tue 10:00am to 7:00pm; Wed 10:00am to 7:00pm; Thur 1:00pm to 6:00pm; Fri 1:00pm to 6:00pm; Sat 1:00pm to 6:00pm
Public Transit: 26 Valencia, MUNI METRO M Ocean View

Phone: (415) 355-5615
Languages Spoken: English and Spanish.
Ages Served: All Ages.

LIBRARY PORTOLA BRANCH

Address: 2450 San Bruno Ave. (At Silliman St), 94134
Hours of Operation: Mon. Closed, Tues. 10:00am to 6:00pm, Wed 12:00pm to 8:00pm, Thur 1:00pm to 7:00pm, Fri & Sat 1:00pm to 6:00pm, Sun 1:00pm to 5:00p
Public Transit: 9 San Bruno, 44 O'Shaughnessy

Phone: (415) 715-4090
Languages Spoken: English.
Ages Served: All Ages.

LIBRARY POTRERO BRANCH

Address: 1616 20th St, 94107
Hours of Operation: Sun--Mon Close; Tue 10:00am to 8:00pm; Wed 12:00pm to 8:00pm; Thur 10:00am to 6:00pm; Fri—Sat 1:00 pm to 6:00pm
Public Transit: 48 Quintara, 19 Polk, 53 Southern Heights, 22 Fillmore

Phone: (415) 355-2822
Languages Spoken: English and Spanish.
Ages Served: All Ages.

SF Unified School District

SFUSD—SCREENING & ASSESSMENT

Address: 1098 Harrison St., 94103

Website: www.sfusd.edu

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 27 Bryant, 12 Folsom

Phone: (415) 355-6904

Bilingual Assessment Education Placement: (415) 241-6085

Languages Spoken: English, Spanish, Cantonese, Mandarin, Vietnamese, Tagalog.

Ages Served: Ages 3 to 22.

Description: Provides testing to determine if your child has a learning disability and the need for special education and/or related services. Tests are conducted in the child's primary language. When this is not feasible an interpreter will be provided.

Fee: Free.

Application Process: Call for application or contact classroom teacher.

SFUSD EDUCATION PLACEMENT OFFICE

Address: 555 Franklin St., Room 100, 94102

Website: www.sfusd.edu (Search for "Educational placement center")

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 49 Van Ness

Phone: (415) 241-6085

Email:

Languages Spoken: English and Spanish.

Ages Served: Pre K through high school ages youth.

Description: The EPC is the first stop on the road to education in the SFUSD. EPC also has a number of placement counselors who can help you with the entire enrollment process whether your child is new to SFUSD or already attending an SFUSD school. Language testing and foreign transcript evaluation services are also provided.

Fee: Free.

Eligibility & Requirement(s): Call or visit website for more information.

Application Process: Walk-in during office hours.

For more agencies that offer Educational Resources, please see:

Asian Neighborhood Design, 18

OMI/Excelsior beacon Center at James Denman, 86

EMPLOYMENT & JOB TRAINING SERVICES

Employment Services for All Ages

ARRIBA JUNTOS

Address: 1850 Mission St., 2nd Floor, 94103

Website: www.arribajuntos.org

Hours of Operation: Monday—Friday 8:30am to 5:30pm

Public Transit: 26 Valencia, All Mission St. Lines, BART 16th St. Station

Phone: (415) 487-3240

Email:

Languages Spoken: English and Spanish.

Ages Served: 10 and older.

Description: We offer general employment assistance and training programs in nursing assistance and computers.

Fee: Call for more information.

Eligibility & Requirement(s): Must be a resident of San Francisco. Call for more information.

Citizenship Requirement(s): Legal Residency.

Application Process: Call for more information or walk-in.

CAREER RESOURCES DEVELOPMENT CENTER

Address: 655 Geary St., 94102
Website: www.crdc.info
Hours of Operation: Monday—Friday 9:00am to 4:00pm
Public Transit: 38 Geary, 27 Bryant

Phone: (415) 775-8880
Email: linhle@crdc.info
Languages Spoken: English, Chinese, and Vietnamese.
Ages Served: Adults and children (ages 8-13).

Description: Provides training programs that prepare a workforce able to succeed in a competitive job market, to nurture the love of learning in youngsters, and to help low-income individuals to gain access to computers and network technology.

Fee: Most services are free to income-eligible persons. Call for more information.

Eligibility & Requirement(s): Low-income fluent or limited English-speaking residents of S.F.

Citizenship Requirement(s): Social Security Number is needed to complete application process.

Application Process: Drop-in to fill out an application.

SOUTH OF MARKET EMPLOYMENT CENTER

Address: 288 7th St. (At Folsom St), 94103
Website: www.missionhiringhall.org
Hours of Operation: Monday—Friday 9:00am to 5:00pm
Public Transit: 12 Folsom, 27 Bryant, 47 Van Ness, 19 Polk

Phone: (415) 865-2105
Email: somec@pacbell.net
Languages Spoken: English and Spanish.
Ages Served: Youth and Adults.

Description: We provide job readiness programs, training, referral services, employment support programs, resource center, hotel hospitality, construction training programs, and security training program.

Fee: Free.

Eligibility & Requirement(s): Call Program Coordinator for more information.

Citizenship Requirement(s): Call Program Coordinator for more information.

Application Process: Call for more information.

Youth Employment Services

ASIAN NEIGHBORHOOD DESIGN (AND)

Address: 2345 Harrison St.(Btwn.. 19th & 20th), 94110
Website: www.andnet.org
Hours of Operation: Monday—Friday 8:00am to 4:00 pm.
Public Transit: Orientations: Thursdays at 9:00 am

Phone: (415) 648-7070
Email: info@andnet.org
Languages Spoken: English, Chinese, Spanish.
Ages Served: Young Adult (High School Aged) and older.

Description: The Employment Training Center is a 12-week job training program in carpentry and construction. Students participate in a 2-week basic life skills class first, which includes communication skills, listening skills, conflict resolution, anger management, plus interviewing techniques and resume writing. GED classes are available.

Fee: Free.

Eligibility & Requirement(s): Must be a San Francisco resident, low-income, PAES or SF CalWorks participant.

Application Process: Please call or drop by during hours for more information and an application.

BRIDGES FROM SCHOOL TO WORK

Address: 785 Market St., Suite 700, 94103
Hours of Operation: Monday--Friday 8:30am to 5:00pm
Website: http://marriottfoundation.org

Phone: (415) 227-4330
TTY: (415) 227-4526
Email: anthea.charles@marriott.com

Ages Served: 25-60 years old.

Languages Spoken: English, Spanish, Tagalog.

Description: Employment agency for youth with disabilities.

Fee: Free.

Eligibility & Requirement(s): Must have documented disability and eligible to legally work in U.S.

Application Process: Call for an appointment.

JUMA VENTURES

Address: 131 Stewart St., Suite 201 (Btwn. Mission & Howard), 94105

Website: www.jumaventures.org

Hours of Operation: Monday--Friday 9:00am to 5:00pm

Public Transit: BART/MUNI METRO: Embarcadero Station

Phone: (415) 371-0727

Email: all@jumaventures.org

Languages Spoken: English.

Ages Served: 14-21 years old.

Description: Juma Ventures is a social entrepreneurial organization that owns and operates competitive small businesses for the specific purposes of employing teenagers and young adults. We currently offer a multi-tiered job training program, financial management program, career advancement and asset building opportunities, college prep assistance and California college campus tours. After-school access to our computer lab, resource library and recreational Great Room between 3 - 6 p.m. offers a safe environment for social, educational and career development when members are not at their jobs.

Fee: Free.

Eligibility & Requirement(s): Priority to residents of 94124 & 94134 zip codes & foster care youth.

Application Process: Call for an appointment, must go through an interview process.

NEW WAYS WORKERS/SF YOUTHWORKS

Address: 1596 Post St., 94109

Website: www.sfyouthworks.org

Hours of Operation: Monday—Friday 10:00am to 6:00pm

Public Transit: 38 Geary, 2, 3, 4, 22 Fillmore, 47, 49 Van Ness

Phone: (415) 202-7911

Email: YWNWW@aol.com

Languages Spoken: English.

Ages Served: Entering 10th grade to 12th grade.

Description: Offers year-round paid internships in city government departments for SF high school students. Also offered are pre-employment and job search trainings, youth planned activities for participants, and leadership opportunities through our Youth Leadership Team.

Fee: Free.

Eligibility & Requirement(s): Participants must be in the 10th-12th grade, must be a SF resident and also attend a SF high school.

Citizenship Requirement(s): Must be able to fill out an I-9 form, able to legally work in the U.S.

Application Process: Youthworks recruits 3 times per year: Aug/Sept for the fall session, Dec/Jan for the spring session, and Apr/May for the summer session. Participants are accepted on a first come first served basis. Drop-in for application. Check website for application dates.

TREASURE ISLAND JOB CORPS

Address: 655 H Ave, Building #442, Treasure Island, 94130

Website: www.sfjobcorps.com

Hours of Operation: Recruitment Tours are every Thursday at 9:30am.

Public Transit: 108 Treasure Island

Phone: (415) 277-2400

Email: admissions@sfjobcorps.com

Languages Spoken: English.

Ages Served: Ages 16 to 24 years.

Description: Offers a year-round job training program which provides full-time housing, a wide array of skills training, basic academic instruction and support services including housing, meals, medical care and counseling. Vocational Training includes: Business, childcare, construction, culinary, health care, security information technology.

Fee: Free.

Eligibility & Requirement(s): Must have proof of age, be a U.S. citizen or legal resident, underemployed, or in the need of training, low-income, zero tolerance drug policy, and other requirements.

Medical Insurance Requirements: Call for more information.

Citizenship Requirement(s): U.S. citizen or legal resident.

Application Process: Call or download application from website.

YOUTH CARES

Address: 657 Mission St., Suite 500, 94105

Website: www.iiss.org

Hours of Operation: Monday--Friday 8:30am to 5:00pm

Public: 38 Geary, 14 Mission, Market St. lines, BART

Transit: Montgomery

Phone: (415) 538-8100

Email: jberger@iiss.org

Languages Spoken: English, Spanish, Tagalog, Russian, Cantonese, Thai.

Ages Served: 14-18 years old.

Description: YouthCares gives young people a meaningful way to contribute to the community while assisting senior citizens, learning skills and developing projects.

Fee: Free.

Eligibility & Requirement(s): Youth between the ages of 14-18 with a desire to work with seniors are encouraged to apply. To be a paid participant a social security card is required.

Application Process: Applications are available three times a year (spring, summer and fall), online is the best way to apply.

Adult Employment Services

ALTERNATIVES FOR LATINAS SELF-SUFFICIENCY/WOMEN'S INITIATIVE FOR SELF-EMPLOYMENT

Address: 1398 Valencia St., (At 25th St.), 94110

Address: 519 17th St., Suite #110, Oakland, 94612

Website: www.minegocito.org

Hours of Operation: Call specific site for more information.

Public Transit: Call specific site for more information.

Phone: (415) 641-3460

Phone: (510) 287-3100

Website: www.womensinitiative.org

Languages Spoken: English and Spanish.

Ages Served: 18 and older.

Description: We provide comprehensive business training, on-going technical assistance and financing for Bay Area low-income women. We assist an entrepreneur in gaining the necessary skills to start, grow, and/or expand her business.

Fee: Free 2-hour information sessions.

Eligibility & Requirement(s): Call for more information.

Citizenship Requirement(s): Call for more information.

Application Process: Call, visit website, or drop-in.

CAMINOS PATHWAYS LEARNING CENTER

Address: 1470 Valencia St., 94110

Website: www.caminossf.org

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public: All Mission St lines, 67 Bernal Height, 26

Transit: Valencia, BART 24th St Station

Phone: (415) 824-0682

Email: info@caminossf.org

Languages Spoken: English and Spanish.

Ages Served: Adults.

Description: Caminos is a community-based organization that offers computer training for immigrant, Latina women in the Bay Area. Also provides internships and job placement assistance.
Fee: Free.
Eligibility & Requirement(s): Low-income Latinas studying ESL.
Application Process: Call to make an appointment or to attend an orientation.

GOODWILL INDUSTRIES

Address: 1500 Mission St., 94103
Website: www.sfgoodwill.org
Hours of Operation: Monday—Friday 8:00am to 5:30pm
Public Transit: All Mission St. lines, 49 Van Ness, 26 Valencia, 9 San Bruno

Phone: (415) 575-2100
Enrollment Requirements: (415) 575-2101
Languages Spoken: English and Spanish.
Ages Served: 18 and older.

Description: Offers support, training and other services for transitional employment, job placement, office technology training, paid work training. As well as many other services such as car auctions and a retail store.
Fee: Free.
Eligibility & Requirement(s): Must meet age requirements.
Citizenship Requirement(s): Call for more information.
Application Process: Call or drop-in during hours for an application.

MISSION HIRING HALL

Address: 3042 16th St., 94103
Website: www.missionhiringhall.org
Hours of Operation: Monday—Thursday 8:30am to 4:30pm; Friday 8:30am to 4:00pm
Public Transit: 22 Fillmore, 26 Valencia, All Mission St. lines, BART 16th St. Station

Phone: (415) 626-1919
Email:
Languages Spoken: English and Spanish.
Ages Served: 18 and older.

Description: Job listings, counseling, referrals to training and educational programs and advice regarding employment issues.
Fee: Free.
Eligibility & Requirement(s): Must be 18 years or older and be a resident of San Francisco.
Citizenship Requirement(s): Must have permanent residency card.
Application Process: Call for an appointment, orientations are at 9:00am on Tuesday in Spanish, orientations for construction work at 10:00am on Wednesday.

OpNET COMMUNITY VENTURES

Address: 120 Montgomery St., Suite 2270, 94104
Website: www.opnetwork.org
Hours of Operation: Monday--Friday 9:00am to 5:00pm
Public Transit: 15 Third St., Market St. lines, BART Montgomery St

Phone: (415) 362-5510
Email: michael@opnetwork.org
Languages Spoken: English, Spanish, Tagalog.
Ages Served: 18-25 years old.

Description: Career development program in the technology industry. The program combines practical job training with paid internships in local media companies, technology training program such as web design, and offers ongoing support from OpNet staff.
Fee: Free for low-income.
Eligibility & Requirement(s): Must be between the ages of 18 and 25 and be low- to moderate-income residents of S.F. Must know how to use the internet, Microsoft word, and have an email account.
Application Process: Call for an appointment.

For more agencies that offer Employment Services, please see:
 Bay Area Women's and Children's Center, 82
 Brava!, 54
 Horizons Unlimited of S.F., 85
 Japanese Community Youth Council, 86
 Mission Language and Vocational School, Inc., 14

FOOD & FREE MEALS PROGRAMS

Supplemental Food Programs

DEPARTMENT OF HUMAN SERVICES, FOOD STAMP PROGRAM

Address: 1235 Mission St., 94103	Phone: (415) 558-1000
Website: http://sfgov.org/site/dhs_page.asp?id=12883	Email:
Hours of Operation: Monday—Friday 8:00am to 5:00pm	Languages Spoken: English and Spanish.
Public Transit: All Mission St lines	Ages Served: 18 and over.

Description: Offers access to nutritional assistance through the use of an Electronic Benefit Transfer card (EBT). The EBT card can be used to purchase certain types of foods in most markets. Although it may take up to several days to get an appointment, under certain conditions emergency food stamp benefits can be issued. Call for further information.

Fee: Free.

Eligibility & Requirement(s): Eligibility is determined basically by two things: The amount of your household income and the amount of your household resources.

Citizenship Requirement(s): Call for more information

Application Process: Apply in person at 1235 Mission St. When applying one may need to bring: identification with photograph, birth certificates for all applications, proof of legal residence; school verification for all children; rent and utility receipts; proof of income including wage stubs bank statements, unemployment, disability and medical expenses.

WOMEN, INFANTS & CHILDREN SUPPLEMENTAL NUTRITION (WIC)

Address: Administrative Office: 30 Van Ness Ave, Suite #220, 94102	Phone: (415) 575-5788
Address: SF General Hospital: 2550 23 rd St, Building 9 Room 125	Phone: (415) 206-5494
Address: Silver Ave. Family Health: 1525 Silver Ave	Phone: (415) 715-0324
Address: Chinatown Public Health: 1490 Mason St.	Phone: (415) 705-8555
Address: Ocean-Park Health Center: 1351 24 th Ave.	Phone: (415) 682-1928
Address: St. Luke's Hospital: 1580 Valencia St (basement) Monteagle Building	Phone: (415) 821-0123
Address: UCSF: 400 Parnassus Ave.	Phone: (415) 353-2599
Address: Southeast Health Center: 2401 Keith St.	Phone: (415) 715-4059
Website: www.dph.sf.ca.us/php/wic_program.htm	Website: www.wicworks.ca.gov

Description: Provides free nutrition education, food vouchers, breastfeeding support and referral to health care services for pregnant women, postpartum women, infants, and children younger than five. Vouchers are picked up at WIC site on a monthly/bimonthly basis and may be exchanged for milk, cheese, eggs, cereal, juice, peanut butter/beans, and infant formulas in most grocery stores.

Eligibility & Requirement(s): Live in San Francisco and meeting federal income guidelines. Pregnant, breastfeeding, or postpartum women, infants & children up to age 5.

Citizenship Requirement(s): Call for more information.

Application Process: Call specific site for an appointment. Hours and languages spoken vary according to site.

Free Meals

ST. JOHN'S AFRICAN ORTHODOX CHURCH

Address: 930 Gough (Btwn.. Eddy & Turk)

Phone: (415) 673-3572

Hours of Operation: Sundays 3-4pm

Languages Spoken: English.

Description: Free vegetarian lunch.

Application Process: Drop-in. All ages welcomed.

MARTIN DE PORRES

Address: 225 Potrero Ave. (Btwn.. 15th and 16th St)

Phone: (415) 552-0240

Hours of Operation: Varies

Languages Spoken: English and some Spanish-speaking volunteers.

Public Transit: 9 San Bruno, 22 Fillmore, 33 Stanyan, 27 Bryant

Ages Served: All Ages.

Description: Provides free meal to those in need. Take out available if you bring your own container, see Food section for days and times. Also provides showers on Tuesdays & Thursdays 9:00am to 11:30am. Sign up at 9:00am sharp. Medical clinic is every Thursday at 12:30pm.

Fee: Free.

Application Process: Drop-in during hours.

For more organizations that offer free meals please also see the Free Eats Chart and Free Pantry Chart provided by Free Print Shop included on this c.d.

HEALTH SERVICES

Teen Clinics

BALBOA TEEN HEALTH CENTER AT BALBOA HIGH SCHOOL

Address: 1000 Cayuga Ave. Room #156, 94112
Hours of Operation: Monday, Tuesday, Thursday, Friday 8:30am to 4:30pm; Wednesday 10:30am to 4:30pm
Public Transit: 14 Mission, 15 Third, 26 Valencia, 29 Sunset, 49 Van Ness, 54 Felton
Phone: (415) 469-4512
Languages Spoken: English, Spanish, and Tagalog
Ages Served: Teen in high school (up to 19 years old)

Description: Provides health services to students, including physical exams, immunizations, STD screening & treatment, pregnancy testing & family planning services. Free condoms available. Mental health services available to students including family support & intervention. Health educator (and clinic staff) provide training & additional education to students & school staff (by request). The staff are trained in adolescent-specific issues & understand effective ways of working with adolescents. Areas of expertise: chronic disease management, relationship counseling, coordinating services & helping students toward graduation.

Fee: Free; \$5.00 fee for sports physicals for non-Balboa students (fee will be waived if student has Medi-Cal or qualifies for CHDP).

Eligibility & Requirement(s): Must be a teen attending a San Francisco high school.

Application Process: Call or drop-in

HUCKLEBERRY'S COLE STREET CLINIC

Address: 555 Cole St. (Btwn.. Haight & Page St.), 94117
Website: www.huckleberryyouth.org
Hours of Operation: Monday, Tuesday, Thursday, Friday, 9 am – 1 pm & 2 - 6pm; Wednesday, 9am – 12 pm
Public Transit: 7 Haight, 71 Haight, 6 Parnassus, 43 Masonic, 37 Corbett, 24 Divisadero
Phone: (415) 386-9398
Email: sbrelvi@huckleberryyouth.org
Languages Spoken: English and Spanish.
Ages Served: 12-22 years old.

Description: Provides primary care including family planning, pregnancy testing, STD screening & treatment, physical exams, immunizations & TB test. Free condoms. Risk management & therapy provided. Confidential HIV/AIDS counseling, testing, education, case management offered to all youth under 22. Call on-duty case manager for psychosocial referrals.

Fee: Medical Insurance Requirement(s): Call for more information.

Eligibility & Requirement(s): Youth under 18 years need parental consent for routine primary care (if non-emancipated). Youth should come with parent or call first and clinic will send consent form to be signed by parent.

Medical Insurance Requirement(s): Call for more information.

Application Process: Drop-in.

RAP TEEN CLINIC

Address: 2730 Bryant St. 2nd Floor, West Wing, 94110
Hours of Operation: Tuesday 1:00pm to 5:00pm
Public Transit: 27 Bryant, 48 Quintara, 9 San Bruno
Phone: (415) 920-7192
Languages Spoken: English and Spanish.
Ages Served: Youth & Young Adults.

Description: Primarily a youth clinic, but will also see children of youth in care. Services include general medical treatment, physicals, birth control methods, pregnancy testing and counseling, HIV confidential testing and counseling, STD screening, and immunizations. Mental health treatment and counseling provided by the Mission Family Center.

Fee: Free.

Eligibility & Requirement(s): Must meet age requirements.

Application Process: Call for more information.

NEW GENERATION HEALTH CENTER

Address: 625 Potrero Ave. (Btwn.. 18th and 19th), 94110

Hours of Operation: Monday 9:00am to 3:30 pm; Wednesday 10:00am to 3:30pm (Drop-in pregnancy & 3:00pm to 5:00pm Male clinic); Thursday 9:00am to 3:30pm; Friday 10:00am to 3:30pm

Public Transit: 9 San Bruno, 33 Stanyan

Phone: (415) 502-8336

Languages Spoken: English and Spanish.

Ages Served: Under 24 only.

Description: Gynecological exams for women: pap smears and pelvic exams; Colposcopy (for women with abnormal pap smears); Exams for men: testicular exam; Pregnancy tests and counseling (referrals for abortions, prenatal care or adoption), HIV tests for young men and women including Orasure (no blood draw!); Diagnosis and treatment of sexually transmitted infections for young men and women; Birth control (condoms, foam or film, birth control pills, Depo-Provera (The Shot), Norplant, diaphragm and IUD); Emergency Contraception (Morning after pill); and Education and Counseling by Health Educators or a Social Worker.

Fee: Free.

Application Process: Call for an appointment. Our services are confidential.

PLANNED PARENTHOOD GOLDEN GATE (PPGG)

Address: 815 Eddy St. Suite #300 (Btwn.. Franklin & Van Ness), 94109

Website: www.ppgg.org

Hours of Operation: Monday 9:00am to 5:00pm (Drop-in for emergency contraception (E.C.) 9:00am to 3:00pm); Tuesday 7:30am to 5:00pm (Drop-in for E.C. 9:00am to 3:00pm); Wednesday 11:00am to 7:00pm (Drop-in for E.C. 11:00am to 5:30pm); Thursday 9:00am to 5:00pm (Drop-in for E.C. 9:00am to 3:00pm); Friday 7:30am to 5:00pm (Drop-in for E.C. 9:00am to 3:00pm); Saturday 8:00am to 2:00pm (Drop-in for E.C. 9:00am to 12:00pm).

Public Transit: 49 Van Ness, 47 Van Ness

Phone: (415) 441-7858

Hotline: (800) 967-PLAN

Languages Spoken: English and Spanish.

Ages Served: Teens.

Description: PPGG offers a wide variety of health-related services for teens and adults, which are individualized & confidential: birth control, emergency contraception, family planning, HIV testing, male health services, midlife/menopause services, pregnancy testing, sexually transmitted infections, abortions, abnormal pap test.

Fee: Free (In most cases, call for more info).

Application Process: Call or go online to make an appointment.

UCSF MOUNT ZION MEDICAL CENTER YOUNG WOMEN'S PROGRAM

Address: 2330 Post St, Suite 320, 94115

Hours of Operation: Tuesday 9:00 am to 1:00 pm; Thursday 1:00 pm to 5:00 pm

Public Transit: 2 Clement, 4 Sutter, 24 Divisadero, 38 Geary

Phone: (415) 353-7332

Languages Spoken: English, Spanish, interpreter services available.

Ages Served: Up to 24 years of age.

Description: Young Women's Program provides confidential health services to young women. Services include birth control methods and counseling, nutrition and social services, referrals, childbirth and parenting classes, post-partum infant supplies, and clothes. Provides gynecological services, family planning, and prenatal care for young women. There is a nutritionist and a social worker on staff.

Fee: Some services are free, Medi-Cal and private insurance accepted. Clients can apply for Sensitive Services Medi-Cal on-site.

Application Process: Call for an appointment.

Family (All Ages) Clinics

CASTRO MISSION HEALTH CENTER

Address: 3850 17th St., (Btwn.. Noe and Sanchez), 94114
Hours of Operation: By appointment Monday—Friday 8am to 12pm & 1pm to 5pm, plus Tuesday 5:00pm to 9:00 pm
Public Transit: 35 Eureka, 22 Fillmore, 24 Divisadero, MUNI METRO: F Market, J Church, K Ingleside, L Taraval, M Ocean View
Phone: (415) 487-7500
Languages Spoken: English, Spanish, Cantonese, Mandarin, Portuguese, and Tagalog.
Ages Served: All Ages.

Description: Offers general adult medical clinic that includes comprehensive HIV related services, mental health counseling, Children's Clinic, Acupuncture & Nutritional Services, and Family Planning/Women's Clinics. The Teen Clinic offers sports and school physical exams, birth control, pregnancy testing, STD testing, and anonymous HIV/AIDS testing for youth ages 12-23. Also the Dimensions clinic offers services for GLBTQIQ youth.

Fee: Financial screening to determine fee based on different factors. Medi-Cal and Medi-Care.

Eligibility & Requirement(s): Must be a San Francisco resident.

Citizenship Requirement(s): Social Security Number is required.

Application Process: Call to make an appointment.

CALIFORNIA CHILDREN'S SERVICES

Address: 30 Van Ness Ave., Suite 210, 94102
Hours of Operation: Monday—Friday 8:00am to 5:00pm
Public Transit: Market St. buses.
Phone: (415) 575-5700
Hotline: (800) 300-9950
Languages Spoken: English, Spanish, Chinese, Tagalog, Korean
Ages Served: Birth to 21st birthday.

Description: Provides assistance for infants & youth with medical conditions that require specialty treatment and/or surgical correction.

Fee: May be a \$20 application fee & enrollment fees (sliding scale).

Eligibility & Requirement(s): Resident of S.F., income under \$40,000 with exceptions. Need medical documentation of suspected condition from physician or provider.

Application Process: Anyone can make a referral.

CHILDREN'S HEALTH CENTER

Address: 1001 Potrero Ave., 6th Floor (6M5), 9411
Hours of Operation: Monday—Friday 8:00am to 7:00pm. Urgent Care: Monday—Friday 7:00pm to 11:00pm
Public Transit: 9 San Bruno, 33 Stanyan, and 48 Quintara
Phone: (415) 206-8376
Languages Spoken: English and Spanish.
Ages Served: Newborn to 21 years old.

Description: Provides acute care, emergency care, and well-child care. Drop-in acute care is available for children requiring evaluation of health status, diagnosis and treatment of acute illness, preventative services, and follow up. Routine immunization histories are maintained as children are vaccinated. We also serve as the off-hours Pediatric Urgent Care site for the Community Health Network and its affiliated partners.

Fee: Costs are based on a sliding scale according to income. Medi

Eligibility & Requirement(s): Call for more information.

FAMILY HEALTH CENTER

Address: 995 Potrero Ave, Building #80 1st Floor, 94110
Phone: (415) 206-5252

Hours of Operation: Monday—Friday 8:00am to 5:00pm (closed from 12:00pm to 1:00pm).

Public Transit: 9 San Bruno, 33 Stanyan, 48 Quintara.

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: Provides comprehensive, multidisciplinary health care services includes health promotion, disease prevention, urgent care, continuity ambulatory care services, prenatal care & perinatal case management, family planning, HIV family clinic, well child care, minor surgery, mental health services, social services, substance abuse counseling, nutrition consultation, diabetes education and case management, and pharmacist consultation.

Fee: Sliding scale, Medi-cal.

Citizenship Requirement(s): Call for more information.

Application Process: Call for an appointment.

LYON MARTIN WOMEN'S HEALTH SERVICES

Address: 1748 Market St., Suite #201 (Btwn.. Octavia & Gough) 94102

Website: www.lyon-martin.org

Hours of Operation: Monday, Tuesday, Thursday, Friday 8:30am to 5:00pm; Wednesday 11:00am to 7:00pm

Public Transit: 14 Mission, 49 Van Ness, 26 Valencia, BART 16th St. Station

Phone: (415) 565-7667

Email:

Languages Spoken: English and Spanish.

Ages Served: Ages 15 and older.

Description: Low-cost community health-care services for women, including routine physical exams, gynecology, HIV & STD testing, internal medicine, family planning, assistance and emergency services for HIV positive women, and transgender services (MTF and biological female).

Fee: Medi-Cal is accepted, otherwise costs are sliding scale according to income.

Eligibility & Requirement(s): Committed to serving all women with a focus on lesbians, bisexuals, transgender people, women of color low-income women, and women w/disabilities.

Application Process: Call for an appointment.

MAXINE HALL HEALTH CENTER

Address: 1301 Pierce St. (at Ellis St.), 94115

Hours of Operation: M and F, 8am – 5pm; T, 8am – 8pm; W, 9am – 5pm; Th, 8am – 7pm.

Public Transit: 22 Fillmore, 31 Balboa, 24 Divisadero, 38 Geary

Phone: (415) 292-1300

Languages Spoken: English, Spanish, Tagalog, Cantonese, Mandarin.

Ages Served: All Ages.

Description: Services include: Primary Care Clinic, comprehensive health care for persons with HIV, HIV testing (anonymous, Mon. 5-8pm, 554-9888; confidential Tues. 292-1313), Prenatal Care, Women's Clinic, Immunization Clinic. Drop-in Teen Clinic for youth 12-20 years (parents are not notified) on Tuesdays, 4 - 7pm offers primary care, psycho-social support, pregnancy testing, family planning, STD screening & treatment and confidential HIV counseling & testing.

Fee: Fee varies depending on income sliding scale. Medi-Cal & Healthy Families accepted.

Eligibility & Requirement(s): Must be a San Francisco resident.

Citizenship Requirement(s): Must provide a social security number.

Application Process: Call for an appointment. Drop in hours daily—call for hours.

MISSION NEIGHBORHOOD HEALTH CENTER

Address: 240 Shotwell St., 94110

Hours of Operation: Monday—Friday 8:00am to 5:30pm

Public Transit: All Mission St. lines, 12 Folsom, 22 Fillmore, 33 Stanyan, 53 Southern Heights, BART 16th St.

Phone: (415) 552-3870

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: Provides health care services to residents of the Mission district. Primary medical care, family planning, pregnancy tests, pediatric & adolescent, adult and senior medicine, HIV services, cardiology, podiatry, nutrition, x-rays, pharmacy, lab, women's clinic, HIV clinic, adolescent health/teen clinic.

Fee: Sliding—fee based on income and family size. Medi-cal, Medicare, Private Insurance, Blue Cross, Healthy Families, or SF Health Plan accepted.

Eligibility & Requirement(s): San Francisco resident and bring in last 2 paychecks. Call for more information.

Application Process: Please call or drop-in for an appointment.

NATIVE AMERICAN HEALTH CENTER

Address: 160 Capp St., 94110

Phone: (415) 621-4371

Hours of

Languages English, limited Spanish-

Operation: Monday—Friday 9:00 am to 5:00 pm

Spoken: speaking staff in dental department.

Public Transit: 14 Mission, 49 Van Ness, 22 Fillmore, BART
16th St Station

Ages Served: All Ages.

Description: Provides primary care medical services, family planning, gynecological services, STD screening and treatment, pregnancy testing and counseling, physical exams and immunizations, dental services, nutrition and fitness programs, youth program (ages 12-22), and a mental health program geared to Native American & Pacific Islanders.

Fee: Costs are based on a sliding scale according to income.

Eligibility & Requirement(s): Call for more information.

Medical Insurance Requirement(s): Medi-Cal, call for more information.

Application Process: Call for an appointment.

OCEAN PARK HEALTH CENTER

Address: 1351 24th Ave (At Irving), 94122

Phone: (415) 682-1900

Hours of

Languages English, Spanish,

Operation: Monday—Friday 8:00 am to 5:00 pm

Spoken: Cantonese, Mandarin, Vietnamese, and Korean.

Public Transit: 71 Haight, 28 Nineteenth Ave, 29 Sunset, MUNI
METRO N Judah

Ages Served: All Ages.

Description: Provides primary care, women's clinic, immunizations clinic, sports physical exams, well-child care, public health nursing service, family planning, pregnancy testing and counseling, and confidential STD screening and treatment, including HIV testing and services. Prenatal Clinic provides prenatal care in conjunction with San Francisco General Hospital.

Fee: Sliding scale, Medi-Cal, Healthy Families, and most private insurance.

Eligibility & Requirement(s): Must be residents of Ingleside, Merced Heights, Ocean view, Park side, Richmond, and Sunset districts. Call for more information.

Medical Insurance Requirement(s): Call for more information.

Application Process: Call for an appointment.

POTRERO HILL HEALTH CENTER

Address: 1050 Wisconsin St., (Near 23rd St), 94107

Phone: (415) 920-1250

Hours of

Languages Spoken: English, Spanish, Tagalog.

Operation: Monday—Friday 8:30am to 5:00pm

Public Transit: 19 Polk, 48 Quintara, 53 Southern Heights.

Ages Served: 5 and older.

Description: Provides primary medical care as well as child services. Also provides preventive health care (annual check-up, pap smear, etc.), family planning teen services, prenatal care, pregnancy testing and counseling, HIV & STD screening and treatment, sports and school physical exams, podiatry, immunizations and TB testing and nutritional counseling. Dental services include exams, x-rays, fillings, cleaning, prevention and hygiene.

Fee: Varies, sliding scale according to income, Medi-cal. Call for more information.

Eligibility & Requirement(s): Must be a San Francisco resident for sliding scale fees.

Application Process: Bring proof of residency and income, drop-in.

SAN FRANCISCO FREE CLINIC

Address: 4900 California St. (Btwn. 11 & 12 Ave), 94118

Website: www.sffc.org

Hours of Operation: Business Hours: Monday—Friday 1 pm to 4:30 pm

Public Transit: 1 California

Phone: (415) 750-9894

Email:

Languages Spoken: English. Can sometimes arrange for Spanish, Cantonese, or Russian.

Ages Served: Adults.

Description: Primary care clinic which includes preventive health care, cancer and heart disease screening, childhood and adult vaccinations, family planning and contraceptive counseling, diagnosis and treatment of sexually transmitted disease, treatment of non-emergency acute and chronic medical problems, and on-site social work services.

Fee: Free, Donations Accepted.

Eligibility & Requirement(s): Must be a S.F. resident. Can't treat liability or legal cases.

Medical Insurance Requirement(s): Must not have any kind of insurance, including Medi-cal.

Citizenship Requirement(s): No immigration requirements unless have to refer to outside source.

Application Process: By phone appointments only, call during business hours.

SCHOOL HEALTH CENTER (SFUSD HEALTH PROGRAMS)

Address: 1515 Quintara St, 94116

Website: www.sfusd.edu/health/shpd/shpd.html

Hours of Operation: Tuesdays and Thursdays, 9:00 am to 1:00 pm

Public Transit: 48 Quintara, 66 Quintara, MUNI METRO L Taraval

Phone: (415) 242-2615

Fax: 415-242-2618

Languages Spoken: English, Spanish, Cantonese, and Mandarin.

Ages Served: Ages 3-12.

Description: Staff work closely with preschool, elementary and middle school children, parents/guardians, classroom teachers, resource specialists and school administrators to identify and manage problems that impair school attendance and achievement. Services include physical/neurological exams, TB testing, hearing and vision testing, blood and urine screening as well as educational screening and immunizations when required.

Fee: Free with qualification; Medi-Cal accepted.

Eligibility & Requirement(s): Children ages 3-12 with learning difficulties.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call or drop-in.

SILVER AVENUE HEALTH CENTER & CHILD DENTAL CLINIC

Address: 1525 Silver Ave., (Near San Bruno Ave.) 94134

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 44 O'Shaughnessy, 9 San Bruno

Phone: (415) 715-0300

Languages Spoken: English Spanish, Tagalog, Cantonese, and Mandarin.

Ages Served: All Ages.

Description: Offers primary, prenatal and well baby care, pregnancy testing and counseling, women's health check-ups & family planning, children's dental clinic for ages 3-17, immunizations, physical examinations, public health nurse (home visits), HIV testing & counseling & WIC program.

Fee: Medi-Cal, Medi-care, Healthy families are accepted (w/proof of SF residency) otherwise costs are based on a sliding scale according to income.

Eligibility & Requirement(s): All are welcomed/San Francisco resident for primary care.

Application Process: Please call for an appointment. 3-4 month wait for 1st time patients for primary care appointments, and 2-3 week wait for immunizations.

SISTER MARY PHILIPPA HEALTH CENTER

Address: 2235 Hayes St.
Hours of Operation: Monday—Friday 8:30am to 4:30pm; Tuesday 10:00am to 4:30pm

Public Transit: 5 Fulton

Phone: (415) 750-5500
Languages Spoken: English, Spanish, Chinese, Vietnamese, and Cambodian.

Ages Served: 16 and older.

Description: Primary care clinic with specialty services available by referral.

Fee: Based on a sliding scale.

Eligibility & Requirement(s): All are welcomed. No immigration requirements or documents needed.

Medical Insurance Requirement(s): None. Medi-Cal and Medicare are accepted.

Application Process: Call for registration and appointment. No drop-ins.

SOUTH OF MARKET (CLINIC) HEALTH CENTER

Address: 551 Minna St. (Btwn. Mission & Howard), 94103
Hours of Operation: Monday—Thursday 8:00am to 5:00pm; Friday 8:00am to 1:00pm; Saturday 8:30am to 1:30pm

Public Transit: 1 California, 4 Sutter

Phone: (415) 626-2951
Languages Spoken: English and Spanish.

Ages Served: Children, teens and adults.

Description: Offers health education, medical care, dental care, podiatry, referrals, counseling, pediatrics, and a teen clinic.

Fee: Sliding scale, Medi-cal, Medi-care, and private insurance.

Eligibility & Requirement(s): Low income from South of Market area, San Francisco resident, must show proof of income and address.

Application Process: Drop-in or call. Approximately a 2-week wait for an appointment.

SOUTHEAST HEALTH CENTER & DENTAL CLINIC

Address: 2401 Keith Street, 94124
Hours of Operation: Monday—Friday 8:00am to 5:00pm
Operation: Wednesday 8:00am to noon

Public Transit: 15 Polk, 54 Fulton

Phone: (415) 715-4000
Languages Spoken: English, Spanish, and Tagalog.

Ages Served: All members of the family, including infant & prenatal care.

Description: Services include: primary care, family planning, prenatal care, confidential HIV testing, STD testing & treatment, pregnancy testing, confidential family planning clinic for teens. A separate immunization clinic for children and adolescents. On-site medical worker who assists clients with SSI and disability applications. Dental services include routine examinations, x-rays, fillings, cleanings, extractions, preventative care, and root canal treatment.

Fee: Sliding scale, Medi-Cal, Healthy Families, or private insurance.

Eligibility & Requirement(s): SF residents only. Need picture ID, income verification & recent utility bill to verify address.

Application Process: Call for an appointment.

ST. ANTHONY FREE MEDICAL CLINIC

Address: 105 Golden Gate Ave., 94102

Website: www.stanthonysf.org

Hours of Operation: Monday—Friday 8:00am to 12:00pm, 1:00pm to 4:30pm (Except Wednesday 8:00am to 12:00pm only). Podiatry: Tuesday 1:00pm, Wednesday 8:00am, Thursday 8:00am and 1:00pm

Public Transit: 9 San Bruno, 14 Mission, 19 Polk, BART Civic Center Station.

Phone: (415) 241-8320

Languages Spoken: English and Spanish.

Ages Served: Under 55.

Description: The Clinic offers services on site such as Podiatry, Mental Health Counseling, Psychiatry, Allergy/Asthma Services, and Nutritional Counseling.

Fee: Free.

Eligibility & Requirement(s): Must not have medical insurance.

Application Process: Drop-in or make an appointment. Line for drop-in starts 30 mins. before clinic opens.

ST. LUKE'S NEIGHBORHOOD CLINIC

Address: 1580 Valencia St., 5th Floor Room #506, 94110

Hours of Operation: Monday—Friday 8:45am to 5:00pm

Public Transit: 26 Valencia, 14 Mission, 49 Van Ness, 27 Bryant

Phone: (415) 647-8111

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: Provides general medical and primary care.

Fee: \$40.00 Regular consultations, \$30 2nd Visit, \$50.00 Physical (Not including prescriptions), Medi-cal is accepted & HMO through St. Luke's Hospital.

Eligibility & Requirement(s): Medi-Cal in San Francisco County.

Application Process: No drop-ins. Call for an appointment.

THE WOMEN'S COMMUNITY CLINIC

Address: 2166 Hayes St, Ste 104, (Btwn. Cole & Shrader), 94117

Website: www.thewomensclinic.org

Hours of Operation: Monday, Tuesday, Thursday evenings 5:00 pm to 9:00 pm, Wednesday 10:00 am to 2:00 pm, Friday 11:00 am drop in (first come first served), 2nd and 4th Saturdays 9:00 am to 1:00 pm.

Public Transit: 21 Hayes, 33 Stanyan, 43 Masonic

Phone: (415) 379-7800

Email: info@thewomensclinic.org
Languages Spoken: English and Spanish.

Ages Served: 12 and up.

Description: Provides complete gynecological and family planning services, STD testing, management for abnormal pap smears, pregnancy testing and counseling, HIV testing and comprehensive STD and safer sex education, and homeopathy, acupuncture, and nutrition counseling. Outreach services include street outreach and community education, a clothing closet and food boxes. We don't provide prenatal or OB services.

Fee: Free.

Eligibility & Requirement(s): Uninsured and female (we do serve FTM transgender clients)

Medical Insurance Requirement(s): Uninsured, underinsured, unable to afford co-payment or special confidentiality needs.

Citizenship Requirement(s): No immigration requirements.

Application Process: None except to complete intake paperwork. Call for an appointment.

VALENCIA HEALTH SERVICES

Address: 1647 Valencia St., 94110

Phone: (415) 647-3666

Hours of Operation: Monday—Friday 8:30am to 12:30pm; 1:30pm to 5:30pm; Wednesday 8:30am to 12:30pm
Public Transit: 26 Valencia, All Mission St lines, BART 24th St. Station

Languages Spoken: English and Spanish.
Ages Served: Birth to 21 years old.

Description: A community clinic providing health care to pediatric and adolescent populations. Health services include family planning, pediatric, and adolescent/young adult care.

Fee: Medical, Private Insurance, sliding scale according to income, Healthy Families, Healthy Kids, or Blue Cross.

Eligibility & Requirement(s): Must meet age requirements & in need of primary health care.

Application Process: Call to make an appointment, request information or drop-in for teen services on Monday 2:00pm to 5:00pm

Financial Aid for Health Services

CHILD HEALTH AND DISABILITY PREVENTION PROGRAM (CHDP)

Address: 30 Van Ness, Suite 210, 94102
Hours of Operation: Monday—Friday 8:00 am to 5:00 pm
Public Transit: 19 Polk

Phone: (415) 575-5712
Languages Spoken: English, Spanish, Cantonese, Mandarin,
Ages Served: 0-18, low income with out Medical, 0-21 with Medical.

Description: A preventive health program that helps low-income children and youth obtain medical and dental care services. The program pays public and private providers to administer periodic wellness examinations to identify health problems early and refer when necessary for further diagnosis and treatment services. Call for assistance and more information about eligibility and finding a CHDP provider.

Fee: Free, Medi-cal accepted.

Eligibility & Requirement(s): Based on family income.

Application Process: Call for more information.

HEALTHY FAMILIES

Website: www.healthyfamilies.ca.gov
Ages Served: Children ages 1 to 19.

Phone: (800) 880-5305
Languages Spoken: English and Spanish.

Description: Health, dental and vision coverage program for children with family incomes above the level eligible for Medi-cal but below 200% of federal poverty level.

Fee: Sliding scale.

Eligibility & Requirement(s): Income guidelines.

Citizenship Requirement(s): Children must be legal residents to apply for full coverage. Call for more information.

Application Process: Call to receive an application or download from website.

SAN FRANCISCO HEALTH PLAN

Address: 568 Howard St. 5th Floor (Btwn. 1st & 2nd) 94105
Website: www.sfhp.org
Hours of Operation: Weekday regular business hours
Public Transit: 76 Marin Headlands, 10 Townsend, 15 Third St, 14 Mission

Phone: (415) 547-7818
Program Enrollment: (415) 777-9992
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: Provides information about low-cost health insurance for children and teens. Call to see if you qualify for Healthy Kids, Medi-Cal, or Healthy Families

Fee: Free.

Eligibility & Requirement(s): Meet income guidelines.

Citizenship Requirement(s): Call for more information.

Application Process: Call for an appointment.

For more agencies that offer Health Services, please see:
Health Hotlines Section, 6
Larkin Street Youth Clinic, 39
Lead Prevention Program, 43

HIV/AIDS AND STD'S TESTING SERVICES

AIDS HEALTH PROJECT

Address: Various locations.
Hours of Operation: Confidential test on Friday Afternoons. Call for more information
Phone: (415) 502-8378
Languages Spoken: English and Spanish-speaking appointments available.

Description: HIV/AIDS testing services available, along with anonymous testing which takes place at various sites in the evening. Call for more information.

Fee: Free/Donation.

Eligibility & Requirement(s): Call for more information.

Application Process: Call for more information or to make a testing appointment.

CLINICA ESPERANZA—MISSION NEIGHBORHOOD HEALTH CENTER

Address: 240 Shotwell St., 94110
Hours of Operation: Tuesday Women Clinic clients only and Wednesday by appointment or drop-in. Call for more information.
Public Transit: 14 Mission, 33 Stanyan, 22 Fillmore, BART 16th St Station
Phone: (415) 552-1013 x293
Languages Spoken: English and Spanish.
Ages Served: Call for more information.

Description: HIV/AIDS testing services available on select hours and days.

Fee: Free.

Application Process: Call for more information.

GLIDE MEMORIAL CHURCH CLINIC, HIV COUNSELING AND TESTING UNIT

Address: 330 Ellis St., Suite #418, 94102
Hours of Operation: Confidential testing Drop-in: Monday 1:00pm to 5:00pm; Tuesday 1:00pm to 7:30pm; Wednesday 9:00am to 1:00pm; Thursday 1:00pm to 5:00pm
Public Transit: 38 Geary, All Market St. Lines
Phone: (415) 674-6140
Languages Spoken: English.
Ages Served: Call for more information.

Description: Confidential HIV testing services available.

Fee: Free/Donation.

Application Process: Call or drop-in.

SAN FRANCISCO CITY CLINIC

Address: 356 7th St., 94103
Hours of Operation: Monday, Wednesday and Friday 8:00am to 4:00pm; Tuesday 1:00pm to 6:00pm; Thursday 1:00pm to 4:00pm
Public Transit: 9 San Bruno, 12 Folsom, 14 Mission, 19 Polk, 26 Valencia, 27 Bryant, 42 Downtown Loop, BART Civic Center Station
Phone: (415) 487-5500
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: Drop-in STD clinic: testing, diagnosis, treatment, and counseling services, confidential HIV testing, reproductive health services for both women and men who have been evaluated for an STD.

Fee: \$10.00 per visit. No one is denied services. Medi-Cal is accepted.

Application Process: Drop-in during hours.

For more agencies that offer HIV Testing Services, please see:

AIDS and STD Hotlines Section, 5
Balboa Teen Health Center, 28
Castro Mission Health Center, 30
Dimensions Clinic, 76
Huckleberry's Cole Street Clinic, 28
Larkin Street Youth Clinic, 39
Lyon Martin Women's Health Services, 31
Maxine Hall Health Center, 31
Mission Neighborhood Health Center, 31
New Generation Health Center, 29
Ocean Park Health Center, 32
Planned Parenthood, 29
Potrero Hill Health Center, 32
RAP Teen Clinic, 28
SF AIDS Foundation, 71
Silver Avenue Health Center & Child Dental Clinic, 33
Southeast Health Center & Dental Clinic, 34
Women's Community Clinic, 35

HOUSING & EMERGENCY SHELTERS

Affordable Rental and Housing

INDEPENDENT HOUSING SERVICES OF SAN FRANCISCO

Address: 649 Mission St., 3rd Floor, 94105

Website: www.ilrcsf.org

Hours of Operation: Monday—Thursday 9:00am to 5:00pm; Friday 9:00am to 3:00pm

Public Transit: All Market St lines, 14 Mission, BART

Montgomery St Station

Phone: (415) 543-6222

Spanish: (415) 543-6743

Languages Spoken: English and Spanish speaking staff available.

Ages Served: All Ages.

Description: Provides housing referrals and help applying for rental assistance programs for people with disabilities and seniors over sixty.

Fee: Free.

Eligibility & Requirement(s): Must have a disability.

Application Process: Call for an appointment or drop in to view the housing bulletin board.

Emergency Housing for Teens

DIAMOND YOUTH SHELTER

Address: 536 Central Ave. (at Hayes), 94117

Phone: (415) 567-1020

Hotline: (800) 669-6196

Hours of Operation: Every day 8:30 pm to 8:00 am

Languages Spoken: English and Spanish.

Public Transit: 43 Masonic, 21 Hayes

Ages Served: 12-17 years old.

Description: Provides food, showers, and emergency shelter.

Fee: Free.

Eligibility & Requirement(s): Must meet age requirements and homeless.

Application Process: Intake.

HUCKLEBERRY HOUSE

Address: 1292 Page St. (near Lyon), 94117

Website: www.huckleberryyouth.org

Hours of Operation: 24-hours every day.

Public Transit: 7 Haight, 71 Haight, 6 Parnassus, 43 Masonic,

24 Divisadero

Phone: (415) 252-2950

Hotline: (415) 621-2929

Languages Spoken: English, Spanish speaking staff depending on shifts.

Ages Served: 11-17 years old.

Description: 24-hour crisis shelter for runaway and homeless youth that provides comprehensive social and residential services for at-risk adolescents and their families. Families are also welcome for counseling.

Fee: Free.

Eligibility & Requirement(s): Must be a San Francisco resident and in the age range of 11-17

Application Process: Call or drop-in.

LARKIN STREET YOUTH CENTER

Address: 1138 Sutter St., 94109

Website: www.larkingstreetyouth.org

Hours of Operation: Drop-in Center: Monday—Friday 8:30am to 8:30pm; Saturday—Sunday 11:30am to 9:30pm

Public Transit: 2 Sutter, 1 California, 38 Geary

Phone: (415) 673-0911

Email: mail@larkingstreetyouth.org

Languages Spoken: English and Spanish.

Ages Served: 12 to 24 years old.

Description: Provides direct services for homeless and runaway youth, including emergency shelter, counseling, family reunification, employment services, and medical clinic, HIV testing and treatment, a drop-in center, and outreach.

Fee: Free.

Eligibility & Requirement(s): Any homeless and young person ages 12-24 years old.

Application Process: Drop-in.

Emergency Housing for People Ages 18 and older

A WOMAN'S PLACE

Address: 1049 Howard St, (Btwn. 6th and Russ) 94103

Hours of Operation: 24 hours daily.

Public Transit: All Mission and Market St lines, 14 Mission, 26

Valencia, 12 Folsom.

Phone: (415) 487-2140

Languages Spoken: English.

Ages Served: 18 and older.

Description: Emergency shelter for homeless women without children, along with referrals, counseling, and medical information. 5 crisis beds and long-term housing for HIV or multi-diagnosed women. Transitional Housing services available.

Fee: Free.

Eligibility & Requirement(s): Must be female, 18 or older with substance abuse problems. Need to get fingerprinted, and entered into MET computer system.

Application Process: Intake & sign on waiting list through Ozaman, Salvation Army, or McMillan Drop-in Detox.

CENTRAL CITY HOSPITALITY HOUSE

Address: 290 Turk

Website: www.hospitalityhouse.org

Hours of Operation: Open 24 hours.

Phone: (415) 749-2103

Email: info@hospitalityhouse.org

Languages Spoken: English and Spanish.

Public Transit: Call for more information.

Ages Served: 18 and older.

Description: Drop-in center, men's shelter and art program.

Fee: Free.

Citizenship Requirement(s): None.

Application Process: Talk to staff.

COMPASS COMMUNITY SERVICES: CONNECTING POINT PROGRAM

Address: 995 Market St., 6th Floor, 94103

Phone: (415) 442-5134

Website: www.compass-sf.org

Email: connectingpoint@compass-sf.org

Hours of Operation: Hotline, Monday—Friday 9am to 5pm.

Languages Spoken: English and Spanish.

Public Transit: All Market St. lines, MUNI METRO Powell St, BART Powell St Station

Ages Served: Primary caregiver/parent must be at least 18 years old or legally emancipated.

Description: Compass Community Services provides homeless and low-income families in S.F. with crisis intervention, shelter, counseling, pre-employment training, childcare, transitional housing, and help finding and keeping permanent housing. Connecting Point helps families who are homeless or nearly homeless access the family shelter system. Through the hotline, also provides crisis counseling, and information & referrals.

Fee: Free.

Eligibility & Requirement(s): Must be a family with at least one minor child in their legal and physical custody, or one adult in the family must be pregnant.

Citizenship Requirement(s): No immigration requirements or documents needed.

Application Process: Call the Connecting Point Crisis Hotline (888) 811-7233 to do a phone intake.

CLARA HOUSE

Address: 111 page Street (Btwn. Gough and Octavia), 94102

Phone: (415) 863-0681

Website: www.compass-sf.org

Email: chdirector@compass-sf.org

Hours of Operation: Monday—Friday 8am to 6pm.

Languages Spoken: Interpreters with some Spanish-speaking capability on-site.

Public Transit: Market St. lines, MUNI METRO Van Ness Station.

Ages Served: Adults.

Description: Transitional housing for 13 homeless families for up to two years. Private apartments and on-site services include full-day childcare and after-school programs, case management, education-employment counseling, therapy, life skills workshops, recovery support, referrals to all medical/dental and other health needs, community events.

Fee: Participants pay 30% of their monthly income towards housing fee and 20% towards mandatory savings to be returned on exit.

Eligibility & Requirement(s): Homeless families must be referred from other social service agency and provide documentation that meet HUD's criteria for homelessness.

Citizenship Requirement(s): No citizenship requirements. Goal is training and stable employment/housing.

Application Process: Intake involves agency referral and completion of referral from agency that has some history with family. Interview process includes initial intake, education-employment interview and clinical interview. Current waitlist is several months but referrals always taken.

DOLORES STREET COMMUNITY SERVICES

Address: 938 Valencia St.

Phone: (415) 282-6209

Dolores Housing Program: (415) 282-3078
Hours of Operation: Varies
Public Transit: 26 Valencia, 33 Stanyan, 14 Mission

Richard Housing Program: (415) 558-0503
Languages Spoken: English and Spanish.
Ages Served: 18 years and older.

Description: We are the only shelter for men in the Mission targeting the Latino working and homeless population. Valencia Community Center provides a space for the neighborhood and community organizations to meet. 90 beds available in summer, and 120 beds in winter.

Richard M. Cohen residence is a 10 bed assisted living residence.

Fee: Call for more information.

Eligibility & Requirement(s): For clean and sober men, call for more information.

Application Process: Call for more information.

EPISCOPAL SANCTUARY

Address: 201 8th St. (at Howard)
Hours of Operation: 4:00pm to 8:00am
Public Transit:

Phone: (415) 863-3893
Languages Spoken: English and Spanish.
Ages Served: 18 and older.

Description: Stay 1 night on a cot or up to 30 days if a bed is available. No children.

Fee: Free.

Eligibility & Requirement(s): Can't be respite clients, must be able to care for themselves.

Application Process: Drop-in during intake hours: 4:00 pm to 6:00 pm

GUERRERO HOUSE

Address: 899 Guerrero St., 94114
Hours of Operation: Call for more information
Public Transit: 14 Mission, 26 Valencia, 48 Quintara, MUNI METRO J Church

Phone: (415) 550-4478
Languages Spoken: English and Spanish.
Ages Served: Ages 18 to 21 years old

Description: 20 bed transitional living program for homeless youth ages 18-21. We provide housing, meals, case management, vocational counseling, substance abuse counseling, and life skills training.

Fee: 30% of income, call for more information.

Eligibility & Requirement(s): Must meet age requirements.

Application Process: Drop-in Tuesday 6:30pm to 8:00pm. There is a 7-month waiting period, priority given to HIV positive youth.

HAMILTON FAMILY EMERGENCY CENTER

Address: 1525 Waller St., 94117
Website: www.hamiltonfamilycenter.org
Hours of Operation: Center open 24hrs/7days a week.
Public Transit: 7 Haight, 71 Haight

Phone: (415) 665-2354
Shelter Services: (415) 655-4522
Languages Spoken: English and Spanish.
Ages Served: Adults with children.

Description: Emergency center for families who have no other options for temporary housing and are waiting for placement in full-service shelter. Case management services for all families are provided to identify needs & available resources. Meals & all other personal needs are provided. Clients can call for one-night emergency or 60-day stay beds.

Fee: Free.

Eligibility & Requirement(s): Must be a family. Pregnant women (18 & up) must be 7 months or more and bring in proof of pregnancy. If 6 months pregnant must bring proof of high risk.

Application Process: Must call between 11am to 12pm Monday—Friday to sign up of a bed.

HELPLINK SHELTER REFERRAL

Hotline: (800) 273-6222

Languages Spoken: English and Spanish.

Description: Fifteen emergency shelters are provided to protect people in crisis and help them transition to more permanent housing. Services may include case management, substance abuse treatment, mental health services, health clinics, meals, money management, education and employment counseling, housing placement, child care assistance and advocacy. Shelter spaces are reserved for one- to seven-night stays at the five Resource Centers.

LA CASA DE LAS MADRES

Address: 1850 Mission St., Suite B, 94103

Phone: (415) 503-0500

Adult Hotline: (877) 503-1850

Teen Hotline: (877) 923-0700

Website: www.lacasa.org

Email: info@lacasa.org

Hours of Operation: Monday—Friday 8:30am to 5:00pm

Languages Spoken: English and Spanish.

Public Transit: 14 Mission, 49 Van Ness, 26 Valencia, BART

Transit: 16th St Station

Ages Served: 18 and older and their families.

Description: Provides emergency shelter and supportive services such as counseling and support groups, emergency material aid (food, clothing, etc.) to women, teen and children survivors/victims of domestic/dating violence.

Fee: Free.

Eligibility & Requirement(s): Victims and survivors of domestic/dating violence.

Application Process: Call to make an appointment and/or to obtain specific information regarding program-offering requirements.

MARIAN RESIDENCE

Address: 1171 Mission St. (Btwn. 7th & 8th)

Phone: (415) 241-2688

Website: www.stanthonysf.org

Languages Spoken: English and Spanish.

Hours of Operation: Open 24 hours.

Ages Served: 18 and older.

Description: 30 beds for single alcohol and drug-free women, showers are required every night, unlimited stay.

Fee: Free.

Eligibility & Requirement(s): Women without children.

Application Process: Drop-in not later than 7:00 pm.

RAPHAEL HOUSE

Address: 1065 Sutter St. (Btwn. Hyde & Lark), 94109

Phone: (415) 474-4621

Website: www.raphaelhouse.org

Email: info@raphaelhouse.org

Hours of Operation: 24 hours a day

Languages Spoken: English and Spanish.

Public Transit: 4 Sutter, 38 Geary

Ages Served: Adults with children.

Description: Provides private bedrooms, clothes, community rooms and a laundry facility, in addition to numerous counseling and adult education services. Originally an emergency shelter, Raphael House is now composed of four distinct but interconnected elements: Family Shelter (Residential Program); Casework, Counseling and Education; Children's Program; Aftercare Program.

Fee: \$3.00 a day for adults, \$2.00 a day for children.

Eligibility & Requirement(s): Must be motivated, clean and sober or in a recovery program.

Citizenship Requirement(s): No immigration requirements or documents needed.

Application Process: Call the Connecting Point hotline at (888) 811-7233

RICHMOND HILLS FAMILY CENTER

Address: 6324 Geary Blvd, 94121

Phone: (415) 750-5080

Website: www.ccyo.org

Hours of

Operation: Business Hours: Monday—Friday 9 am to 9 pm.

Languages Spoken: English.

Public Transit: 38 Geary, 2 Clement, 29 Sunset.

Ages Served: Adult with child.

Description: Provides 13 families with transitional housing, a supportive environment, and comprehensive services for a two-year period. Services include educational and employment readiness program, 1 on 1 case management, and children activity programs.

Fee: Application process free, housing program fee is 30% of income.

Eligibility & Requirement(s): Documentation of homelessness. Must be a family.

Citizenship Requirement(s): No immigration requirements.

Application Process: Must be referred by an agency/case manger. Call for more information.

Health & Safety in the House

DEPT. OF BUILDING INSPECTION HOUSING—INSPECTION SERVICES

Address: 1660 Mission St, 94103

Phone: (415) 558-6220

Hours of Operation: Call for more information.

Languages Spoken: English.

Public Transit: 49 Van Ness, 14 Mission St

Ages Served: Adults.

Description: Inspects homes, investigates violations, and enforces building codes. Provides information about how building codes apply to housing issues.

Application Process: Call for an appointment.

DEPT. OF PUBLIC HEALTH—ENVIRONMENT HEALTH MANAGEMENT

Address: 1390 Market St. Room #210, 94102

Phone: (415) 252-3800

Hours of Operation: Call for more information.

Languages Spoken: English.

Public Transit: 26 Valencia, 9 San Bruno, 21 Hayes, 47 Van Ness, 14 Mission, MUNI METRO F Market & Wharves

Ages Served: Adults.

Description: Inspects and evaluates homes for environmental hazards and gives recommendations to control mold, rodents, cockroaches, and other pests in the home.

Fee: Varies, call for more info.

Eligibility & Requirement(s): Call for more information.

Application Process: Call for an appointment.

LEAD PREVENTION PROGRAM OF ST. PETER'S HOUSING COMMITTEE

Address: 474 Valencia St. Suite 156, 94103

Phone: (415) 487-9203

Hours of Operation: Monday, Wednesday, Friday 9:00am to 5:00pm; Tuesday, Thursday 1:00pm to 5:00pm
Public Transit: All Mission St. lines, 26 Valencia, 22 Fillmore, BART 16th St Station
Description: Provides education and information about lead hazards in the home. Now providing free lead sampling tests.
Fee: Free.
Application Process: Call to make an appointment.

Languages Spoken: English and Spanish.
Ages Served: All Ages.

Tenants' Rights

S.F. RESIDENTIAL RENT STABILIZATION AND ARBITRATION BOARD

Address: 25 Van Ness Ave., Suite 350, 94102
Website: www.sfgov.org/rentboard
Hours of Operation: Office: Monday—Friday 8:00am to 5:00pm. Counseling: Monday—Friday 1:00pm to 4:00pm
Public Transit: 49 Van Ness, 26 Valencia, 9 San Bruno, MUNI METRO Van Ness Station
Description: Provides information on rent ordinances, allowable rent increase, and lawful eviction.
Fee: Free.
Eligibility & Requirement(s): Only properties in San Francisco are covered.

Phone: (415) 252-4600
Counseling Phone: (415) 252-4602
Languages Spoken: English, Spanish, and Cantonese.
Ages Served: All Ages.

SAN FRANCISCO TENANTS UNION

Address: 558 Capp St., 94110
Website: www.sftu.org
Hours of Operation: Varies, call for hours.
Public Transit: All Mission St. lines.
Description: The San Francisco Tenants union is a membership-based organization that provides services to tenants such as drop-in tenant counseling and education and organizing.
Fee: Donation \$10.00-\$20.00, Membership \$25.00-\$40.00, No one is turned away for lack of funds.
Eligibility & Requirement(s): Tenants Only.
Application Process: Call for more information.

Phone: (415) 282-6622
Email: info@sftu.org
Languages Spoken: English, Some Spanish, and Bi-lingual Counseling.
Ages Served: All Ages.

For more agencies that offer Housing Services, please see:
 Tenderloin Housing Clinic—Law Office, 49

IMMIGRATION & REFUGEE SERVICES

CATHOLIC CHARITIES OF THE ARCHDIOCESE OF SAN FRANCISCO, CITIZENSHIP, REFUGEE AND IMMIGRATION SERVICES (CRIS)

Address: 240 Golden Gate Ave #100, 94102
Hours of Operation: Call for more information.
Public Transit: All Mission St lines, BART Civic Center Station
Description: Helps & assists in resettling and providing comprehensive services for refugee communities and to low-income immigrants. Services include help finding housing, health care, employment, ESL classes, rental assistance program, legal immigration issues, including adjustment of status and family reunification.
Fee: Call for more information.
Application Process: Call for more information.

Phone: (415) 345-1290
Languages Spoken: English.
Ages Served: 18 and older.

CONSULATE OF MEXICO

Address: 532 Folsom St., (Btwn. 1st and 2nd St) 94105

Website: www.consulmexsf.com

Hours of Operation: Monday—Friday 8:00 am to 1:00 pm.

Public Transit: All Market St Lines, BART Montgomery Station

Phone: (415) 354-1700

Email:

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: The General Consulate of Mexico in San Francisco is the consular representation of the Mexican Government. We offer services of protection, expedition of passports, permissions from internment to Mexico, and register Mexicans that are abroad.

Fee: Free.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call for an appointment.

INTERNATIONAL INSTITUTE OF SAN FRANCISCO

Address: 657 Mission Street #500, 94105

Website: www.iisf.org

Hours of Operation: Monday—Friday 8:30 am to 5:00 pm

Public Transit: All Market St. lines, BART Montgomery St Station

Phone: (415) 538-8100

Email: ihafizov@iisf.org

Languages Spoken: English, Spanish, Russian, and Chinese

Ages Served: All Ages.

Description: Our services assist people prepare for INS interviews and apply for naturalization, assist people to navigate the rules, regulations, and procedures governing U.S. immigration. The Newcomers Health Program promotes the health and well being of refugees and immigrants in San Francisco. Our Youth Cares Program brings together a diverse group of youth to gain leadership and job skills in our intergenerational and peer-tutoring programs.

Fee: for immigration law services, sliding scale

Eligibility & Requirement(s): Varies, call for more information.

Application Process: Varies by program, see website.

LA RAZA COMMUNITY RESOURCE CENTER

Address: 474 Valencia St Suite #100, 94103

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public Transit: 26 Valencia

Phone: (415) 863-0764

Languages Spoken: English and Spanish.

Ages Served: Families and children ages 0 to 12 years old.

Description: Provides case management, family advocacy, a food pantry, translating and editing services, free legal consultation, immigration services, information and referral and many social services are also available.

Fee: Free.

Eligibility & Requirement(s): Varies by program.

Application Process: Drop-in

MUJERES UNIDAS Y ACTIVAS

Address: 3543 18th St, Room 23 (Near Valencia), 94110

Address: 2647 International Blvd. #108 (27th Ave), Oakland

Hours of Operation: San Francisco: Tuesday 11:00am to 1:00pm;
Oakland: Wednesday 4:00pm to 6:00pm

Public Transit: (San Francisco Location) MUNI 33 Stanyan, 26 Valencia, all Mission St. lines

Phone: (415) 621-8140

Phone: (510) 261-3398

Languages Spoken: Meetings are conducted only in Spanish.

Ages Served: All Ages (Childcare: 6 months to 12 years old).

Description: We are dedicated to organizing and educating immigrant Latinas. Members are given leadership training and participate in educational activities concerning health, domestic violence, legal rights of immigrants, jobs, etc. Childcare is provided at no cost during the meetings.

Fee: Free.

Eligibility & Requirement(s): Must be Latina.

Application Process: Drop-in.

REFUGEE TRANSITIONS

Address: 870 Market St., Suite 219, 94102

Website: www.reftrans.org

Hours of Operation: Monday—Friday 9am to 6pm.

Public Transit: MUNI METRO/BART Powell Street Station

Phone: (415) 989-2151

Email: reftrans@reftrans.org

Languages Spoken: English, Spanish, Bosnian,

Croatian, and Serbian.

Ages Served: All Ages.

Description: Our mission is to assist refugee and immigrant families in becoming self-sufficient in the U.S. by providing services that help individuals and families master the English language and attain the life, job, and academic skills they need to flourish.

Fee: \$10 (for books and training)

Eligibility & Requirement(s): No 2nd language knowledge or experience is necessary, just a willingness to commit to 6 months of teaching 2 hours/week.

Citizenship Requirement(s): No immigration requirements.

Application Process: To download an application, go to our website, or call (415) 989 2151 to have it mailed to your address.

For more agencies that offer Immigration Services, please see:

CARCEEN, 63

City College—Mission Campus, 14

County Adult Assistance Programs, 59

El Buen Samaritano, 64

Family Resource Services, 65

Immigrant Assistance Line, 6

International Institute of San Francisco, 45

Instituto Laboral de la Raza, 49

La Raza Centro Legal, 49

LEGAL SERVICES

The Legal Advice and Referral Clinic (LARC) is a monthly, drop-in clinic where clients (regardless of income or legal issues) can receive a brief legal consultation and, if needed, referral to an agency or to the Lawyer Referral and Information Service (LRIS). The clinic takes place on the second Saturday of every month from 10:30 a.m. to 12:00 p.m. in the main branch of the San Francisco Public Library in the Civic Center area (100 Larkin St.) in the Latino/Hispanic Community Meeting Room. Spanish, Mandarin, Cantonese and Russian may be available.

Legal Services for Children and Teens

LEGAL SERVICES FOR CHILDREN

Address: 1245 Market St, 3rd Floor, 94102

Website: www.lsc-sf.org

Phone: (415) 863-3762

Email:

Hours of Operation: Monday—Friday 9:00am to 5:00pm, Walk-in Clinic: Wednesday 4:00pm to 6:00pm

Public Transit: 19 Polk, All Market St lines, BART/MUNI METRO Civic Center

Languages Spoken: English, Spanish, Cantonese, Mandarin, Tagalog, and Portuguese.

Ages Served: 17 and under.

Description: Offers comprehensive legal representation for minors.

Fee: All services are free.

Eligibility & Requirement(s): Must be under the age of 18. No other requirements.

Application Process: Call or attend free legal clinic.

YOUTH LAW CENTER (YLC)

Address: 417 Montgomery Street, Suite 900, 94104

Website: www.ylc.org

Hours of Operation: Monday—Friday 9:00 a.m. to 5:00 p.m.

Public Transit: 1 California, BART Montgomery Station (few blocks away)

Phone: (415) 543-3379

Email: info@ylc.org

Languages Spoken: English only.

Ages Served: Birth to eighteen.

Description: YLC works to protect the rights of children and youth in the juvenile justice and foster care systems through public education, information and referral, legislative advocacy, and impact litigation.

Fee: Free.

Eligibility & Requirement(s): YLC only represents children and youth who are in or at risk of being in the juvenile justice and foster care systems.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call the main number to see if the Youth Law Center can assist or refer.

General Legal Offerings

BAR ASSOCIATION OF SAN FRANCISCO

Address: 465 California St. #1100, 94104

Website: www.sfbar.org

Hours of Operation: Monday—Friday 8:30am to 5:30pm

Public Transit: Telephone Service Only.

Phone: (415) 989-1600

Email: lrs@sfbar.org

Languages Spoken: English, Spanish, Cantonese, Mandarin, Vietnamese, and French.

Ages Served: All Ages.

Description: The LRIS makes referrals to licensed, insured attorneys experienced in the area of law related to your legal problem. If a lawyer's advice is recommended, an appointment will be made for you, usually within two working days. Our staff will consider your specific legal problem, as well as your location and language requirements in order to make the most appropriate and convenient referral possible. You will be referred to an attorney who has met established standards of professional experience in the area, or areas, of law that relate to your legal problem. Remember, you are under no obligation to retain the attorney to whom you are referred.

Fee: The referral and first 30-minute consultation with an attorney are free if you have been physically injured. For other legal matters, there is a \$25 fee for the referral and first 30-minute consultation with the attorney.

Eligibility & Requirement(s): Legal matter should be located in San Francisco. No immigration requirements or documents needed.

BAY AREA LEGAL AID

Address: 50 Fell St, 1st Floor, 94102

Website: www.baylegal.org

Phone: (415) 982-1300

Email:

Hours of Operation: Monday—Friday 9:00am to Noon and 1:00pm to 5:00pm

Languages Spoken: English, Spanish, Cantonese, and Vietnamese.

Description: Provides free legal services in the priority areas of housing, domestic violence, public benefits and health access. Our attorneys and advocates assist many individuals and families with complex legal issues involving unlawful detainment, social security, Medi-cal, spousal abuse and array of legal issues within our priorities.

Fee: Free.

Eligibility & Requirement(s): Must meet our financial guidelines and be a citizen or eligible non-citizen. Our full legal representation is limited to eligible clients who live in the counties of Alameda, Contra Costa, Marin, Napa, Santa Clara, San Francisco, and San Mateo.

Citizenship Requirement(s): Generally, non-citizens should have their permanent resident cards or other documentation showing their status. Call to verify requirements.

Application Process: Call for an appointment.

EMPLOYMENT LAW CENTER

Address: 600 Harrison St. Suite #120, 94107

Website: www.las-elc.org

Hours of Operation: Varies, please call first.

Public Transit: 12 Folsom, 15 Third St., BART Montgomery Station

Phone: (415) 864-8848

Email:

Languages Spoken: English, Spanish, Cantonese, and Mandarin.

Ages Served: All Ages.

Description: Provides services to persons who have employment discrimination or wage claims, as well as other types of work-related legal problems. Website is very informative.

Fee: Fee is on a sliding scale according to income.

Eligibility & Requirement(s): Informal income evaluation.

Application Process: Please call first for more information.

FAMILY LAW SELF-HELP CENTER

Address: 400 McAllister, Room 009 (Lower level)

Hours of Operation: Monday—Thursday 8:30am to Noon, 1:30pm to 4:00pm.

Phone: (415) 551-3991

Languages Spoken: English and Spanish.

Description: Free legal assistance with child support. Bring all your documents related to your case such as pay stubs, etc.

Fee: Free.

Application Process: Drop-in, First come, first served

LAWYERS' COMMITTEE FOR CIVIL RIGHTS OF THE S.F. BAY AREA

Address: 131 Stewart St., Suite 400, 94105

Website: www.lccr.com

Hours of Operation: Monday—Friday 9:00am to 5:30 pm; Tuesday Clinics begin at 5:30pm.

Public Transit: 14 Mission, 7 Haight, 71 Haight, 21 Hayes, BART/METRO MUNI Embarcadero Station

Phone: (415) 543-9444

Email: info@lccr.com

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: The lawyers' committee, Tuesday night legal services clinic provides legal information and representation for eviction claims, consumer problems/debt collection, uninsured motorist accidents, government benefits, tort defense, and school suspension or expulsions.

Fee: Free.

Eligibility & Requirement(s): Residents of San Francisco, primarily low-income.

Application Process: Call for an appointment, as soon as possible, to screen the case before the next available Tuesday clinic.

TENDERLOIN HOUSING CLINIC—LAW OFFICE

Address: 126 Hyde St. (Btwn. Golden Gate & Turk St),
94102

Phone: (415) 771-9850

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Languages Spoken: English and a Spanish-speaking lawyer available.

Public Transit: 31 Balboa, All Market St. Lines

Ages Served: Adults.

Description: Advocates for and offers services to tenants with claims against their landlords in the tenderloin community.

Fee: Free.

Application Process: Call or drop in during hours.

Immigration

INSTITUTO LABORAL DE LA RAZA

Address: 2947 16th St, 94103

Phone: (415) 431-7522

Website: www.ilaboral.org

Email: ilaboral@aol.com

Hours of Operation: Monday—Friday 8:30am to 6:30pm; Saturday
11:00am to 4:00pm

Languages Spoken: Spanish

Public Transit: 22 Fillmore, 14 Mission, 33 Stanyan, 49 Van
Ness, BART 16th St Station

Ages Served: Ages 16-76 years old.

Description: Legal services for working poor immigrant families, wage claims, workplace injuries.

Fee: Free.

Application Process: Must fill out intake and demographic forms.

LA RAZA CENTRO LEGAL

Address: 474 Valencia St. Room 295, 94103

Phone: (415) 575-3500

Website: www.lrcl.org

Hours of Operation: Monday—Friday 10:00am to 12:00pm and
1:00pm to 4:00pm

Languages Spoken: English, Spanish-speaking
bilingual staff available.

Public Transit: 22 Fillmore, 26 Valencia, All Mission lines,
BART 16th St Station

Ages Served: All Ages.

Description: Provides free information on legalization and immigration laws. Holds immigration clinics every 2nd and 4th Thursday of the month from 5:45pm to 6:45pm

Fee: Costs are based on a sliding scale according to income. Call for more information.

Eligibility & Requirement(s): All are welcomed.

Application Process: Call for appointment to attend immigration clinics.

For more agencies that offer Legal Services, please see:
CARECEN, 63
Equal Rights for Women, 83
Legal Assistance for the Elderly, 74

MENTAL HEALTH SERVICES

Adult Mental Health Services

CENTER FOR SPECIAL PROBLEMS

Address: 1700 Jackson St (at Van Ness St), 94109

Phone: (415) 292-1500

Hours of Operation: Tuesday, Friday 8:00 am to 5:00 pm; Monday,
Wednesday, Thursday 8:00 am to 7:30 pm

Languages Spoken: English, Spanish, and
Cantonese.

Public Transit: 27 Bryant, 49 Van Ness, 47 Van Ness, 12
Folsom, 19 Polk

Ages Served: 18 & up.

Description: HIV Mental Health Case Management Program offers services including assessment, individual and group psychotherapy, and psychiatric medication support.

Trauma Resolution provides individual and group counseling to women and men who are victims of sexual, physical or emotional abuse, rape, incest, hate crimes, and domestic violence. Gender Identity Services Program provides individual psychotherapy, medication services, and case management. Complex issues such as cross-dressing, hormonal treatment, and transitioning are addressed. Offender Services offers a variety of treatment programs.

Fee: Sliding scale, accept Medi-cal, Medi-care.

Eligibility & Requirement(s): SF resident, medical necessity criteria.

Citizenship Requirement(s): None.

Application Process: Contact office from 9:30am to 11:30am, 2:00pm to 4:00pm

MISSION COUNCIL FAMILY DAY TX AND AFTER CARE PROGRAM

Address: 474 Valencia St, Suite 135, 94103

Website: www.missioncouncil.org

Hours of Operation: Monday—Friday 9:30 am to 7:30 pm; Saturday 9:00 am to 3:00 pm

Public Transit: 26 Valencia, BART 16th St Station

Phone: (415) 864-0554

Email: vpfdtp@pacbell.net

Languages Spoken: English and Spanish.

Ages Served: 18 and older.

Description: Provides substance abuse counseling, parenting, anger management and women support groups.

Fee: Free.

Eligibility & Requirement(s): Latino families suffering from substance abuse addiction(s).

Application Process: Call for an appointment.

MISSION MENTAL HEALTH CLINIC

Address: 2712 Mission St. (Btwn. 23rd & 24th St.), 94110

Hours of Operation: Monday—Friday 9:00 am to 11:00 am and 1:00 pm to 4:00 pm; Wednesday 9:00 am to 11:00 am and 3:00 pm to 4:00 pm

Public Transit: All Mission St. lines; BART 24th St Station

Phone: (415) 401-2700

Languages Spoken: English and Spanish.

Ages Served: Adults.

Description: Provides mental health therapy and support, counseling for depression, anxiety, suicidal and other mental health concerns and psychiatric treatment.

Fee: Free.

Eligibility & Requirement(s): Must be a San Francisco resident.

Citizenship Requirement(s): No immigration requirements or documents needed.

Application Process: Call or drop-in during office hours.

PSYCHOLOGICAL SERVICES CENTER

Address: 1390 Market St., Suite 111A, 94102

Website: <http://www.ciis.edu/counseling/psc/index.html>

Hours of Operation: Monday through Friday, 8am to 8pm and Saturdays by appointment.

Public Transit: Mission St. lines, BART Civic Center Station

Phone: (415) 575-6200

Email:

Languages Spoken: English and Spanish.

Ages Served: 18 and over.

Description: Our services include short and long-term therapy, Individual Counseling, Family and Couples Therapy, Support and Therapy Groups, Vocational and Psychological Testing, Resource and Referral Services. We address specific problems in areas such as life transitions & recovery, stress & anxiety, depression, relationships, grief & loss, GLBT issues, AIDS/HIV, alcohol, chemical dependency, and psycho-spiritual issues.

Fee: Appointments are available for a Medi-cal or sliding scale fee, which begins at \$25 per session, \$37 for couples. We regret that Medi-Care, or health insurance plans are not accepted at this time.

Application Process: Call for an appointment.

Family (All Ages) Mental Health Service

COMPREHENSIVE CHILD CRISIS SERVICE

Address: 3801 3rd St., Suite 40, 94124

Hours of Operation: Open 24 hours for crisis (crisis visits arranged by phone), and by appointment Monday – Friday, 8:30am – 7pm

Public Transit: MUNI 15 Third St, 19 Polk

Phone: (415) 970-3800

Languages Spoken: English, Spanish, Vietnamese, Cantonese, and Tagalog.

Ages Served: Ages 3-17 years old.

Description: Offers 24-hour crisis intervention service for children, teens and their families. Mental health crisis evaluations for children who are suicidal, homicidal, and in crisis to determine if they meet criteria for involuntary psychiatric hospitalization, also 2 month short-term treatment. In addition, we offer individual & family counseling, case management services, medication evaluation & prescription.

Fee: Medi-Cal, Sliding scale.

Eligibility & Requirement(s): Must be under 18 years old, living in S.F. or “in crisis” in S.F.

Medical Insurance Requirement(s): Medi-Cal accepted, otherwise fees based on a sliding scale.

Application Process: Call for an appointment. No drop-ins.

FAMILY MOSAIC PROJECT

Address: 1309 Evans Street, 94124

Hours of Operation: Monday–Friday 9:00am to 5:00pm

Public Transit: 15 Third, 44 O’Shughnessy, 19 Polk

Phone: (415) 206–7600

Languages Spoken: English, Spanish, Chinese, Cantonese, and Tagalog

Ages Served: 3-18 years old.

Description: Provides mental health and support services for out-of-home and at-risk children and youth. Working with the family, the client’s advocate develops a care plan based on the assessment data. The care plan includes goals to address needs covering all areas of the child’s life-mental & physical health, education, recreation, & family support.

Fee: Medi-cal.

Eligibility & Requirement(s): The child must be (1) seriously emotionally troubled; (2) between 3-18 years; (3) at imminent risk of or already in out of home placement. Also must be medi-cal eligible.

Application Process: Call to speak to intake coordinator.

GRIEF RELATED SERVICES AT CESP

Address: 3330 Geary (at Parker), 3rd Floor

Website: www.ioaging.org

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 38 Geary

Phone: (415) 750-4180 ext. 230

Email: kbaldwin@ioaging.org

Languages Spoken: English, Spanish, Russian, Mandarin.

Ages Served: Call for more information.

Description: For people of any age who have experienced difficult, sudden, or traumatic loss. Traumatic Loss Group, drop-in Saturday 10:30am-12pm. 8-week traumatic loss grief group & individual grief counseling.

Fee: Donation requested, no one turned away for lack of funds.

Application Process: Call 750-4150 ext. 333 for more information.

INSTITUTO FAMILIAR DE LA RAZA

Address: 2919 Mission St. 94110
Hours of Operation: Monday—Friday 9:00am to 5:00pm
Public Transit: All Mission Lines, 48 Quintara, 67 Bernal Heights, BART 24th St Station

Phone: (415) 229-0500
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: Offer individual, family, and group therapy services, medication support services, consultation, information and referral. Also provides drumming, theater, art, and writing workshops/groups for youth.

Fee: Costs are based on a sliding scale according to income. Medi-cal is accepted.

Eligibility & Requirement(s): Call for more information.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call for appointment. Intake hours are Tuesday—Friday 9:00am to 1:00pm.

KIDS' TURN

Address: 1242 Market St., 2nd Floor, 94102
Website: www.kidsturn.org
Hours of Operation: Monday—Friday 9:00am to 5:00pm
Public Transit: BART Civic Center

Phone: (415) 431-0700
Email: kidsturn@earthlink.net
Languages Spoken: English, Spanish, Chinese.
Ages Served: 0-17 and Parents.

Description: Offers psycho-educational workshops (6 weeks long and meet once a week for 1.5 hours). For families, children & parents who have undergone divorce and/or separation.

Fee: Sliding scale.

Eligibility & Requirement(s): Parents must be living separately.

Application Process: Online or call for packet.

S.F. BAY COUNSELING

Address: 1700 Irving St., 94122
Hours of Operation: Tuesday—Friday 11:00am to 6:00pm; Saturday 8:00am to 4:30pm
Public Transit: 28 19th Ave, 29 Sunset, 71 Haight, N Judah

Phone: (415) 759-9600
Languages Spoken: English & some Spanish.
Ages Served: 16 and older.

Description: Anger management, substance abuse outpatient, parenting classes, domestic violence program, batterer's intervention program, alcohol/drug program.

Fee: Sliding scale.

Eligibility & Requirement(s): Proof of income and must be motivated.

Citizenship Requirement(s): None.

Application Process: Call & schedule intake enrollment/assessment.

SOUTHEAST CHILD/FAMILY THERAPY CENTER

Address: 100 Blanken St, 94134
Address: 4527 Mission St., 94112
Hours of Operation: Monday—Friday 8:30am to 5:00pm.
Public Transit: (100 Blanken) 9 San Bruno, 15 Third, 56 Rutland. (4527 Mission) 14 Mission, 49 Van Ness.

Phone: (415) 330-5740
Phone: (415) 337-4800
Languages Spoken: English, Spanish, and Chinese.
Ages Served: Ages 3 to 18 years.

Description: Provides comprehensive individual, group and family therapy services for ethnically and linguistically diverse children, adolescents and their families.

Fee: Sliding Scale.

Eligibility & Requirement(s): Low-income, must meet age requirements.

Medical Insurance Requirement(s): Medi-cal, Healthy Families, Healthy Kids.

Application Process: Call for appointment.

TREATMENT ACCESS PROGRAM

Address: 1663 Mission St. #204

Phone: (415) 522-7100

Hotline: (800) 750-2727

Hours of Operation: Monday—Friday 7:00am to 5:00pm

Languages Spoken: English, Spanish, Cantonese, Mandarin, Tagalog.

Public Transit: 14 Mission, 49 Van Ness, 26 Valencia

Ages Served: Adults.

Description: Screening, assessment and referral for substance abuse and dual diagnosis treatment.

Fee: Free.

Eligibility & Requirement(s): Must be a San Francisco Resident.

Application Process: Call or drop-in.

WALDEN HOUSE, INC.

Address: 520 Townsend St., 94103

Phone: (415) 934-3450

Website: www.waldenhouse.org

TDD: (415) 431-1064

Hours of Operation: Tuesday, Wednesday, Thursday Noon to 5:00pm

Languages Spoken: English and Spanish.

Public Transit: 7 Haight, 71 Haight-Noriega, 6 Parnassus

Ages Served: Varies by program, call for more information.

Description: Provides mental health services, various support groups including HIV support group and Anger Management Therapy, family counseling, substance abuse counseling, transgender program, day treatment, residential treatment including a residential program for youth ages 13-17, adult residential services for people with HIV, the Parenting Program collaborates with child protection agencies to facilitate the reunification process, while engaging clients in activities which teach them to become better parents.

Fee: Sliding scale for S.F. residents with ability to pay. No S.F. resident is turned away for economic reasons. Non S.F. residents admitted on a private pay basis.

Eligibility & Requirement(s): Proof of residency is required if seeking services as a San Francisco resident.

Application Process: Call for an appointment.

WESTSIDE CALWORKS

Address: 1663 Mission St., Suite 310, 94103

Phone: (415) 581-0449

Website: www.westsidementalhealth.citysearch.com

Email: dricciardi@westside-health.org

Hours of Operation: Monday—Thursday 8:30 am to 7:00 pm;
Friday 8:30 am to 4:30 pm

Languages Spoken: English, Spanish, Hebrew, Japanese.

Public Transit: 26 Valencia, 49 Van Ness, 9 San Bruno, 14 Mission, F Market

Ages Served: SF resident enrolled in the Welfare to Work Initiative and their families.

Description: Provides: individual, group and family therapy; clinical case management; crisis intervention; medication and psychiatric support services; peer support groups, assistance with SSI; anger management and parenting groups; referrals for more intensive services.

Fee: Sliding Scale.

Eligibility & Requirement(s): Recipient of DHS services, SF resident enrolled in the Welfare to Work Initiative. Clients are also referred by Employment Specialists from DHS, CBOs'; who provide collaborative services for DHS, and by the client themselves. SF residents only.

Citizenship Requirement(s): Varies, call for more information.

Application Process: Call the intake coordinator at 581-0449.

WESTSIDE CHILD, YOUTH, AND THEIR FAMILIES

Address: 1140 Oak St. (Btwn. Divisadero & Broderick), 94117
Website: www.westsidementalhealth.citysearch.com
Hours of Operation: Monday—Friday 9:00 am to 6:30 pm
Public Transit: 24 Divisadero, 6 Parnassus, 7 Haight

Phone: (415) 431-8252
Email: cyf@westside-health.org
Languages Spoken: English and Spanish.
Ages Served: 0-21 years old.

Description: Provides an array of services including: individual, group and family therapy; clinical case management; medication support services; substance abuse prevention, education and intervention; social skills training including anger management and skill building/ psycho educational groups; vocational resource linkage; education/literacy support; independent living skills support; and housing assistance.

Fee: Sliding Scale.

Eligibility & Requirement(s): Must be between the ages of 0-21 and referred through Access; AB3632 schools; probation; foster care; other providers serving the child/family; and directly from parents/guardians. San Francisco residents only.

Citizenship Requirement(s): Varies, call for more information.

Application Process: Call for an appointment.

For more agencies that offer Mental Health Services, please see:

Mental Health Hotlines Section, 6
Dimensions Clinic, 76
Horizons Unlimited of S.F., 85
Homeless Prenatal Program, 66
Iris Center, 83
Mission Family Center, 10
Project Rachel—Post Abortion Counseling, 68
Silver Avenue Health Center & Dental Clinic, 33

RECREATIONAL RESOURCES

Art

BRAVA!

Address: 2781 24th St., 94110
Website: www.brava.org
Hours of Operation: Varies
Public Transit: 33 Stanyan, 48 Quintara, 27 Bryant, BART 24th St Station

Phone: (415) 641-7657 ext.110
Email:
Languages Spoken: English.
Ages Served: Youth and Adults.

Description: We produce, commission and present original theater, provide a comprehensive instructional program, arts education & job training programs through the BRAVA theatre academy for youth interested in theatre art. Paid job-training program in technical theater for high school students and young adults (ages 16-24).

Fee: Free for theatre academy, however there is a fee for the shows.

Eligibility & Requirement(s): Call for more information.

Citizenship Requirement(s): Employment program may require legal residency.

Application Process: Call for more information on the next cycle.

COMMUNITY MUSIC CENTER

Address: 544 Capp St, 94110
Website: www.sfcmc.org
Hours of Operation: Monday—Thursday 9:00am to 8:00pm; Friday 9:00am to 7:00pm; Saturday 9:00am to 5:00pm
Public Transit: 14 Mission, 49 Van Ness

Phone: (415) 647-6015
Email: info@sfcmc.org
Languages Spoken: English and Spanish.
Ages Served: 4 and older.

Description: Offers music lessons in voice and instruments. Children's chorus costs \$35 per quarter for ages 8-12.

Fee: Registration fee is \$35.00 for spring, fall, winter; \$10.00 for summer classes. Class costs are based on a sliding scale.

DE YOUNG MUSEUM

Address: de Young, Golden Gate Park, 50 Hagiwara Tea Garden Drive, 94118

Website: www.deyoungmuseum.org/

Hours of Operation: Tuesday through Sunday, 9:30 a.m. to 5:00 p.m.

Operation: Friday: Open until 8:45 p.m.

24 hour Hotline: (415) 863-3330

Email:

Ages Served:

All Ages.

Description: The de Young Museum facility integrates art, architecture and the natural landscape in one multi-faceted destination that will inspire audiences from around the world. Collections include American painting, sculpture, and decorative art, African art, art of the Americas.

Fee: Adults \$10; Seniors \$7; Youths 13-17 & College Students with ID \$6; Children 12 & under free. First Tues. of each month free. Muni riders with Fast Pass or transfer receive a \$2 discount.

Eligibility & Requirement(s): All are welcomed.

GALERIA DE LA RAZA

Address: 2857 24th St. (At Bryant), 94110

Website: www.galeriadelaraza.org

Hours of Operation: Wednesday—Saturday 12:00pm to 6:00pm

Public Transit: 48 Quintara, 27 Bryant.

Phone: (415) 826-8009

Email: info@galeriadelaraza.org

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: An interdisciplinary space for art, thought and activism. The Galleria organizes cutting-edge art exhibitions, as well as multimedia presentations, performances and spoken work events, screenings, computer-generated murals and educational activities.

Fee: Exhibits are free, but there is a fee for events. Call for more information.

Eligibility & Requirement(s): All are welcomed.

MISSION CULTURAL CENTER FOR LATINO ARTS (MCCLA)

Address: 2869 Mission St. (Near 25th St), 94110

Website: www.missionculturalcenter.org

Hours of Operation: Office hours: Tuesday—Saturday 10:00am to 5:00pm. Classes: Tuesday—Saturday times vary call for more information.

Public Transit: 67 Bernal Heights, 49 Van Ness, 14 Mission, BART 24th St Station

Phone: (415) 821-1155

Email:

Languages Spoken: English and Spanish.

Ages Served: 7 and older.

Description: Offers a variety of art dance, music and theater classes, events and exhibits for all ages.

Fee: Varies, \$2.00--\$12.00.

Application Process: Drop-in.

PRECITA EYES MURAL CENTER

Address: 2981 24th St, 94110

Address: 348 Precita Ave, 94110

Website: www.precitaeyes.org

Hours of Operation: Call for more information.

Public Transit: 27 Bryant, 48 Quintara, All Mission St. lines, BART 24th St. Station

Phone: (415) 285-2287

Phone: (415) 285-2311

Email: pem@precitaeyes.org

Languages Spoken: English.

Ages Served: All Ages.

Description: Provides "Murals of the Mission Tours," and mural painting classes and workshops.

Fee: Varies by program.

Eligibility & Requirement(s): Varies by program, call for more information.

Application Process: Call for more information.

SOUTHERN EXPOSURE

Address: 401 Alabama Street

Website: www.soex.org

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Public Transit: 27 Bryant, 22 Filmore, 12 Folsom

Phone: (415) 863-2141

Email: soex@soex.org

Languages Spoken: English

Ages Served: All Ages

Description: Non-profit artists' organization. Services included providing support to artist and after school workshops and artist performances.

Fee: Free

Eligibility & Requirement(s): All are welcomed

Application Process: Call or Drop In

Museums

CALIFORNIA ACADEMY OF SCIENCES

Address: 875 Howard St. (Btwn. 4th and 5th), 9410

Website: www.calacademy.org

Hours of

Operation: Everyday 10:00am to 5:00pm

Public Transit: 14 Mission, MUNI METRO F Line, BART Powell St. Station

Phone: (415) 321-8000

Email: info@calacademy.org

Languages Spoken: English and other languages depending on Admissions staff working that day.

Ages Served: All Ages.

Description: The Academy's Steinhart Aquarium has thousands of fish and animals, including snakes, reptiles and turtles. The Natural History Museum has exhibits about the natural world.

Fee: Children (4-11) \$2.00, Youth (12-17)/Students/Seniors \$4.50, Adults \$7.00. Also the 1st Wednesday of every month is free to everyone.

RANDALL MUSEUM

Address: 199 Museum Way

Website: www.randallmuseum.org

Hours of

Operation: Tuesday—Saturday 10:00am-5:00pm

Public Transit: 37 Corbett

Phone: (415) 554-9600

Email: info@randallmuseum.org

Languages Spoken: English, Spanish, and German.

Ages Served: 3—Adult.

Description: Art and science community museum offers live animal exhibits, changing art and science exhibits, classes for families, children and adults in arts and crafts, science.

Fee: Free/donation admission. Small fee for classes and special events.

Eligibility & Requirement(s): All are welcomed.

Application Process: Call to be placed on mailing list or to apply for classes.

SAN FRANCISCO ZOO

Address: 1 Zoo Road (Sloat Blvd, Great Highway) 94132

Website: www.sfzoo.org

Hours of

Operation: Everyday 10:00am to 5:00pm

Phone: (415) 753-7080

Ages Served: All Ages.

Public Transit: 23 Monterey, 18 46th Ave, MUNI METRO L Taraval

Description: Home to over 250 animal species in naturalistic habitats. We have education programs and activities for all ages, rides, food, shopping and fun!

Fee: Children (3-11) \$4.00, Youth (12-17)/Seniors \$7.00, Adults \$10.00.

THE EXPLORATORIUM

Address: 3601 Lyon Street (Btwn. Marina & Lombard), 94123

Website: www.exploratorium.edu

Hours of

Operation: Tuesday—Sunday 10:00am to 5:00pm

Public Transit: 30 Stockton

Phone: (415) 561-0360

Email:

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: Offers children and families more than 650 hands-on exhibits and experiments that explore and teach about physics, natural phenomena, and the senses.

Fee: Children (4-12) \$8.00, Youth (13-17) and University Students w/I.D \$9.50, Adults \$12.00, Seniors \$9.50, Children under 4 are free. Also, the 1st Wednesday of every month is free to everyone.

THE MEXICAN MUSEUM

Address: Fort Mason Center, Building D, 9412
Website: www.mexicanmuseum.org
Hours of Operation: Wednesday—Saturday 11:00am to 5:00pm (Gallery)
Public Transit: 10 Townsend, 22 Fillmore, 2819th Ave, 30 Stockton, 47 Van Ness, 49 Van Ness-Mission

Phone: (415) 202-9700
Email: info@mexicanmuseum.org
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: Holds a permanent collection of over 12,000 objects from the following areas: Pre-Conquest, Colonial, Popular, Modern and Contemporary Mexican and Chicano Art. The Museum presents exhibitions and offers education outreach programs to youth and adults.

Fee: General \$3.00, Students/Seniors \$2.00, Ages 12 and under free, and 1st Wednesday of every month is free to everyone.

ZEUM

Address: 221 Fourth St (At Howard St)
Website: www.zeum.org
Hours of Operation: School year hours: Wednesday—Sunday 11:00am to 5:00pm. Summer Hours: Tuesday—Sunday 11:00am to 5:00pm.
Public Transit: 15 Third St, 9 San Bruno, 71 Haight, 14 Mission, MUNI METRO J Church, K Ingleside, L Taraval, M Ocean View, BART Powell St

Phone: (415) 777-2800
Email: info@zeum.org
Languages Spoken: English and we have some staff that speak Spanish, Italian, and French.
Ages Served: 4 and older.

Description: A community-based arts and technology museum where kids of all ages combine hands-on experiences with the power of their imaginations to create movies, music, art and more! Kids and families can create a clay animation, produce and star in a music video, or experiment with digital art.

Fee: Free for Zeum members and children ages 3 and under. Non-members: Youth (ages 4-18) \$5.00, Adults \$7.00

Recreation Centers and Parks

CHILDREN'S PLAYGROUND

Address: Golden Gate Park
Website: www.park.sfgov.org
Hours of Operation: Park open sunrise to sunset. Carousel hours: Friday, Saturday, Sunday, and legal holidays 10am to 4:15pm.
Public Transit: 6 Parnassus and All Haight St. lines.

Phone: (415) 753-5210
Carousel: (415) 276-4421
Languages Spoken:
Ages Served: All Ages.

Description: Offers many rides and games, including climbing equipment, slides, swings, sandboxes, and a carousel.

Fee: Free except carousel: Children \$0.50 Adults \$1.50; Picnics are \$24 for less than 50 people.

Eligibility & Requirement(s): All are welcomed.

MISSION RECREATION CENTER

Address: 2450 Harrison St. (Near 20th St), 94110
Hours of Operation: Monday—Friday 9:00am to 9:30pm; Saturday 9:00am to 5:00pm; Sunday 12:00pm to 5:00pm

Phone: (415) 695-5012
Languages Spoken: English and Spanish.

Public Transit: 12 Folsom **Ages Served:** All Ages.
Description: Offers recreational, athletic and educational activities.
Fee: Free.
Eligibility & Requirement(s): All are welcomed.
Application Process: Drop-in.

**For more agencies that offer Recreational Resources, please see:
 YMCA Mission Branch, 67**

SUBSTANCE ABUSE SERVICES

ALCOHOLICS ANONYMOUS

Address: 1821 Sacramento St. **Phone:** (415) 647-1821
Website: www.aasf.org **Email:** aa@aasf.org
Hours of Operation: Monday: 10am to 7pm; Tuesday to Friday: 10am to 6pm
Languages Spoken: English, though literature is available in a wide variety of languages including Spanish, Tagalog and Chinese.
Public Transit: 1 California, 47 Van Ness, 49 Van Ness. **Ages Served:** All Ages.
Description: Provides information about getting started in Alcoholics Anonymous; provides A.A. literature for individuals and groups; provides information regarding scheduling of A.A. meetings and events; maintains a 24-Hour Hotline (same as office number above).
Fee: Literature is sold at cost; the office is financed by donations from A.A. members and A.A. groups.
Eligibility & Requirement(s): All are welcomed.

LATINO COMMISSION

Address: 301 Grand Ave, South San Francisco, 94080 **Phone:** (650) 244-1444
Hours of Operation: Monday—Thursday 8:00am to 5:30pm; Friday 8:00am to 2:00pm
Languages Spoken: English and Spanish.
Public Transit: Outside of S.F. **Ages Served:** 18 and older.
Description: Culturally Competent residential recovery services for Latino men and women, including gender-specific treatment. Program includes family reunification, substance abuse treatment, and employment readiness program.
Fee: Fee varies based on income.
Eligibility & Requirement(s): Must meet age requirements and be a resident of the San Mateo County or San Francisco County.
Application Process: Please call for an appointment.

LATINO FAMILY ALCOHOLISM COUNSELING CENTER (MISSION COUNCIL)

Address: 820 Valencia St. **Phone:** (415) 826-6767
Website: www.missioncouncil.org **Email:**
Hours of Operation: Monday—Friday 9:00am to 9:00pm
Languages Spoken: English and Spanish.
Public Transit: 22 Fillmore, 26 Valencia, All Mission buses, BART 16th St Station **Ages Served:** 19 and older.
Description: Counseling services to individuals with alcohol and drug problems. Also provides an intensive day treatment program for single adults.
Fee: Free day treatment program, sliding scale fees for other services.
Eligibility & Requirement(s): Call for more information.

Application Process: Call for more information.

NARCOTICS ANONYMOUS

Address: 78 Gough St.

Website: www.sfna.org

Hours of Operation: Call for more information.

Description: We are a non-profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

Fee: Call for more information.

Phone: (415) 864-3155

NA Helpline: (415) 621-8600

Languages Spoken: English and Spanish.

TREATMENT ACCESS PROGRAM

Address: 1663 Mission St. #204

Hours of Operation: Monday—Friday 7:00am to 5:00pm

Public Transit: 14 Mission, 49 Van Ness, 26 Valencia

Phone: (415) 522-7100

Hotline: (800) 750-2727

Languages Spoken: English, Spanish, Cantonese, Mandarin, and Tagalog.

Ages Served: Adults.

Description: Screening, assessment and referral for substance abuse & dual diagnosis treatment.

Fee: Free.

Eligibility & Requirement(s): Must be a San Francisco Resident.

Application Process: Call or drop-in.

For more agencies that offer Substance Abuse Services, please see:

Alcohol/Drug Abuse/Addictions Hotline Section, 5

Dimensions Clinic, 76

Family Service Agency, 65

Homeless Prenatal Program, 66

Horizons Unlimited of S.F., 85

Iris Center, 83

Mission Council Family Day Tx and After Care Program, 50

Potrero Hill Health Center, 32

S.F. Bay Counseling, 52

Talk Line Family Support, 67

Westside Children, Youth and their Families, 54

San Francisco Needle Exchange Sites

All sites offer the following services:

- * Sterile syringe exchange, safer injection and sex supplies
- * Printed resources and information on drug treatment, medical care, and health & social services.
- * Additional services available at individual needle exchange sites are listed below along with site times and locations.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 am to 12 pm		117 Sixth Street (near Mission) * Urgent medical care and referrals (including Hepatitis vaccinations) – Nurse from Tom Waddell Clinic * Treatment Advocate – Treatment Access Project				
12 am to 1 pm					117 Sixth Street (near Mission) *Urgent medical care and referrals – NP/Doctor from SFDPH	
1 pm to 2 pm	4720 3rd Street, between Newcomb and Oakdale			4720 3rd Street, between Newcomb and Oakdale (Bayview/Hunter's Point) *Outreach workers * Urgent medical care	*Treatment advocate – Treatment Access Project	

2 pm to 3 pm	(Bayview/Hunter's Point)			Urgent medical care - nurse from Tom Waddell *Treatment Advocate - Treatment Access Project		
3 pm to 4 pm						117 Sixth Street (near Mission) *Urgent medical care and referrals - NP/Doctor from SFDPH
4 pm to 5 pm						
5 pm to 6 pm						
6 pm to 7 pm		Duboce (between Church and Market) * Urgent medical care - nurse from SFDPH * Free lunch - Metropolitan Community Church (begins at 6pm- usually runs out by 7:30pm)	427 South Van Ness (between 15th and 16th) * Urgent medical care - nurse from SFDPH * Outreach worker - Institute for Community Health Outreach			
7 pm to 8 pm	Ivy Street (between Polk & Van Ness/Grove and Hayes, next to Tom Waddell Clinic) * Anonymous, free, oral HIV testing - AIDS Health Project Urgent medical care - Nurse from TARC			Hemlock Alley (between Post and Sutter/Polk and Van Ness) *Free dinner - Father Francis at 8pm *Urgent medical care, outreach & HIV testing - Neighborhood Health on Wheels	234 Eddy Street (near the Windsor Hotel)	
8 pm to 9 pm						

SOCIAL SERVICES

COUNTY ADULT ASSISTANCE PROGRAMS (CAAP)

<p>Phone: (415) 558-1156</p> <p>Personal Assisted Employment Services (PAES): (415) 558-1311</p> <p>Supplemental Security Income Pending (SSIP) (415) 558-1156</p> <p>Cash Assistance Program for Immigrants (CAPI) (415) 558-1978</p> <p>Website: www.sfgov.org/dhs</p> <p>Hours of Operation: Varies</p>	<p>Phone: (415) 558-1000</p> <p>Cash Assistance Linked to Medi-Cal (CALM): (415) 558-1978</p> <p>General Assistance: (415) 558-1156</p> <p>Languages Spoken: English and Spanish speaking staff available.</p> <p>Email:</p> <p>Ages Served: Varies by program. Call for more information.</p>
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Description: The CAAP programs serve needy adults without dependents. Four programs were created to provide more opportunities to engage those individuals formerly served by General Assistance: (1) PAES provides a cash stipend for employable adults along with the education, training and supportive services necessary to gain lasting employment. (2) CALM is a financial assistance for individuals receiving Medi-Cal benefits because they are either aged or disabled, but who do not currently qualify for SSI, or the CAPI program. (3) SSIP is for individuals with a disability that either has lasted or is likely to last 12 or more consecutive months. Cash aid, a housing subsidy and MUNI tokens to a medical appointment are provided. (4) GA is the safety net program for indigent adults. A cash grant is provided in exchange, able-bodied recipients are expected to perform work. (5) CAPI is a state funded program that pays cash benefits to lawful non-citizens who do not qualify for SSI/SSP solely due to their immigration status. To receive CAPI the person must be over the age of 65, blind or disabled, be a non-citizen legally present in the US and meet other criteria.

Fee: Free.

Eligibility & Requirement(s): Must have a picture ID and a social security number.

Medical Insurance Requirement(s): Please call for more information.

Citizenship Requirement(s): Must be a U.S. citizen, have a green card or a legal resident, call for more information.

Application Process: Call the program or visit their location for an application.

SUPPORT SERVICES FOR FAMILIES

ALTERNATIVE FAMILY SERVICES (AFS)

Address: 25 Division Street, Suite 201, 94103

Website: www.alternativefamilyservices.org

Hours of Operation: Monday—Friday 8:00 am to 5:00 pm

Public Transit: 19 Polk

Phone: (415) 626-2700

Email: Recruitment@alternativefamilyservices.org

Languages Spoken: English and Spanish.

Ages Served: Families.

Description: Provides therapeutic foster care and adoption services, short-term emergency foster care, and reunification services for abused, neglected, and developmentally disabled children. Alternative Family Services (AFS) is licensed by the State of California as a foster/adoption Family Agency. Other programs available are the Reunification/Shelter Program, the Extended Family Program, and Casas con Corazon, a program that serves Latino children and families in foster care. AFS also seeks foster and adoptive parents, mentors, and public relations and fundraising volunteers.

Fee: Free.

Eligibility & Requirement(s): Must be over 18, provide income verification and fingerprints.

Citizenship Requirement(s): Must have legal status.

Application Process: Call for an appointment.

CARECEN

Address: 1245 Alabama, 94110

Website: www.carecensf.org

Hours of Operation: Monday (Emergency drop-in) 9:00am to 12:00pm; Tuesday, Thursday, Friday 9:00am to 5:00pm

Public Transit: All Mission St lines, 48 Quintara, 27 Bryant

Phone: (415) 824-2330

Email: info@carecensf.org

Languages Spoken: English and Spanish

Ages Served: Dental: Children ages 0-18 years old. General: All Ages.

Description: Offers general health, prenatal and dental services, 2nd chance tattoo removal program, family empowerment case management, child custody assistance, and immigration and refugee legal services and referrals. We also offer classes on health education, ESL, drivers ed., and citizenship classes.

Fee: Call for more information.

Eligibility & Requirement(s): Varies by program call for more information.

Medical Insurance Requirement(s): Must not have medical insurance.

Application Process: Call for more information.

CASA CORAZON (INSITUTO FAMILIAR DE LA RAZA)

Address: 2919 Mission St., 94110

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public Transit: All Mission St. lines, BART 24th St Station

Phone: (415) 229-0500

Languages Spoken: English and Spanish.

Ages Served: Adults with children ages 0 to 5 years.

Description: We provide workshops and activities for the whole family, including field trips, nutrition, health, and self-care workshops and relationship workshops for parents and their children. Also provide mental health, family counseling, and case management.

Fee: Free.

Eligibility & Requirement(s): Must be a parent with at least 1 child aged 0 to 5 years old. No immigration requirements or documents needed.

Citizenship Requirement(s): None.

Application Process: Call or drop

CHICANO FAMILY LATINO RESOURCE SYSTEM

Address: 2919 Mission St. (Btwn. 25th & 26th), 94110
Hours of Operation: Monday—Friday 9:00 am to 5:00 pm
Public Transit: All Mission St. lines, BART 24th St. Station
Phone: (415) 229-0500
Languages Spoken: English and Spanish.
Ages Served: Adults and children ages 0 to 12 years old.
Description: Provide case management for families, workshops, parent support groups & therapy.
Fee: Free.
Eligibility & Requirement(s): Must be a S.F resident, call for more information.
Application Process: Call and ask for Michelle Alverdes or drop-in.

DEPARTMENT OF CHILD SUPPORT SERVICES

Address: 617 Mission St., 94105
Address: Bayview Hunters Point: 1315 Evan Ave.
Address: Mission-career Link: 3120 Mission St.
Hours of Operation: Monday—Friday 8:00am to 5:00pm
Public Transit: (For 617 Mission) MUNI 12 Folsom, 14 Mission, MUNI METRO/BART Montgomery Station. (For Bayview) MUNI 15 Third St.
Phone: (415) 356-2700
Phone: (415) 550-3304
Phone: (415) 401-4923
Languages Spoken: English, Spanish, Chinese.
Ages Served: 18 and older.
Description: Offers free services for child support and medical insurance support, including some legal services for parents.
Fee: Free.
Eligibility & Requirement(s): Must have a child in your custody
Application Process: No appointment necessary

EARLY START PROGRAM

Address: 3750 18th St., 94114
Hours of Operation: Business Hours: Monday—Friday 9 am to 5:00 pm
Public Transit: 33 Stanyan, MUNI METRO J Church
Phone: (415) 355-7380
Languages Spoken: English and Spanish.
Ages Served: Young children and their parents.
Description: The program includes four components: 1. Adult education, which includes ESL classes and computer literacy, 2. Early childhood development, 3. Parenting Classes, 4. Parent Child Interaction Literacy Activities.
Fee: Free.
Eligibility & Requirement(s): Must be low income, Latino, and parents highest degree should be a high school diploma or lower. Must participate in all four components of the program.
Citizenship Requirement(s): No immigration requirements or documents needed.
Application Process: Call for an appointment. Or call the program coordinator 355-7325.

EL BUEN SAMARITANO (GOOD SAMARITAN RESOURCE CENTER)

Address: 1294 Potrero Ave., 94110
Website: www.goodsamfrc.org
Hours of Operation: Business Hours: Monday—Friday 9:00 am to 6:00 pm
Public Transit: 9 San Bruno, 33 Stanyan, 48 Quintara
Phone: (415) 824-9475
Email:
Languages Spoken: English and Spanish.
Ages Served: Children 0-18 and their parents.
Description: Our mission is to help immigrant families access needed services & develop self-sufficiency. Services include after school programs, parent support groups & classes, domestic violence support group, a free family planning clinic, adult ESL classes, and other services.

Fee: Varies according to program, from free to sliding scale fee.

Eligibility & Requirement(s): Low-income families.

Application Process: Depends of program

EXCELSIOR FAMILY RESOURCE

Address: 459 Vienna St., 94112

Website: www.familyconnectionsportola.org

Hours of Operation: Monday—Friday 9:30am to 5:00pm

Public Transit: 54 Fulton

Phone: (415) 333-3845

Email: efrc@sbcglobal.net

Languages Spoken: English and Spanish.

Ages Served: 0-5 years old and their families.

Description: Offers a range of support services for families that includes a Child/Parent drop-in program, employment resources, school readiness workshops, community celebrations, child development workshops.

Fee: All services are free with the exception of our child drop-in program, which is \$11.00 per day.

Eligibility & Requirement(s): For some services low-income verification is needed.

Application Process: Must fill out intake form.

FAMILY RESOURCE SERVICES (INSTITUTO FAMILIAR DE LA RAZA)

Address: 2919 Mission St., 94110

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public Transit: All Mission St lines, BART 24th St Station

Phone: (415) 229-0500

Languages Spoken: English and Spanish.

Ages Served: Adults with children ages 0-12.

Description: We provide case management and mental health services for the entire family, general counseling for child, family, couple or individual. We also provide resources and help with immigration issues, legal issues, dental, and kindergarten readiness.

Fee: Free.

Eligibility & Requirement(s): Must have a child age 0-12 and no medical insurance.

Citizenship Requirement(s): None.

Application Process: Call or drop-in.

S.F. HUMAN SERVICES, FAMILY AND CHILDREN'S SERVICES DIVISION

Address: 170 Otis Street, 94103

Website: www.sfgov.org/dhs

Hours of Operation: Monday—Friday 8:00 am to 5:00 pm

Phone: (415) 557-5000

Adoptions/Foster Care Hotline: (415) 558-2200

Languages Spoken:

Description: Our goal is to protect children who are at risk of abuse and neglect, or who have been abused and/or neglected, and to preserve their families by assisting them with a wide range of services.

Fee: Free

Eligibility & Requirement(s): All are welcomed.

FAMILY SERVICE AGENCY

Address: 1010 Gough St (At Eddy), 94109

Website: www.fsasf.org

Hours of Operation: Monday—Friday 8:30am to 5:00pm (Some evenings by appointment)

Public Transit: 31 Balboa, 49 Van Ness

Phone: (415) 474-7310

Counseling: (415) 441-5437

Languages Spoken: English and Spanish.

Ages Served: Teenagers and older.

Description: Support education and counseling to parents, support for families facing substance abuse and child abuse issues. We provide mental-health, intensive case management, medical management, and housing services for low-income adults, including people with HIV/AIDS.

Early Crisis Intervention & Assistance Program: (extension 31) This program assists families facing eviction and confronting other short-term housing crises by providing early crisis intervention or by locating replacement housing for people in a housing crisis

CARE Mental Health Services: (extension 445) Offers outpatient mental-health services to low-income, HIV-positive people who have a mental health problem associated with HIV. Services include individual, couples, and family therapy, medication evaluation and monitoring, and neuropsychiatric and psychiatric assessment.

Victim Restitution Program: This state-funded program provides counseling and psychotherapy services for crime victims. It also provides some financial support for crime victims, including reimbursement of medical bills, loss of earnings, and funeral expenses.

Geriatric Outpatient Mental-Health Services: (extension 475) Offers comprehensive mental-health services for mentally fragile seniors, helping them to maintain independence and dignity while living in their own homes for as long as possible.

Senior Peer-Counseling Program: (extension 407) Trained peer counselors aged 55 and older provide supportive counseling to other seniors, helping them continue independent living as long as possible while relieving depression and enhancing their quality of life.

Fee: Most services are free.

Eligibility & Requirement(s): Must be a San Francisco resident.

Citizenship Requirement(s): Call for more information.

Application Process: Call or drop-in for an appointment.

HOMELESS PRENATAL PROGRAM

Address: 995 Market St., Suite 1010 (At 6th St), 94103

Website: www.homelessprenatal.org

Hours of Operation: Monday—Thursday 9:00 am to 12:00 pm and 1:00 pm to 4:00 pm; Friday 1:00 pm to 4:00 pm

Public Transit: Market St lines, BART Powell St Station

Phone: (415) 546-6756

Email: martharyan@homelessprenatal.org

Languages Spoken: English, Spanish, French, Italian, and Portuguese.

Ages Served: Ages 0-60 years old.

Description: Support and referral services for homeless and low-income individuals with children. Offers a 12-month paid internship, the Community Health Worker training program prepares formerly homeless mothers for the workforce. The Perinatal Services Program helps women have healthy babies through three components: case management, prenatal health care and parenting education, and home visits. The Housing Assistance Program helps families move into permanent housing. Substance Abuse and Mental Health services. The Safe Families Program helps clients address issues around family violence. The Case Managers in the Safe Families program help immigrants assimilate into the culture while encouraging them to maintain their distinct identities, and hosts a weekly support group in Spanish. Childcare provided while parent is on-site.

Fee: Free.

Eligibility & Requirement(s): Varies by program. Priority is given to families and pregnant women.

Application Process: Come in during hours for an intake.

MISSION NEIGHBORHOOD CENTER

Address: 362 Capp Street

Website: www.sfmission.com/MNC/MNCCenters.htm

Hours of Operation: Monday—Friday 9:00am to 4:30pm

Public Transit: 14 Mission , 49 Van Ness

Phone: (415)206-7747

Email:

Languages Spoken: English and Spanish.

Ages Served: Children to Seniors

Description: Services include bilingual communication nutrition education case management, job training parenting classes, quality day care, senior program, arts & crafts program, citizenship classes, tax and legal aid translation, recreational activities, and homework assistance.

Fee: Free

Eligibility & Requirement(s): Call for more information

Application Process: Call or Drop In

PORTOLA FAMILY CONNECTIONS

Address: 2565 San Bruno Ave, 94134
Website: www.familyconnectionsportola.org
Hours of Operation: Monday—Friday 9:00am to 5:30pm
Public Transit: 9 San Bruno, 54 Felton, 29 Sunset, 44 O'Shaughnessy

Phone: (415) 715-6746
Email: msanchez@familyconnectionsportola.org
Languages Spoken: English, Spanish, Vietnamese, Cantonese, and Mandarin.
Ages Served: 0 thru elementary school aged (up to 5th grade).

Description: Offers a variety of educational, informational and support services as well as activities for the whole family. Service for children include pre-k program, homework club, summer academic & recreational program, and Tuesday night tutorial. Services for parents include: marriage/family/individual counseling, ESL classes, adult computer class, free support group (Madres Latinas), and nutrition classes.

Fee: Free.

Eligibility & Requirement(s): All are welcomed.

Application Process: Walk-in.

TALK LINE FAMILY SUPPORT CENTER

Address: 1757 Waller St (At Stanyan St)
Website: www.talklineforparents.org
Hours of Operation: Drop-in center in open Monday—Thursday 9:00 am to 2:00 pm
Public Transit: 71 Noriega, 33 Stanyan, 43 Masonic, 66 Quintara, MUNI METRO N Judah

Phone: (415) 387-3684
Hotline: (415) 441-KIDS (5437)
Email: talkline@sfcape.org
Languages Spoken: Both the hotline and counseling programs have limited bilingual capacity.
Ages Served: Parents and children.

Description: Offers parent and child counseling, parent counseling drop-in center & children's playroom, job assistance case management for parents, substance abuse services, and other family support services. Support groups include anger management, parenting skills, life skills group, and recovery groups among others. The hotline offers 24-hour crisis and counseling hotline for parents that offers support, information and referrals.

Fee: Free.

Eligibility & Requirement(s): Must be a parent/legal guardian.

YMCA MISSION BRANCH

Address: 4080 Mission St., 94112
Website: www.ymcasf.org
Hours of Operation: Senior Center Monday—Friday 8:30am to 3:00pm
Public Transit: All Mission St. Lines

Phone: (415) 586-6900
Email:
Languages Spoken: English and Spanish.
Ages Served: 2 and older.

Description: Offers a Pee-wee elementary school program, hoops for middle and high school age youth, and teen programs at James Denman Middle School. The senior center offers lunch programs, T'ai Chi, yoga and other health fitness classes are available. Also available is childcare for 2-5 years old, and k-8th grade after school learning programs.

Fee: Call for more information.

Eligibility & Requirement(s): Call for more information.

Application Process: Call or drop-in.

For more agencies that offer Family Support Services, please see:

Comprehensive Child Crisis Services, 51
Kids Turn, 52
Hamilton Family Emergency Center, 41
Salvation Army, 11
Westside Children, Youth and their Families, 54
Westside CalWORKS, 53

SUPPORT SERVICES FOR FAMILY PLANNING

ADOPTION CONNECTION

Address: 1710 Scott St, 94115

Phone: (415) 359-2494

Hotline: (800) 972-9225

Website: www.adoptionconnection.org

Email: families@adoptionconnection.org

Hours of Operation: Monday—Friday 8:30 am to 5:00 pm/on-call 24 hours a day

Languages Spoken: English and limited Spanish.

Public Transit: 1 California, 2 Clement, 3 Jackson, 4 Sutter, 38 Geary, 24 Divisadero.

Ages Served: All Ages

Description: We are a non-profit licensed adoption agency that helps women find permanent homes for their babies. We work with birth mothers and fathers to create open adoptions with families of their choosing. In open adoption birth families may have on-going contact with the adoptive family after placement.

Fee: Free to pregnant woman and their families.

Eligibility & Requirement(s): Call for more information.

Application Process: Call for an appointment.

ALPHA PREGNANCY CENTER

Address: 5070 Mission St, 94112

Phone: (415) 584-6800

Website: www.apcsf.org

Email:

Hours of Operation: Monday—Thursday 9 am to 5 pm

Languages Spoken: English, Limited Spanish, Chinese, Sign Language.

Public Transit: 14 Mission, 29 Sunset, 15 Third St, 43 Masonic

Ages Served: All Ages

Description: Services include pregnancy test and counseling, post-abortion counseling, mother and child (up to 4T) clothing, pregnancy support and referrals.

Fee: Free.

Citizenship Requirement(s): No immigration requirements.

Application Process: Drop-in or call for an appointment.

CHOICE MEDICAL GROUP

Address: 1700 Pierce St. (at Sutter), 94115

Phone: (415) 922-6656

Website: www.choicemedicalgroup.com

Email:

Hours of Operation: Monday—Friday 8:30 am to 5:00 pm

Languages Spoken: English and Spanish.

Public Transit: 2 Clement, 4 Sutter, 22 Fillmore, 24 Divisadero, 38 Geary

Ages Served: All Ages. California State law allows minors access to abortion and family planning without parental consent.

Description: Offers basic gynecological services, free pregnancy testing, and low-cost emergency contraception (the morning after pill). We provide confidential abortion services between six and 24 weeks under general anesthesia.

Fee: Accepts Medi-Cal, Fees for abortion: First trimester (under 12 weeks) under local anesthesia: \$350. First trimester under general anesthesia: \$575.

Application Process: Call for an appointment.

PROJECT RACHEL—POST ABORTION COUNSELING, ARCHDIOCESE OF S.F.

Address: 1 Peter York Way (Btwn. Gough & Geary), 94109

Phone: (415) 717-6428

Hours of Operation: Telephone services available at all times.

Languages Spoken: English and Spanish.

Public Transit: 49 Van Ness

Ages Served: All ages.

Description: Provide confidential support services, healing services, mentor guiding services, spiritual reconciliation, referral and counseling for disturbed and hurt women as a result of abortion.

Fee: Services at Project Rachel are free.

Eligibility & Requirement(s): Women, men and family that may have been impacted by abortion. Primarily catholic; however others are welcomed. Teens require parental consent for counseling.

Citizenship Requirement(s): No.

Application Process: Call for an appointment

TEENAGE PREGNANCY AND PARENTING PROJECT (TAPP)

Address: 2730 Bryant St. 2nd Floor, 94110

Hours of Operation: Monday—Friday 8:30am to 5:00pm

Public Transit: 48 Quintara 27 Bryant 9 San Bruno BART 24th St

Phone: (415) 695-8300

Languages Spoken: English, Spanish, Urdu, and Tagalog.

Ages Served: Females up to 19 years old,

Males up to 21 years old.

Description: Comprehensive case-management program for pregnant and parenting teens. Case managers help ensure that pregnant and parenting adolescents have access to all available health, education, and social services for which they are eligible, regardless of whether they are in school. TAPP also provides child development and parenting education, childcare support services, nutrition and health education, job readiness, mental health programs, relationship violence prevention, and academic counseling.

Fee: Voluntary/none.

Eligibility & Requirement(s): Must meet age requirements and must be a S.F. resident.

Application Process: Intake drop-in or call for appointment.

UCSF WOMEN'S OPTIONS CENTER

Address: 2356 Sutter St., 94115

Website: www.ucsf.edu/woc

Hours of

Operation: Phone hours: M-Thursday 8:30-5; Friday 8:30-noon. Clinic days: Wednesday 12 pm to 5 pm and Thursdays 9 am to 5 pm.

Public Transit: 1 California, 2 Clement, 4 Sutter, 24 Divisadero, 38 Geary

Phone: (415) 353-7003

Email: woc@obgyn.ucsf.edu

Languages Spoken: English and Spanish. Live interpreters available for Chinese and Russian, and other interpretations as needed by phone.

Ages Served: All Ages.

Description: Provides medical abortion (Mifeprex and Misoprostol) up to 9 weeks, 2 visits; surgical abortion ("D&C") up to 14 weeks, one visit, local anesthesia; surgical abortion ("D&E") 14-23 weeks, 2 visits, sedation; care for miscarriage; post-abortion and birth control counseling.

Fee: We accept most insurance plans and Medi-Cal. Self-pay abortion prices start at \$525.

Medical Insurance Requirement(s): None

Citizenship Requirement(s): No immigration requirements.

Application Process: No drop-ins, please call to schedule an appointment.

For more agencies that offer Family Planning support, please see:

Pregnancy Hotline Section, 7
Alternative Family Services, 63
Balboa Teen Health Clinic, 28
El Buen Samaritano, 64
Family Health Center, 30
Homeless Prenatal Program, 66
Huckleberry's Cole Youth Clinic, 28
Lyon-Martin Women's Health Services, 31
Maxine Hall Health Center, 31
Mission Neighborhood Health Center, 31

Native American Health Center, 32
 New Generation Health Center, 29
 Ocean Park Health Center, 32
 Planned Parenthood Golden Gate, 29
 Potrero Hill Health Center, 32
 Silver Ave. Health Center & Dental Clinic, 33
 Southeast Health Center & Dental Clinic, 34
 UCSF Mount Zion Medical Center Young Women's Program, 29
 Valencia Health Services, 35

SUPPORT SERVICES FOR PEOPLE LIVING WITH HIV/AIDS

BAY AREA PERINATAL AIDS CENTER (BAPAC at SF General Hospital)

Address: 1001 Potrero Avenue, Ward 6D, Room 33, 94110
Phone: (415) 206-8919
Hours of Operation: Monday—Friday 8:00 am to 5:00 pm
Languages Spoken: English, Spanish, & interpreters available.
Public Transit: 9 San Bruno, 33 Stanyan, 48 Quintara
Ages Served: All Ages.
Description: Provides prenatal care for HIV positive women and their pre-exposed infants.
Fee: Medi-Cal and other forms of payment accepted.
Eligibility & Requirement(s): Must be HIV positive and pregnant, low income.
Citizenship Requirement(s): None.
Application Process: Call for an appointment.

BAY AREA YOUNG POSITIVES (BAY+)

Address: 518 Waller St, 94117
Website: www.baypositives.org
Phone: (415) 487-1616
Hours of Operation: Monday—Friday 9:00am to 6:00pm
Email: BAYPOZ@aol.com
Public Transit: 7 Haight, 22 Fillmore, 71 Haight, 6 Parnassus, MUNI METRO J Church
Languages Spoken: English, American Sign Language, Portuguese, and Tagalog
Ages Served: Young people up the age of 26.
Description: BAY Positives is run by and for people living with HIV. Offers one-to-one peer counseling, support groups, social events, links to social services and health care and educational workshops. Groups include a drop-in HIV-Positive Youth group, HIV-Positive and Substance Abuse/Recovery groups, and monthly social activities for women, and youth of color.
Fee: Free.
Application Process: Drop in.

CONTINUUM HIV SERVICES

Address: 255 Golden Gate Ave.
Phone: (415) 437-2900
Hours of Operation: Monday—Friday 9:00 am to 4:00 pm.
Languages Spoken: English and Spanish.
Public Transit: Market St. lines, BART Civic Center Station
Ages Served: 25 and older.
Description: Provides case management, transitional case management for those who have been incarcerated, HIV testing, support groups, individual & group counseling, nursing, substance abuse, medication management.
Fee: Medi-Cal.
Eligibility & Requirement(s): For HIV+ SF residents only, transgender, gay males.
Citizenship Requirement(s): None.
Application Process: Call to find out which service is best for you.

MANO A MANO—LATINO AIDS PROJECT (Instituto Familiar de la Raza)

Address: 2919 Mission St., (Btwn. 25th and 26th), 94110
Hours of Operation: Monday—Friday 9:00am to 5:00pm
Public Transit: 48 Quintara, 14 Mission, 49 Van Ness, 26 Valencia, BART 24th St Station

Phone: (415) 229-0500
Languages Spoken: English and Spanish.
Ages Served: 18 and older.

Description: Provides individual, group and family psychotherapy, case management and resource and referrals; spiritual ceremonies, education and prevention.

Fee: Free.

Eligibility & Requirement(s): Latino/a diagnosed with AIDS or HIV symptomatic, San Francisco resident, low-income.

Medical Insurance Requirement(s): Call for more information.

Application Process: Call or drop-in for an appointment.

POSITIVE HEALTH PROGRAM (PHP)

Address: 995 Potrero Ave, 94110
Website: <http://php.ucsf.edu/>
Hours of Operation: Monday—Friday 8:00 am to 5:00 pm.
Public Transit: 9 San Bruno, 33 Stanyan, 48 Quintara.

Phone: (415) 206-2400
Email:
Languages Spoken: English and Spanish.
Ages Served: 18 and up.

Description: The AIDS/Oncology/Hematology Program is a multi-disciplinary service that provides specialized care to the HIV-infected patients and Hematology/Oncology patients. We deliver continuous and compassionate quality care by an enabled, committed, expert staff; conduct research to improve care and maintain adequate resources for meeting the care demands of our service population. Clinic patients can readily access subspecialty HIV-care clinics and urgent care is available year-round.

Fee: Free.

Medical Insurance Requirement(s): None.

Citizenship Requirement(s): No immigration requirements.

Application Process: Must have an intake, call for an appointment.

SF AIDS FOUNDATION

Address: 995 Market St., Ste. 200 94103

Website: www.sfaf.org
Hours of Operation: Monday—Friday 9:00 am to 5:00 pm.
Public Transit: Powell St. Station

Phone: (415) 487-3000
Hotline: (800) 367-AIDS
Email: khocking@sfaf.org
Languages Spoken: English and Spanish.
Ages Served: All Ages

Description: Provides a variety of programs and services for those living with HIV/AIDS or those who want prevention information and referrals such as HIV testing, counseling and treatment. SFAF services and programs include the state AIDS Hotline, needle exchange, benefits counseling, client advocacy, public policy advocacy at the federal, state, and city of San Francisco levels, Gay Life Program, Black Brothers Esteem Program, and Latino Support Group.

Fee: Free.

Eligibility & Requirement(s): Those living with HIV/AIDS for programs & services. Anyone can call the hotline for info, referrals or to learn more about our needle exchange program.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call for information or appointment.

TENDERLOIN AIDS RESOURCE CENTER

Address: 187 Golden Gate Ave. (At Leavenworth) 94102
Website: www.tarcsf.org
Hours of Operation: Monday—Friday 8:30am to 12:00pm and 1:00pm to 5:00pm
Public Transit: All Market St. lines, 9 San Bruno, 49 Van Ness, 5 Fulton, 31 Balboa

Phone: (415) 431-7476
Email: info@tarcsf.org
Languages Spoken: English and Spanish speaking staff available
Ages Served: Call for more information.

Description: Provides HIV testing & prevention counseling, HIV case management, HIV nursing clinic, peer & treatment advocacy, primary care, and massages. Our services target Tenderloin residents who are homeless or marginally housed with low or no income, currently or have a history of drug use, living with or have a history of mental illness, living with HIV/AIDS, commercial sex workers, transgender.

Fee: Free, call for more information.

Eligibility & Requirement(s): Call for more information.

Application Process: Call or drop-in during hours.

For more agencies that offer HIV/AIDS Support Services, please see:

AIDS and STD Hotline Section, 5
Family Service Agency, 65
Iris Center, 83
Lyon Martin Women's Health Services, 31
Maxine Hall Health Center, 31
New Leaf, 77

SUPPORT SERVICES FOR PEOPLE WITH DISABILITIES

CHILDREN DEVELOPMENT CENTER

Address: 3700 California St, 1st Floor (Near Spruce) 94118
Website: http://www.cpmc.org/advanced/pediatrics/services/child_development.html
Hours of Operation: Monday—Friday 8:30am to 5:00pm
Public Transit: 1 California

Phone: (415) 600-6200

Languages Spoken: English and limited Spanish speaking staff available.
Ages Served: Overall ages served: 0-18 years old. Call for more info on specific program.

Description: A comprehensive service program for disabled children and children with development problems, ages 0-18. Call for more information.

Fee: Private insurance and Medi-Cal may be accepted otherwise fees are sliding scale depending on income.

Eligibility & Requirement(s): Call for more information. No immigration requirements or documents needed.

Medical Insurance Requirement(s): Some services might be covered by insurance, otherwise by sliding scale or payment plans.

Application Process: Call for an appointment.

SUPPORT FOR FAMILIES

Address: 2601 Mission St. Suite #606
Website: www.supportforfamilies.org
Hours of Operation: Monday, Wednesday, Friday 9:30am to 4:30pm; Tuesday & Thursday 12:30am to 8:30pm
Public Transit: All Mission St. lines

Phone: (415) 282-7494
Email: info@supportforfamilies.org
Languages Spoken: English, Spanish, Cantonese, Mandarin, and Tagalog.
Ages Served: Ages 0-22 years.

Description: Provide information & education for families of children with disabilities and the professionals who serve them. Services include phone, drop-in, and short-term counseling and case management, special family events, and a parent mentor program.

Fee: Free.

Eligibility & Requirement(s): None for families of children with any kind of disability.

Application Process: Call for appointment.

For more agencies that offer these services please see:

Bridges From School to Work, 18

Independent Housing Services of SF, 38

SUPPORT SERVICES FOR SENIORS

CONSORTIUM FOR ELDER ABUSE PREVENTION

Address: 3330 Geary Blvd, 94118

Phone: (415) 447-1989 x513

Hotline for Enrollment (888) 886-6565

Website: www.elderabusecenter.org/default.cfm?p=ioa.cfm

Email: elderabuse@ioaging.org

Hours of Operation: Monday—Friday 9:00 am to 5:00 pm.

Languages Spoken: English, Spanish, Chinese, and Russian.

Description: Referrals, community education, and counseling, including counseling for sexual assault survivors who are dependant adults or elders. Provides home care if qualifies after an evaluation.

Fee: Free.

Eligibility & Requirement(s): All San Francisco residents who are over 65 years old or are dependant adults over 18 years old.

Application Process: Anyone can call to report suspected abuse.

CURRY SENIOR CENTER

Address: 333 Turk St. (Btwn. Hyde & Leavenworth)

Phone: (415) 885-2274

Hours of Operation: Monday—Friday 9:00am to 12:00pm and 1:00pm to 5:00pm

Languages Spoken: English, Spanish, Cantonese, Vietnamese, Tagalog, and Russian.

Public Transit: 5 Fulton, 19 Polk, 31 Balboa, BART Civic Center Station

Ages Served: Senior 55 and older.

Description: Health services provided include primary medical care, glaucoma and blood pressure screening, health education, podiatry, mental health consultation, HIV testing & prevention, and home visits to home bound seniors. Case management, adult day health care, social day care, alcohol and drug program, and breakfast and lunch programs.

Fee: Medi-Care, Medi-Cal, S.F. health plan and other insurance plans accepted. No one will be denied services based on inability to pay.

Eligibility & Requirement(s): Must be a senior age 55 or older.

Citizenship Requirement(s): Call for more information.

Medical Insurance Requirement(s): Call for more information.

Application Process: Call for an appointment or drop-in.

INSTITUTE ON AGING: CENTER FOR ELDERLY SUICIDE PREVENTION

Address: 3330 Geary (at Parker), 3rd Floor

Crisis Line: (415) 752-3778 or (800) 971-001

Website: www.ioaging.org

Email: kbaldwin@ioaging.org

Hours of Operation: Monday—Friday 8:00am to 5:00pm

Languages Spoken: English, Spanish, Russian, Mandarin.

Public Transit: 38 Geary

Ages Served: 60 and over.

Description: Call 24 hrs friendship line when feeling depressed, isolated, grieving, suicidal, going through a difficult time, in an abusive situation, or are lonely and want to talk to someone. Call 750-4111 Monday—Friday 8:30am to 5:00pm for information regarding case management, day care, referrals, and assistance for older adults, younger disabled adults and their families.

Fee: Free, more services with Medical.

Eligibility & Requirement(s): For senior, 60 & over, living in San Francisco.

Application Process: Call.

LEGAL ASSISTANCE FOR THE ELDERLY

Address: 995 Market St., Suite 1400, 94103

Hours of Operation: Monday—Friday 9:00am to Noon, 1:00pm to 5:00pm

Public Transit:

Phone: (415) 538-3333

Languages Spoken: English, Spanish, Mandarin, Cantonese.

Ages Served: 60+ for legal services.

Public Transit:

Description: Provide legal advice concerning issues involving older people.

Fee: Free.

Eligibility & Requirement(s): None.

Application Process: Call for more information.

NORTH OF MARKET SENIOR SERVICES

Address: 333 Turk St (At Hyde), 94102

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Public Transit: 19 Polk, All Market St lines

Phone: (415) 885-2274

Languages Spoken: English and Spanish

Ages Served: Varies by program.

Description: Primary care, case management and medical follow-up for seniors 55 and older. Blood pressure and glaucoma screening, podiatry clinic, and home visits to homebound. Substance abuse counseling, sober social centers, women's outreach and activities.

Fee: Varies, Medi-Cal, Medi-Care.

Eligibility & Requirement(s): Senior 55 and older for alcohol and homeless program. Age 60 and older for other services.

Medical Insurance Requirement(s): Medi-cal or Medi-Care.

Application Process: Drop-in or call for an appointment.

SAN FRANCISCO ADULT PROTECTIVE SERVICES

Address: 875 Stevenson St, 3rd Floor, (At 10th St) 94103

Website: www.sfgov.org/site/daas_index.asp?id=26951

Hours of Operation: Office hours Monday--Friday 8:00 am to 5:00 pm.

Public Transit: 9 San Bruno, 26 Valencia

Phone: (415) 557-5230

Hotline 24 hr: (800) 814-0009

Languages Spoken: English, Spanish, Vietnamese, Cantonese, and interpreter services.

Ages Served: 65 and over, or disabled/dependant younger adults between the ages of 18-64.

Description: Intake Social Worker available 24 hours by hotline investigates allegations of abuse or neglect of elders and disabled/dependant adults. The abuse may be sexual, physical, emotional, financial, abandonment, abduction, isolation, neglect by others, or self neglect. If abuse is suspected, social workers provide short-term counseling, case management and referral services to stop the abuse and ensure the ongoing safety of the person.

Fee: Free.

Eligibility & Requirement(s): San Francisco resident. Services are voluntary.

Application Process: Call for an appointment.

SENIOR OUTREACH & SUPPORT/ST. ANTHONY'S FOUNDATION

Address: 350 Golden Gate Ave. (Btwn. Larkin & Hyde)
Hours of Operation: Monday—Friday 9:00am to 4:00pm except Wednesday between 12:00pm to 2:00pm
Public Transit: 47 Van Ness, 19 Polk, 5 Fulton, BART Civic Center Station

Phone: (415) 592-2769
Languages Spoken: English and Spanish.
Ages Served: Seniors 60 and older.

Description: Elder spiritual outreach, home visits, drop-in center for seniors. Services include housing and financial aid, and citizenship services. Also a drop-in living room that serves free breakfasts at 9:00am.

Fee: Free.

Eligibility & Requirement(s): Must be a senior age 60 or older.

Application Process: Drop-in during hours.

For more agencies that offer Senior Support Services, please see:

Bernal Heights Neighborhood Center, 84
Family Service Agency, 65
Salvation Army, 11
YMCA Mission Branch, 67

SUPPORT SERVICES FOR THE HOMELESS

AT THE CROSSROADS

Address: 333 Valencia Street, Suite 320, 94103
Website: www.atthecrossroads.org
Hours of Operation: Monday—Thursday 3:00 pm to 5:00 pm
Public Transit: 26 Valencia, 14 Mission, 49 Van Ness; BART 24th St Station

Phone: (415) 487-0691
Email: mail@atthecrossroads.org
Languages Spoken: English and Spanish.
Ages Served: 12-29 years old.

Description: Provides outreach services and basic supplies such as food, clothing, toiletries, harm reduction materials and other necessities to homeless youth in San Francisco, specifically from the Mission and Downtown. The program strives to form relationships with youth living on the streets and help youth to create a realistic plan of action for themselves, focusing on setting goals in gradual stages. Do not take referrals.

Fee: Free.

Application Process: Drop-in.

HOME AWAY FROM HOMELESSNESS

Address: Fort Mason, Building 9, 94123
Website: www.homeaway.org
Hours of Operation: Business Hours 9-5; program hours vary by program
Public Transit: 10 Townsend, 22 Fillmore, 30 Stockton, 49 Van Ness, 47 Van Ness.

Phone: (415) 561-5533
Email: info@homeaway.org
Languages Spoken: English and Spanish.
Ages Served: Varies by program.

Description: Provides educational case management, mental health services, tutoring, after-school enrichment, environmental education, recreation, life and leadership skills development, mentoring, and beach house retreats for homeless and formerly homeless children and youth.

Fee: Free.

Eligibility & Requirement(s): After School Program is for 6-8th grade, homeless or recently homeless youth may apply; Mentor Program, ages 6-17, homeless or recently homeless. Beach House 5-17; School House second semester 5th grade through 8th grade.

Citizenship Requirement(s): None.

Application Process: Contact the program director of the program you wish to enroll in: School House Director 561-4603, Mentor Program Director 415.561.4621, Beach House Director 561-4629.

MARTIN DE PORRES

Address: 225 Potrero Ave. (Btwn. 15th and 16th St)
Hours of Operation: Varies
Public Transit: 9 San Bruno, 22 Fillmore, 33 Stanyan, 27 Bryant

Phone: (415) 552-0240
Languages Spoken: English and some Spanish-speaking volunteers.
Ages Served: All Ages.

Description: Provides free meal to those in need. Take out available if you bring your own container, see Food section for days and times. Also provides showers on Tuesdays & Thursdays 9:00am to 11:30am. Sign up at 9:00am sharp. Medical clinic is every Thursday at 12:30pm.

Fee: Free.

Application Process: Drop-in during hours.

MCMILAN DROP-IN CENTER

Address: 39 Fell (at Market)
Website: www.cats.com
Hours of Operation: 24hours/7days a week

Phone: (415) 241-1180
Email:
Languages Spoken: English, paperwork & interpreters available in Spanish, Tagalog
Ages Served: 18 and older.

Public Transit: Market St. buses

Description: For substance abuse and highest risk homelessness. Drop-in counseling, shelter reservations, sobering center, medical and mental health assessment, case management.

Fee: Free.

Eligibility & Requirement(s): Must be 18 or older & homeless only.

Application Process: Drop-in or call.

For more agencies that offer Homeless Support, please see:

Family Service Agency, 65
Homeless Prenatal Program, 66
Housing Section, 38
Larkin St. Youth Center, 39

SUPPORT SERVICES FOR THE LGBTIQ COMMUNITY

COMMUNITY UNITED AGAINST VIOLENCE (CUAV)

Address: 160 14th St (At Van Ness) 94103
Website: www.cuav.org
Hours of Operation: Monday—Friday 10:00am to 6:00pm
Public Transit: 49 Van Ness, 33 Stanyan, 12 Folsom

Phone: (415) 777-5500
24-hr Support Line: (415) 333-HELP
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: CUAV is a 20-year old multicultural organization working to end violence against/within the lesbian, gay, bisexual, transgender, and queer/questioning communities. We offer a 24-hour multilingual support line, free counseling, legal advocacy, and emergency assistance to survivors of domestic violence, hate violence, and sexual assault. The youth program includes job training, resume writing skills, etc.

Fee: Free.

Citizenship Requirement(s): Call or more information.

Application Process: Call or drop-in

DIMENSIONS CLINIC (CASTRO-MISSION HEALTH CENTER)

Address: 3850 17th St., (Btwn. Noe & Sanchez) 94114
Website:
Hours of Operation: Thursday 5:00pm to 8:00pm
Public Transit: 33 Stanyan, 22 Fillmore, 24 Divisadero, F Market, J Church, K Ingleside, L Taraval, M

Phone: (415) 487-7500
Phone: (415) 487-7589
Languages Spoken: English.
Ages Served: Ages 12 to 25 years old.

Description: Primary medical care, STD/HIV testing and counseling, substance abuse counseling, hormones, safe sex supplies, mental health services.

Fee: Sliding scale, Medi-cal, Healthy Families, private insurance. No one will be turned away for lack of funds.

Eligibility & Requirement(s): Must be GLBTQIQ youth ages 12-25. Need parental consent for youth under 18 years old.

Application Process: Call in advance for an appointment, as they book up fast.

LYRIC (LAVENDER YOUTH, RECREATION AND INFORMATION CENTER)

Address: 127 Collingwood St., 94114
Website: www.lyric.org
Hours of Operation: Monday—Friday afternoons.
Public Transit: 33 Stanyan, 35 Eureka, 24 Divisadero, 37 Corbett

Phone: (415) 703-6150
Email: (800) 246-PRIDE
Languages Spoken: English and some Spanish.
Ages Served: Ages 23 & under, except for transgender youth the requirement is 25 & under.

Description: Support groups for gay lesbian, bisexual, transgender, and questioning youth. Also, social/recreational activities, workshops, events, HIV prevention, education, and job training.

Fee: Free.

Eligibility & Requirement(s): Must meet age requirements.

Application Process: Drop-in or call for hours.

NATIONAL CENTER FOR LESBIAN RIGHTS (NCLR)

Address: 870 Market Street, Suite 370, 94102
Website: www.nclrights.org
Hours of Operation: Monday-Friday, 9:00 am-5:00 pm
Public Transit: Market Street lines; BART & MUNI METRO Powell Street Station

Phone: (415) 392-6257
Email: info@nclrights.org
Languages Spoken: English and Spanish
Ages Served: All Ages.

Description: Provides free legal counseling and referrals for lesbians, gay, bisexual, transgender and transsexual youth. Purpose is to expand legal equality for lesbians, gay men and their families by fighting within the legal system and through community education efforts. Areas of focus include youth rights, immigration, elder law, family law, and transgender law.

Fee: Free.

Citizenship Requirement(s): No immigration requirements.

Application Process: Call or email.

NEW LEAF SERVICES FOR OUR COMMUNITY

Address: 103 Hayes St.
Website: www.newleafservices.org
Hours of Operation: Monday—Friday 9:00 am to 9:00 pm; Saturday 9:00 am--12:00 pm
Public Transit: METRO F-Market (Church St. Station)

Phone: (415) 626-7000
TDD: (415) 252-8376
Email: intake@newleafservices.org
Languages Spoken: English and Spanish.
Ages Served: Varies depending on program.

Description: The Mental Health Services program offers in depth individual, group, family and couples psychotherapy services. Our substance abuse program helps clients through an individualized recovery process. Services include individual and group counseling in a three-phased structured program. The HIV & AIDS Services program offers mental health services to those dealing with HIV and AIDS. The program also provides home and hospital visits; a series of groups using creative arts therapy; a women's HIV process group; a men's HIV process group; and off-site services at collaborating agencies' sites. The outreach to Elders program provides a range of senior social services promoting independent living and improving quality of life.

Fee: Fees are set on a sliding scale based on income, and some services are free. Many of our programs also accept Med-Cal, private and group insurance.

Eligibility & Requirement(s): Proof of income required.

Application Process: Call for an appointment.

MOBILIZATION AGAINST AIDS

Address: 2940 16th St., Suite 319, 94110

Hours of Operation: Monday—Friday 11:00am to 7:00pm

Public: All Mission St lines, 33 Stanyan, 22 Fillmore,

Transit: BART 16th St Station

Phone: (415) 864-7278

Languages Spoken: English and Spanish.

Ages Served: All Ages.

Description: We are a sex positive, neighborhood-based, multigender Latino/a bisexual, lesbian, transgender and gay community building organization. Our mission is to provide a safe space, program and services to the queer Latino/a community, education and training, health and wellness, arts & culture, referrals, youth drop-in groups.

Fee: Free.

Application Process: Call or drop-in.

**For more agencies that offer LGBTIQ Services, please see:
Lyon Martin Women's Health Services, 31**

SUPPORT SERVICES FOR VICTIMS & ABUSERS OF VIOLENCE

Domestic & Sexual Violence

Go directly to SFGH Emergency Department if you have been sexually assaulted in the last 5-7 days.

CHILD & ADOLESCENT SEXUAL ABUSE RESOURCE CENTER (CASARC)

Address: 995 Potrero Ave., Bldg 80, Ward 82, 94110

Hours of Operation: 24 hours a day, 7 days a week

Public: 9 San Bruno, 48 Quintara, 33 Stanyan, BART

Transit: 24th St Station

Phone: (415) 206-8386

Languages Spoken: English, Spanish, Korean, and Tagalog.

Ages Served: Children & youth up to age

18 and their families.

Description: Serves children and adolescents (ages birth through 18 years) who have been sexually abused or are suspected to have been sexually abused. Provides emergency services for suspected sexual abuse, crisis intervention, forensic interviews, medical exams, evidence collection, and counseling for individuals, groups and families.

Fee: Sliding scale, Medi-cal, Free with eligibility.

Eligibility & Requirement(s): Victims who were abused in San Francisco or are residents of S.F.

Citizenship Requirement(s): None.

Application Process: Call intake nurse.

LATINO FAMILY CENTER

Address: 820 Valencia St. (Near 19th St), 94110

Phone: (415) 826-6767

Hours of Operation: Monday—Friday 9:00am to 8:00pm; Sat. 10:00am to 12:00pm
Public Transit: 26 Valencia, 14 Mission

Languages Spoken: English and Spanish.
Ages Served: 18 and older.

Description: Domestic violence class only in Spanish on Tuesday & Wednesday 6-8pm.

Fee: Sliding scale based on income.

Eligibility & Requirement(s): Proof of general assistance

Citizenship Requirement(s): None.

Application Process: Call to make an appointment.

MANALIVE

Address: 513 Parnassus St.
Website: www.manaliveinternational.org
Hours of Operation: Wednesday 6:00pm to 9:00pm
Public Transit: 6 Parnassus, N Judah

Phone: (415) 861-8614
Email: mmanalive@sbcglobal.net
Languages Spoken: English, Spanish, Chinese
Ages Served: 17 and up.

Description: State certified peer re-education program for men who abuse their male or female partners. Classes for violent men who want to stop domestic or street violence.

Fee: Sliding scale, starting at \$30 per class.

Eligibility & Requirement(s): Proof of income.

Citizenship Requirement(s): None.

Application Process: Show up at first class on Wednesday night at 5:45 pm.

POCOVI

Address: 474 Valencia, Suite #150, 94103
Website:
Hours of Operation: Varies
Public Transit: 22 Fillmore, 26 Valencia, All Mission Lines, BART 16th Station.

Phone: (415) 552-1361
Email: pocovi@msn.com
Languages Spoken: English and Spanish.
Ages Served: 16 and older.

Description: Teach abusive men how to stop being physically, verbally, and emotionally abusive. Program offers classes and support groups.

Fee: Sliding scale \$25.00 and up.

Eligibility & Requirement(s): Call for more information.

Application Process: Intake—approximately one hour long.

RILEY CENTER

Address: 3543 18th St., Box 4
Website: www.rileycenter.org
Hours of Operation: Office: Monday—Friday 9am to 5pm; Rosalie Shelter: 24 hrs a day; Brennan House: Monday—Friday 9am to 5pm.

Phone: (415) 552-2943
Email: reina@rileycenter.org
Languages Spoken: English, Spanish, Cantonese, and Mandarin.

24-hr Crisis Line: (415) 255-0165

Ages Served: All Ages.

Description: Mission is to empower battered women and their children by providing culturally sensitive direct services and community education. Our Rosalie House serves women and their children who are victims of physical, sexual, or emotional abuse, with priority to those in immediate danger. The Rosalie House is a 12-week, 25 bed facility. Services available to residents include shelter, food, individual and group counseling, case management services, parenting groups, employment referrals, and a children's program.

Fee: Depends on income.

Eligibility & Requirement(s): Survivor of domestic violence and identify as a woman.

Application Process: Screening for shelter is Monday—Friday 9am to 5pm on crisis line.

SAFE START

Address: 2919 Mission St. (Btwn. 25th & 26th), 94110

Email: safestart@dcyf.org

Phone: (415) 229-0500

Support Line: (415) 565-SAVE

Hours of Operation: Monday—Friday 9:00 am to 5:00 pm

Languages Spoken: English and Spanish.

Public Transit: All Mission St. lines, BART 24th St. Station

Ages Served: Adults and children ages 0 to 6 years old.

Description: We provide services such as therapy and intense case management for domestic violence witness/survivors and their children ages 0 to 6 years old.

Fee: Free.

Eligibility & Requirement(s): Must be a S.F. resident, call for more information.

Application Process: Call or Drop-in.

SAN FRANCISCO POLICE DEPARTMENT SEX CRIMES UNIT

Address: 850 Bryant Street, Room 436, 94103

Phone: (415) 553-1361

TDD: (415) 558-2403

Hours of Operation: Monday to Friday 8:00 am—5:00 pm

Languages Spoken: English and Spanish.

Interpreter: upon request.

Public Transit: 27 Bryant

Ages Served: All Ages

Description: Investigates all sex crimes to determine facts from all available evidence after a crime has been reported to the police. Investigates sexual assaults so they can be submitted to the district attorney for criminal prosecution. Arrest suspect(s) if probable cause exists. Issuance of court emergency protective orders for victim and/or their family.

Fee: Free.

Eligibility & Requirement(s): Anyone who has been the victim of a sex crime and person(s) who are survivors of a sex crime that occurred in San Francisco.

Application Process: Call.

SAN FRANCISCO WOMEN AGAINST RAPE (SF WAR)

Address: 3543 18th St. #7 (Btwn. Valencia & Guerrero)

Phone: (415) 861-2024

Website: www.sfwar.org

24hr Crisis: (415) 647-RAPE

Email: info@sfwar.org

Languages Spoken: English and Spanish.

Public Transit: 26 Valencia, All Mission St Lines, BART 16th St Station

Ages Served: Teens and older.

Description: SF War provides resources, support, advocacy and education to strengthen the work of all individuals and communities in SF that are responding to, healing from, and struggling to end sexual violence. Services include: Counseling & Support groups, legal advocacy, medical accompaniment, adult & teen education and trainings.

Fee: Free.

Application Process: Please call or drop in.

S.F. DISTRICT ATTORNEY'S OFFICE—DOMESTIC VIOLENCE UNIT

Address: 850 Bryant St, Room 563, 94103

Phone: (415) 553-9225

Website: www.sfgov.org/site/police_index.asp?id=19950

Email: sfpddvru@pacbell.net

Hours of Operation: Monday—Friday 8:00 am to 5:00 pm

Languages Spoken: English and Spanish.

Public Transit: 27 Bryant, BART Civic Center Station (approximately 8 blocks away)

Ages Served: All Ages.

Description: Investigates all felony arrest cases involving abuse committed against any person, including minors, who is a spouse, former spouse, cohabitant, former cohabitant, current or former dating relationship, current or former engagement, or has a child in common. This also includes boyfriend/girlfriend as well as same sex relationships (dating or domestic partners). Also investigates all felony stalking arrest cases. These cases include repeated offenses (2 or more) of harassing, annoying, following, phone calls, e-mails, court order violations, vandalism, implied threats, direct threats, trespassing, physical altercations, burglary and pet abuse. The Inspectors conduct a thorough investigation and present each case to the District Attorney's Office for a decision on criminal charges.

Fee: Free.

Application Process: Call.

TRAUMA RECOVERY/ RAPE TREATMENT CENTER

Address: 2727 Mariposa, Suite 100, 94110

Website:

Hours of Monday—Friday 8:00 am to 5:00 pm. SF

Operation: General Hospital 24 hrs.

Public 9 San Bruno, 33 Stanyan, 48 Quintara, 27

Transit: Bryant, BART 24th St Station

Phone: (415) 437-3000

Hotline: (415) 437-3050

Languages English, Spanish, and

Spoken: interpreter services.

Ages

Served: 18 and older.

Description: Provides free and confidential services for adult survivors of sexual assault, domestic violence and other survivors of violent crimes. Medical treatment includes 24-hour emergency care at San Francisco General Hospital Emergency Department. Psychological services include short-term counseling for survivors, family, and significant others; advocacy, information, case management, legal advocacy, and referrals.

Fee: Free.

Eligibility & Requirement(s): Must be a S.F. resident or assault must have occurred in SF.

Application Process: Drop-in or call for an appointment.

WOMAN, INC.

Address: 333 Valencia, Suite 251, 94103

Website: www.womaninc.org

Email: info@womaninc.org

Hours of Monday—Friday 8:00am to 5:00pm

Operation: 22 Fillmore, 26 Valencia, All Mission St lines,

Public BART 16th St Station

Phone: (415) 864-4777

Bilingual 24 (415) 864-4722

Hr Crisis

Languages

Spoken: English and Spanish.

Ages

Served: 18 and older.

Description: Comprehensive services for battered and abused women including restraining order assistance, counseling, support groups and referrals. Also, keeps a current inventory of all available battered women's shelter beds in Bay Area.

Fee: Free.

Eligibility & Requirement(s): Women who are abused or in domestic crisis. No immigration requirements or documents needed.

Application Process: Drop-in any time.

- 1. Restraining Order Laws:** A restraining order is a legal document & a court order signed by the judge for a person to stay 100 feet away. There cannot be any contact by e-mails, phone calls, text messages, etc. The only place the person restrained doesn't have to leave is home or work. You can be 12 years of age to get a restraining order. It's free & the person doesn't need parental permission. The restraining order must be ordered by the person being harassed. Violating the order is a crime.
- 2. Restraining order process:** Submit a declaration that is a written explanation of what the person is afraid of. Everything should be included, for example physical and verbal incident. Temporary restraining order lasts for 3 weeks. The abuser can be served by anyone who is 18 years or older and is not involved in the case. The order last for 3 weeks. During a hearing it decided if the order should be made permanent for 3 years.

Violent Crimes

VICTIM/WITNESS ASSISTANCE PROGRAM

Address: 850 Bryant St., Room 320, 94103
Website: www.sfgov.org/site/da_page.asp?id=279
Hours of Operation: Monday—Thursday 8:00am to 4:00pm; Friday 8:00am to 2:00pm. Closed Mon.--Friday 12:00pm to 1:00 pm
Public Transit: 27 Bryant, 42 Loop

Phone: (415) 553-9044
Email:
Languages Spoken: English and Spanish.
Ages Served: All Ages.

Description: Provides or arranges comprehensive services to victims, including: crisis intervention, emergency assistance, information and referral, information and support through the criminal justice system, and assistance in filing a claim for compensation from the State Board of Control's Victims of Crime Program. Types of losses that may be covered are: Medical/Dental, Mental Health Counseling, Financial Support, Funeral/Burial, Job Retraining.

Fee: Free.

Eligibility & Requirement(s): San Francisco residents who have been victims of crimes and persons who are survivors of violent crimes that occurred in the area. Victims of all types of crime, but most often services are requested by those who have suffered physical or emotional injury. The crime must be reported to the police, sheriff, highway patrol, or other appropriate law enforcement agency. The victim must cooperate with law enforcement in the investigation and prosecution of any known suspect(s). Applications for adult victims must be filed within one year of the date of the crime. Call for more information.

Application Process: Drop-in or call for an appointment or more information.

For more agencies that offer these services please see:

Bay Area Legal Aid, 47
Community United Against Violence, 76
El Buen Samaritano, 64
Family Service Agency, 65
Horizons Unlimited of S.F., 85
Iris Center, 83
La Casa de las Madres, 42
Men's Hotline, 6
National Domestic Violence Hotline, 6
National Sexual Assault Hotline, 7
Child Protective Services, 4
National Child Abuse Hotline, 5
S.F. Bay Counseling, 52
SF Human Services Family & Children's Services, 65

SUPPORT SERVICES FOR WOMEN

BAY AREA WOMEN'S AND CHILDREN'S CENTER

Address: 318 Leavenworth St., 94102
Website: www.bawcc.org
Hours of Operation: Monday—Friday 9:00am to 4:00pm
Public Transit: 19 Polk, 27 Bryant, 38 Geary, 31 Balboa

Phone: (415) 474-2400
Email:
Languages Spoken: English, Spanish, Chinese, Vietnamese.
Ages Served: All Ages.

Description: Information and referrals in all areas, clothing for women and children, as well as clothing for job interviewing. Job seeking services and parent/child program, weekly food pantry.

Fee: Donation requested, no one turned away for lack of funds.

Application Process: Appointments necessary for job related services.

EQUAL RIGHTS ADVOCATES

Address: 1663 Mission St, Suite 250, 94103
Website: www.equalrights.org
Hours of Operation: Call 800-839-4ERA to hear message with current hours.

Hotline: (800) 839-4ERA

Phone: (415) 621-0672
Email: info@equalrights.org
Languages Spoken: English, Spanish, Mandarin, Korean, Vietnamese; other languages available on request.

Ages Served: All Ages.

Description: Free legal advice and referral hotline for women and girls experiencing sex discrimination, pregnancy discrimination, problems with family/medical leave, and/or sexual harassment at work or at school.

Fee: Free.

Citizenship Requirement(s): None.

Application Process: Call hotline.

IRIS CENTER

Address: 333 Valencia St. #222 (Near 14th St), 94103

Website: www.iriscenter.org

Hours of Operation: Monday—Thursday 9:00am to 5:30pm; Friday

Operation: 9:00am to 5:00pm

Public Transit: 22 Fillmore, 26 Valencia, All Mission St Lines,

BART 16th St Station

Phone: (415) 864-2364

TDD: (415) 864-0482

Email: reception@iriscenter.org

Languages Spoken: English and Spanish.

Ages Served: Call for more information.

Description: Services include brief and long-term individual, couples, family, and group psychotherapy, with adjunct psychological assessment and case management as needed by clients. Groups include a sexual abuse recovery group, women's support group, Latina group, lesbian group, Women's HIV support group, HIV providers' group, and transgender support group. Call for more info. On-site childcare can be arranged.

Fee: Sliding scale, Medi-Cal, varies according to program.

Eligibility & Requirement(s): Any woman who needs general counseling, drug and alcohol counseling or HIV counseling

Application Process: Drop-in for intake during business hours.

MUJERES UNIDAS Y ACTIVAS

Address: 3543 18th St, Room 23 (Near Valencia), 94110

Website: 2647 International Blvd. #108 (27th Ave), Oakland

Hours of Operation: San Francisco: Tuesday 11:00am to 1:00pm;

Operation: Oakland: Wednesday 4:00pm to 6:00pm

Public Transit: (San Francisco Location) MUNI 33 Stanyan, 26

Valencia, all Mission St. lines

Phone: (415) 621-8140

Email: (510) 261-3398

Languages Spoken: Meetings are conducted only in Spanish.

Ages Served: All Ages (Childcare: 6 months to 12 years old).

Description: Mujeres Unidas is dedicated to organizing and educating immigrant Latinas. Members are given leadership training and participate in educational activities concerning health, domestic violence, legal rights of immigrants, jobs, etc. Childcare is provided at no cost during the meetings.

Fee: Free.

Eligibility & Requirement(s): Must be Latina.

Application Process: Drop-in.

For more agencies that offer Women's Services, please see:

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YOUTH SERVICES & RESOURCES

BERNAL HEIGHTS NEIGHBORHOOD CENTER (BHNC)

Address: 515 Cortland Ave., 94110
Website: www.bhnc.org
Hours of Operation: Monday—Friday 9:00am to 5:00pm
Public Transit: 24 Divisadero, 67 Bernal Heights

Phone: (415) 206-2140
Email: info@bhnc.org
Languages Spoken: English and Spanish.
Ages Served: Ages 10 to 14, and seniors.

Description: Provides services to the Bernal Heights community, including senior and youth services. Programs for seniors include: food distribution, social services, health & nutrition services, arts & crafts, games and trips. Programs for youth include: United Playaz, gang prevention, and youth employment.

Fee: Free.

Eligibility & Requirement(s): Low income and legal residency.

Citizenship Requirement(s): Legal residency.

Application Process: Call for more information or drop-in.

CENTER FOR YOUNG WOMEN'S DEVELOPMENT (CYWD)

Address: 1550 Bryant St. #700, 94103
Website: www.cywd.org
Hours of Operation: Call for more information.
Public Transit: 33 Stanyan, 22 Fillmore, 53 Southern Heights, 27 Bryant

Phone: (415) 703-8800
Email:
Languages Spoken: English and Spanish.
Ages Served: Youth and Young Adults.

Description: CYWD is the only organization dedicated to providing on-going opportunities to low-income young women who are involved in the juvenile justice system and who have lived and worked on the streets of S.F. Our programs include the Girls retention advocacy Program, Sisters Rising, Nelly Velasco Project, and KNOW Justice Program.

Fee: Free.

Eligibility & Requirement(s): Young women in juvenile justice system or wanting to be supported and empowered.

Application Process: Call for more information.

COLUMBIA PARK BOYS & GIRLS CLUB

Address: 450 Guerrero St. (Btwn. 16th and 17th), 94110
Website: www.bgcsf.org
Hours of Operation: Monday—Friday 8:00am to 6:00pm

Phone: (415) 864-2724
Email:
Languages Spoken: English and Spanish.

Public Transit: 22 Fillmore, All Mission St lines

Ages Served: Ages 6-18 years old.

Description: Provides a wide range of activities for children and adolescents, including tutoring, computer, arts and crafts activities, and sports programs. Offers clubs, games rooms, field trips, gym use, and a teen program.

Fee: Varies by program, call for more info.

Eligibility & Requirement(s): Call for more information.

Application Process: Drop-in.

EXCELSIOR BOYS & GIRLS CLUB

Address: 163 London St., (At Excelsior St.), 94112

Website: www.bgcsf.org

Hours of Operation: All Ages: Monday—Friday 2:30pm to 8:00pm; Saturday 10:00am to 4:00pm; Holidays 8:00am to 6:00pm. Teens Only: Monday—Thursday 8:00pm to 9:00pm; Friday 9:00pm to 12:00am; Holidays 6:00pm to 9:00pm.

Phone: (415) 334-2582

Email:

Languages Spoken:

English and Spanish.

Public Transit: 14 Mission, 52 Excelsior

Ages Served: Ages 6-18 years old.

Description: Provides a wide range of activities for children and teens, including tutoring, computer, arts, and sports programs. Offers clubs, game room, field trips, gym & a teen program.

Fee: Membership Fees: \$7.00 per year.

Eligibility & Requirement(s): Must be 6-18 years old.

Application Process: Drop-in and fill out application.

HORIZONS UNLIMITED OF SAN FRANCISCO, INC.

Address: 440 Potrero Ave, (Btwn. Mariposa and 17th) 94110

Website: www.horizons-sf.org

Hours of Operation: Monday—Friday 10:00am to 7:00pm

Public Transit: 9 San Bruno, 33 Stanyan, 22 Fillmore

Phone: (415) 487-6700

Email:

Languages Spoken:

English and Spanish.

Ages Served:

Youth and young adults, varies by program

Description: Provides substance abuse prevention, substance abuse and mental health counseling and employment services. Our substance abuse programs include educational presentations (e.g. topics such as use/abuse of drugs and alcohol; gang involvement; self-esteem; and peer pressure). Our substance abuse and mental health counseling includes individual, group and family counseling. Our employment services provides youth with job readiness training, job placements and referrals during the school year and the summer. Our DJ Project program is a youth leadership program utilizes music and urban culture to inspire youth through a dynamic blend of arts education, job readiness training, entrepreneurship and community service programming.

Fee: All programs are free of charge.

Eligibility & Requirement(s): For San Francisco city and county low-income youth ages 12-26. Call for more information.

Citizenship Requirement(s): No immigration requirements or documents needed.

Application Process: Call for an appointment.

JAMESTOWN COMMUNITY CENTER

Address: 3382 26th St. (At Mission St) 94110

Website: www.jamestownsf.org

Public Transit: Mission St lines, 27 Bryant, 12 Folsom, 26 Valencia, 14 Mission

Phone: (415) 647-4709

Languages Spoken:

English and Spanish.

Ages Served:

Ages 8-18 years old.

Description: Offers youth development programs, including education and recreation for young people in the mission. After-school enrichment classes, tutoring, sports team in city leagues, drop-in recreation center, and also parent workshops.

Fee: Free.

Eligibility & Requirement(s): Must be 8-18 years old.

Application Process: Call or drop-in for more information.

JAPANESE COMMUNITY YOUTH COUNCIL (JCYC)

Address: 2012 Pine St. (At Steiner), 94115

Phone: (415) 563-8052

Hours of Operation: Monday—Friday 9:00am to 5:00pm

Languages Spoken: English and Spanish.

Public Transit: 38 Geary, 24 Divisadero, 31 Balboa, 1 California, 3 Jackson

Ages Served: Youth.

Description: Provides counseling, education, job training, substance abuse prevention and intervention, and leadership development.

Fee: Free.

Eligibility & Requirement(s): Call for more information.

Citizenship Requirement(s): Call for more information.

Application Process: Walk-in or call.

MISSION BOYS & GIRLS CLUB

Address: 901 Alabama St, 94110

Phone: (415) 648-2434

Address: Columbia Park: 450 Guerrero St.

Phone: (415) 864-2724

Website: www.bgcf.org

Languages Spoken: English and Spanish.

Public Transit: Monday—Thursday 2:30pm to 8:45pm;

Ages Served: Ages 6-18 years old.

Holidays 10:00am to 5:45pm

Description: Provides a wide range of activities for children and adolescents, including tutoring, computers, arts, and sports programs. Also offered are field trips, club/game room, gym, and a teen program.

Fee: \$7.00 membership fee.

Eligibility & Requirement(s): Must be between 6-18 years old.

Application Process: Drop-in and fill out application.

OASIS FOR GIRLS

Address: 1129 Folsom St (Btwn. 8th & 7th ST) 94103

Phone: (415) 701-7991

Website: www.sfoasis.org

Email: oasis@sfoasis.org

Hours of Operation: Monday—Fridays in the afternoon

Languages Spoken: English.

Public Transit: 12 Folsom, 27 Bryant, 47 Van Ness, 19 Polk

Ages Served: Youth and Teens.

Description: Provides services to girls and young women from the SOMA district, support groups for young women, support services for young women in the juvenile justice system, counseling, art workshops, scholarship program, mentoring program, drop-in program.

Fee: Free.

Eligibility & Requirement(s): Must be a youth or young woman, a resident of San Francisco, especially from the SOMA district.

Application Process: Call for more information.

OMI/EXCELSIOR BEACON CENTER AT JAMES DENMAN MIDDLE SCHOOL

Address: 241 Oreida Ave. Room #81, 94112

Phone: (415) 406-1290

Website: www.omiebeacon.org

Email: contact@omiebeacon.org

Hours of Operation: School Year: Mon—Fri 3:25pm to 6:30pm; Summer-time Mon—Fri 1:00pm to 5:00pm
Description: Provides educational support, homework assistance, academic coaching, arts and recreation, leadership development, career and vocation development, case management, and a mentoring program.
Fee: Free.
Eligibility & Requirement(s): Must be middle and high school aged students.
Application Process: Call for more information.

Languages Spoken: English and Spanish.

PRECITA COMMUNITY CENTER

Address: 534 Precita Ave. (Near Alabama), 94110
Hours of Operation: Summer: Monday-Friday 9:00am to 8:00pm, 1st and 3rd Friday 9:00am to 12:00am. Fall: Monday—Friday 2:30pm to 8:00pm.
Public Transit: 27 Bryant, 14 Mission, 67 Bernal Heights.
Description: Services for youth who live in the Precita Bernal Heights area. Services include an after-school program, a summer program, recreational activities; girls support groups, support services for youth on probation and in the juvenile justice system.
Fee: Free.
Eligibility & Requirement(s): San Francisco Residency.
Application Process: Call or drop-in for more information.

Phone: (415) 206-7756
Languages Spoken: English and Spanish.

Ages Served: 6 to 23 years old.

ST. JOHN'S EDUCATION CENTER

Address: 3040 16th St. (At Julian St) 94103
Hours of Operation: Monday—Friday 3:00pm to 6:00pm
Public Transit: 49 Van Ness, 22 Fillmore, BART 16th St Station
Description: Provides after school tutoring and enrichment program for youth in kindergarten through high school.
Fee: Free.
Application Process: Call or drop-in for an application.

Phone: (415) 864-5205
Languages Spoken: English and Spanish.

Ages Served: Kindergarten—High School aged youth.

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