

*Our mission is to Engage, Educate and Inspire our youth*



## PROGRAM DESCRIPTIONS

Horizons Unlimited of San Francisco, Inc., is a community-based nonprofit organization that has served low income, at-risk youth in San Francisco's Mission District since 1965. We are a youth development organization rooted in community service and advocacy. Our programs are driven by the needs of our youth and reflect the vast diversity of the population served. All services are free of charge.

### Prevention:

The primary goal of our **Prevention Programs** is to reduce the incidence and impact of substance abuse and violence by offering a series of services that promote healthy life choices. Our prevention services are for youth and young adults ages 12-26 and include the following programs:

- Prevention Education**
- Inhalant Prevention**
- HIV/AIDS Education**
- Casa de los Jóvenes**
- Larkin Street Youth Outreach**
- After-School Recreation**
- Safety Network Partnership**



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### Substance Abuse Treatment:

Our treatment programs aim to minimize the impact of substance abuse in the lives of youth and their families.

**Outpatient** services offer counseling (*individual, family and group*) to youth ages 12-26. Services are provided by trained counselors at Horizons and various San Francisco public schools. Bilingual counseling is available.



**Mission Urban Arts (MUA)** is our day treatment model that incorporates counseling, tutoring and classes in urban arts (dance, martial arts, etc.) **MUA** is a daily after-school program offered to youth 13-19 at CELLspace (2050 Bryant St.)

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### Young Women's Programs:

These programs strengthen and empower under-served young women of color through the following services:

**Young Women Arise Project (YWA)** provides in-house and school-based counseling services (*individual, family and group*), educational workshops, recreational and cultural activities, and appropriate community referrals to young women between the ages of 11-17.

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**Females Against Violence (FAV)** is a peer education program comprised of young women, ages 14-17. The young women are paid and trained to become State Certified Presenters on issues dealing with domestic violence. Graduates then share their knowledge through educational and prevention presentations to schools and the larger community.

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### **Employment and Entrepreneurship:**

**MYEEP** (Mayor's Youth Employment and Entrepreneurship Program) is an after-school and summer employment program for youth ages 14-18, or, for those working towards their GED.

**The DJ Project** is an arts entrepreneurship program built upon a hip-hop cultural foundation. The DJ Project offers after-school employment opportunities, music and dance classes, and small business marketing and management training.

**Brickhouse Duplication** is a youth-run small business that provides CD/DVD duplication services to local artists, musicians, djs and nonprofit clients. Youth are trained in sales, marketing and administration.

**City Studio** is a new collaboration between Horizons Unlimited and the San Francisco Art Institute. This is a two-year program in which high school juniors and seniors engage in media arts projects that address community issues. These students receive college credits and stipends for their participation.

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